Amite County High School

December 2019 Lunch Menu

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Dec - 2  Mandarin Chicken  Stir Fried Rice  California Veggies  Green Peas  Roll  Chilled Peach Slices  Assorted Fruit Juices 7-12  Assorted Milk | Dec - 3  Spaghetti & Meat Sauce  Garlic Toast  Lemon-Glazed Carrots  Green Beans  Tropical Fruit  Assorted Fruit Juices  Assorted Milk | Dec - 4  Pepperoni Pizza  Fries  Spinach Salad  Fruit Crisp  Assorted Fruit Juices  Ketchup 2  Assorted Milk | Dec - 5  Baked Chicken  Rice and Gravy  Cheesy Broccoli  Sliced Carrots  Roll  Assorted Fruit Juices  Fresh Oranges  Assorted Milk | Dec - 6  Cheeseburger  Spicy Fries  Baked Beans  Blushing Chilled Pears  Assorted Fruit Juices  Ketchup 3  Mustard 1  Mayonnaise 1  Assorted Milk |
| Dec - 9  Chicken Tenders  Mashed Potatoes/Cheese  Green Beans  Roll  Ketchup 2  Variety of Dipping Sauce 1  Pineapple Tidbits  Assorted Fruit Juices  Assorted Milk | Dec - 10  Tuna Salad  OR  Chili  Saltine Crackers 2  Crinkle Cut Fries  Baby Carrots w/ Dressing  Ketchup  Mandarin Fruit Cup  Assorted Fruit Juices  Assorted Milk | Dec - 11  BBQ Meatball Hoagie  Fries  Confetti Coleslaw Applesauce  Assorted Fruit Juices 7-12  Ketchup 2  Mayonnaise 1  Assorted Milk | Dec - 12  Cheesy Chicken / Rice  Cornbread  Mustard Greens  Sliced Carrots  Chilled Peach Slices  Assorted Fruit Juices  Assorted Milk | Dec - 13  Corn Dog  Sweet Potato Fries  Baked Beans  Sliced Strawberries  Assorted Fruit Juices  ChocolateChip Cookie 7-12  Ketchup 3  Mustard 1  Assorted Milk |
| Dec - 16  Turkey & Cheese Hoagie  Fries  Lemon-Glazed Carrots  Ketchup 2  Mayonnaise 1  Mustard 1  Applesauce  Assorted Fruit Juices  Assorted Milk | Dec - 17  Salisbury Steak  Mashed Potatoes / gravy  Lima Beans  Roll  Assorted Fruit Juices  Fruit Crisp  Assorted Milk | Dec - 18  Chicken and Sausage  Gumbo / Rice  Saltine Crackers  Spinach Salad  Yam Patties  Chilled Peach Slices  Assorted Fruit Juices 7-12  Assorted Milk | Dec - 19  Red Beans and Rice with Sausage  Cornbread  Cabbage  Baby Carrots w/ Dressing  Assorted Fruit Juices  Mandarin Fruit Cup  Assorted Milk | Dec - 20  Hot Dog  Tater Tots  California Veggies  Ketchup 3  Mayonnaise 1  Mustard 1  Sugar Cookie 7-12  Pineapple Tidbits  Assorted Fruit Juices  Assorted Milk |
| Dec – 23  No School | Dec – 24  No School | Dec – 25  No School | Dec – 26  No School | Dec – 27  No School |
| Dec – 30  No School | Dec – 31  No School | Jan-1  No School | Jan-2  No School | Jan -3  No School |

\*\*\*Students are encouraged to select five components: fruit, vegetable, grain, meat/meat alternative and milk. However students are only required to select three components with one being a fruit or vegetable.\*\*\*

\*Milk served daily: fat-free Chocolate and Fat-free Strawberry milk; 1% milk and skim milk.

\*\*\*Menu subject to change due to unforeseen circumstances.\*\*\*

\*\*\*This institution is an equal Opportunity Provider and Employer.\*\*\*