

COVID

Virtual Crisis Counseling Service



Frontier Health COVID Virtual Crisis Counseling Service is designed to provide outreach crisis counseling to persons impacted by pandemic or disasters in the northeast Tennessee region. Anyone experiencing a crisis related to COVID, even those who are not currently receiving services from Frontier Health, have access to this service:

- COVID crisis counseling hotline 12 p.m. to 10 p.m., 7 days a week for all ages.
- Community resources and coping skills to relieve stress related to the current pandemic.
- Qualified counselors will provide stabilization through debriefing, education, and referral to community supports.

Help is just a phone call away, our staff is ready to assist you in getting the COVID support and appropriate resources you need.

FREE COVID Counseling and Resources
833-4FH-COVID
(434-2684)



FEMA

SAMHSA
Substance Abuse and Mental Health
Services Administration



TN Department of
Mental Health &
Substance Abuse Services