

Behaviors of Concern

- School avoidance/refusal
- Difficulty making friends or frequent complaints of bullying
- Aggressive behavior
- Frequent physical complaints
- Failing grades or frustration in completing school work
- Change in sleep/eating habits, behavior, or interests

Please call with any questions and for enrollment information

724-846-1050 ext. 330

**HELPING CHILDREN
BECOME SUCCESSFUL IN
LIFE**

Staff Qualifications

- Primary therapists are Licensed Behavior Specialists or Licensed Professional Counselors
- All staff have extensive experience in the treatment of childhood mental health issues
- All staff are experienced in addressing the concerns of children and their families with a comprehensive team approach that includes the child, family, school and community
- Psychiatrist provides complete clinical oversight and additional evaluation upon referral

Dawn M. Brendle, MA, LBS
District Supervisor-New Brighton
724-846-1050 ext 330

WESTERN PA PSYCH CARE
Beaver, PA
724-728-8400

www.westernpapsychcare.net



POSITIVE STEPS

**School-Based Behavioral
Health Program
(SBBH)**

Rajendra Nigam, MD
Medical Director

Tara Roland, MA, LBS
Clinical Director

WESTERN PA PSYCH CARE
*A Joint Commission Accredited Behavioral
Healthcare Organization*

SERVICES

Individual and Family Therapy

During sessions the primary therapist will be emphasizing psycho-education, parent training in behavior modification strategies, community resources, brief family therapy, motivational enhancement strategies and other strategies to target the students' needs.

Consultation with School Staff

Therapists will consult with the students' teachers, paraprofessionals and school administration as needed to address the any behavioral, social or emotional concerns.

Assessment

Each student referred for services will receive an assessment to determine the direction and scope of treatment needs. Therapists will gather information from the child, his/her family and school staff/administration to complete a thorough assessment.

Summer Group Therapy

Throughout the summer, group therapy sessions are offered focusing on relevant issues such as anger control, bullying, self-esteem, and grief/loss.



CARE

At WPPC, we are committed to providing the highest quality mental health care to children, adults and families in Western Pennsylvania. We believe that each person who seeks treatment services deserves to be treated with concern, thoughtfulness and attentiveness. Treatment is provided in a manner that respects the inherent value of every person. We strive to improve the quality of life for children, adults, and families, and in so doing, the communities of Western Pennsylvania.



REFERRAL INFORMATION

Referral Sources

A child can be referred by

- School Staff or Teachers
- Administration
- Counselors or Pediatricians
- Parents or Legal Guardians
- Student (14 years old or older)

Referral Reasons

Common Childhood Disorders

- ADHD
- Anxiety Disorders
- Oppositional-Defiant Disorder
- Childhood Depression

Other Problem Areas Such As

- Truancy
- Decision-making
- Social skills
- Bullying
- Anger/frustration with school work
- Separation anxiety