Amite County High School

 December 2019 Lunch Menu

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Dec - 2Mandarin ChickenStir Fried RiceCalifornia VeggiesGreen PeasRollChilled Peach SlicesAssorted Fruit Juices 7-12Assorted Milk | Dec - 3Spaghetti & Meat SauceGarlic ToastLemon-Glazed CarrotsGreen BeansTropical FruitAssorted Fruit JuicesAssorted Milk | Dec - 4Pepperoni Pizza FriesSpinach SaladFruit CrispAssorted Fruit JuicesKetchup 2 Assorted Milk | Dec - 5Baked ChickenRice and GravyCheesy BroccoliSliced CarrotsRollAssorted Fruit JuicesFresh OrangesAssorted Milk | Dec - 6CheeseburgerSpicy FriesBaked BeansBlushing Chilled PearsAssorted Fruit JuicesKetchup 3Mustard 1Mayonnaise 1Assorted Milk |
| Dec - 9Chicken TendersMashed Potatoes/CheeseGreen BeansRollKetchup 2Variety of Dipping Sauce 1Pineapple TidbitsAssorted Fruit JuicesAssorted Milk | Dec - 10Tuna SaladORChili Saltine Crackers 2Crinkle Cut FriesBaby Carrots w/ DressingKetchup Mandarin Fruit CupAssorted Fruit JuicesAssorted Milk | Dec - 11BBQ Meatball HoagieFriesConfetti Coleslaw ApplesauceAssorted Fruit Juices 7-12Ketchup 2Mayonnaise 1Assorted Milk | Dec - 12Cheesy Chicken / RiceCornbreadMustard GreensSliced CarrotsChilled Peach SlicesAssorted Fruit JuicesAssorted Milk | Dec - 13Corn DogSweet Potato FriesBaked BeansSliced StrawberriesAssorted Fruit JuicesChocolateChip Cookie 7-12Ketchup 3Mustard 1Assorted Milk |
| Dec - 16Turkey & Cheese HoagieFriesLemon-Glazed CarrotsKetchup 2Mayonnaise 1Mustard 1ApplesauceAssorted Fruit JuicesAssorted Milk | Dec - 17Salisbury Steak Mashed Potatoes / gravyLima BeansRollAssorted Fruit JuicesFruit CrispAssorted Milk | Dec - 18Chicken and SausageGumbo / RiceSaltine CrackersSpinach SaladYam PattiesChilled Peach SlicesAssorted Fruit Juices 7-12Assorted Milk | Dec - 19Red Beans and Rice with SausageCornbreadCabbageBaby Carrots w/ DressingAssorted Fruit JuicesMandarin Fruit CupAssorted Milk | Dec - 20Hot DogTater TotsCalifornia VeggiesKetchup 3Mayonnaise 1Mustard 1Sugar Cookie 7-12Pineapple TidbitsAssorted Fruit JuicesAssorted Milk |
| Dec – 23No School | Dec – 24No School | Dec – 25 No School | Dec – 26No School | Dec – 27No School |
| Dec – 30No School | Dec – 31No School | Jan-1 No School | Jan-2No School | Jan -3No School |

\*\*\*Students are encouraged to select five components: fruit, vegetable, grain, meat/meat alternative and milk. However students are only required to select three components with one being a fruit or vegetable.\*\*\*

\*Milk served daily: fat-free Chocolate and Fat-free Strawberry milk; 1% milk and skim milk.

\*\*\*Menu subject to change due to unforeseen circumstances.\*\*\*

\*\*\*This institution is an equal Opportunity Provider and Employer.\*\*\*