

Parent Forum # 2

COVID 19 Symptomatic and Positive Cases

Guidelines For Parents and Guardians

October 27, 2020



SAU7
SCHOOL ADMINISTRATIVE UNIT 7

References

Centers for Disease Control

NH Department of Health and Human Services

NH Department of Education

NH School Nurse Association



Planning for a Safe Return to School



The Department of Health and Human Services along with the NH Department of Education recently released several documents to help guide schools and families on steps that should be taken when someone with COVID-19 is discovered to have been in school while they were infectious (contagious).

We have crafted four scenarios using this information to help families get a better sense of what symptoms to be looking for, how long to stay home, and when to contact your doctor.

It is important to note that documents like this are a helpful tool but are subject to change as we continue to learning more about the virus.

Positive Cases

There are many illnesses that can have symptoms like COVID-19, but only people who test positive on a lab test are considered to have COVID-19.

The “infectious period” starts two days before any symptoms begin (or for people without symptoms, two days before testing) and continues until they recover.

More Information: nh.gov/COVID19



If you send your student to school, we assume...

By sending your student to school, you are certifying that they are well. As a district, we will assume that every child who boards a bus or enters a school building is feeling well and not displaying any symptoms of illness.



We will also assume that they have not traveled to an area requiring quarantine or have been knowingly exposed to a person who has tested positive for COVID-19.

Symptoms of COVID-19

CORONAVIRUS DISEASE 2019 (COVID-19)



Patients with COVID-19 have reportedly had mild to severe respiratory illness. Symptoms can include

- Fever
- Cough
- Shortness of breath

***Symptoms may appear 2-14 days after exposure.**

Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

cdc.gov/COVID19-symptoms

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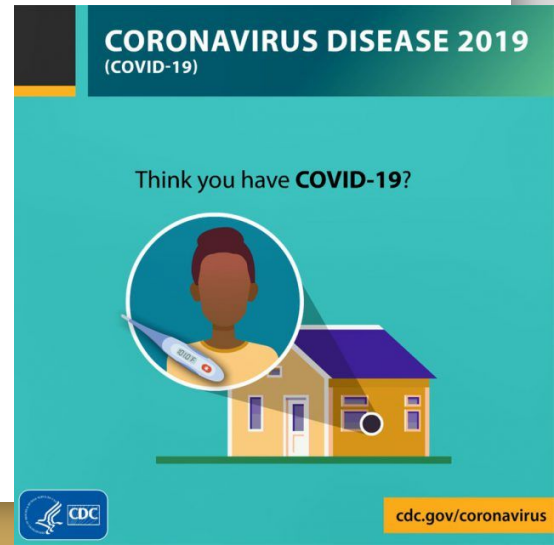
Fever, chills, cough, shortness of breath, difficulty breathing, sore throat, runny nose, nasal congestion, loss of taste or smell, nausea, vomiting, diarrhea, fatigue, muscle aches, or headache.

When to Stay Home...

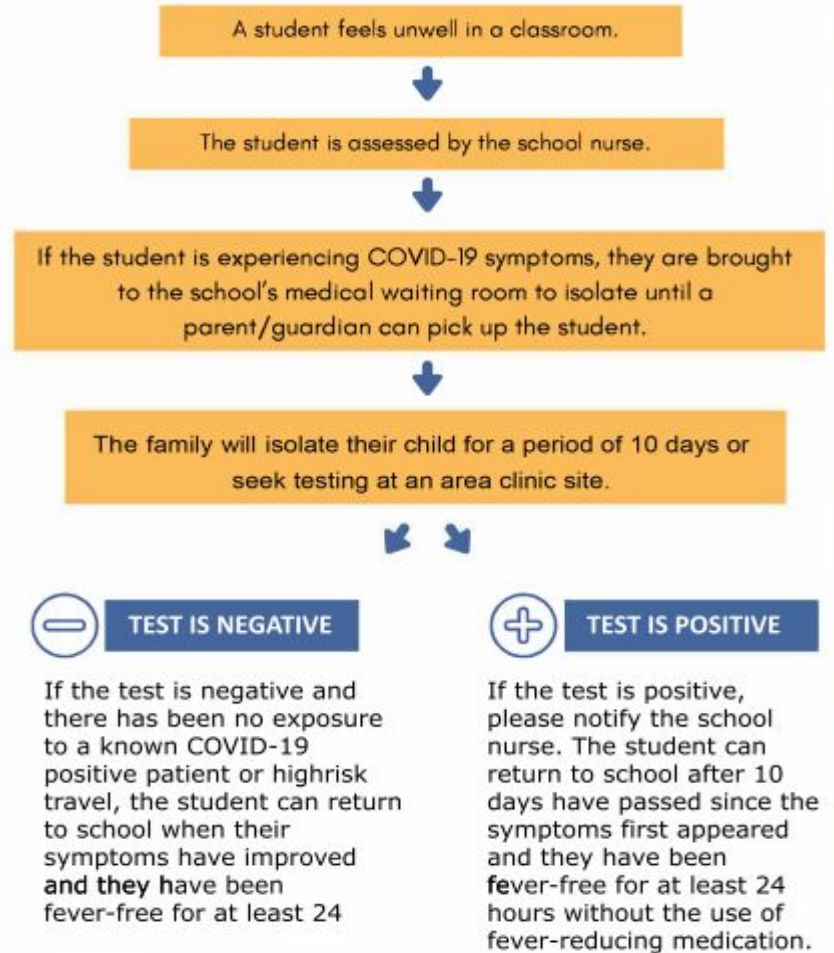
If your student is showing any signs of illness, please keep them home. If our schools are to remain open for in-person instruction, it is critical for everyone to monitor their health and remain home if they feel unwell.

Thank you for doing your part in keeping our community healthy!

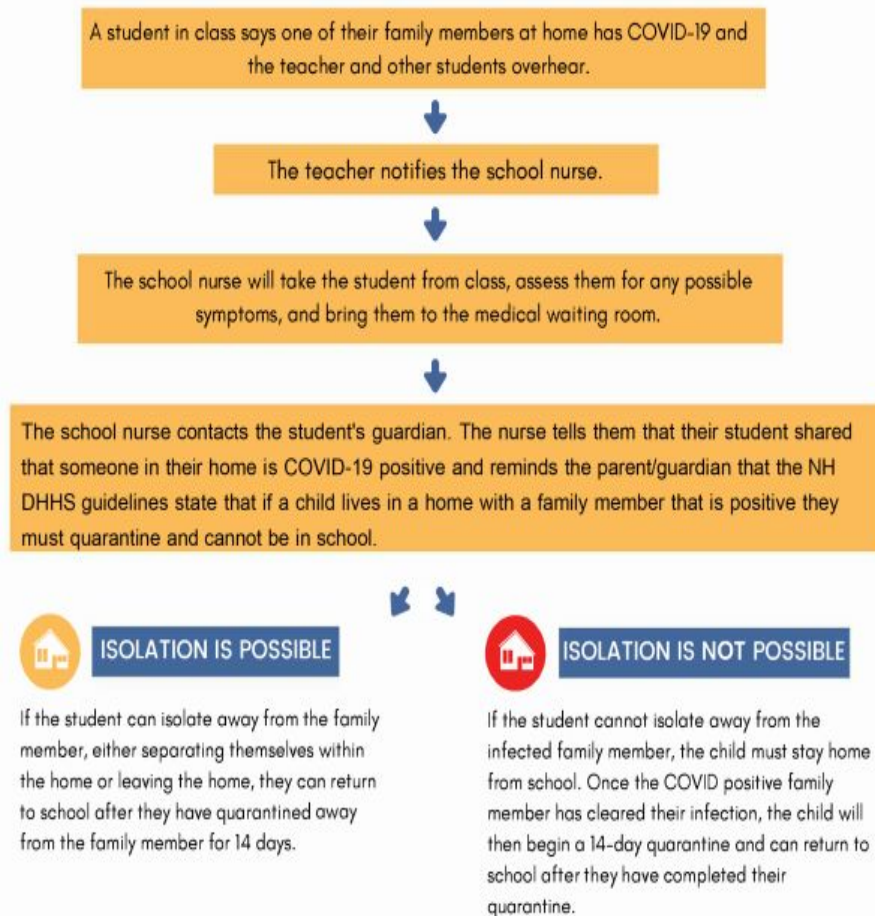
Think you have COVID-19?



What If a Student Has Symptoms While At School?



What If a Family Member Tests Positive?



What if a Staff Member Tests Positive?



A staff member tests positive for COVID-19.



The staff member alerts school administration.



NH DHHS conducts contact tracing regarding quarantine



The Superintendent consults with NH DHHS re possible closure.



The Superintendent sends message to families and employees and shares next steps.

What If a Student Has COVID-19 Symptoms?

<i>If they have...</i>	<i>Then they should...</i>	<i>They can return when...</i>
COVID symptoms	Stay home, notify the school nurse, consult primary care physician.	Test is negative and fever free for 24 hours.
		Test is positive after 10 days since symptoms started and fever free for 24 hours.
		If not tested, return when symptoms have improved, 10 days since symptoms started and fever free for 24 hours.

Communication of COVID-19 Positive Cases

School Notification by Health Department

Schools will only be informed by the Health Department about an individual with COVID-19 if they were believed to be in school while infectious. If someone tests positive for COVID-19 but was not in school while they were infectious, no additional steps are necessary because others at school are not at risk for COVID-19 exposure.

Communication of COVID-19 Positive Cases

If an individual with COVID-19 is identified to have been at a school, the district will notify families and employees via email. District notification is part of a student's educational record and is protected by FERPA. Staff medical information is protected by HIPPA.

Communication of COVID-19 Positive Cases

Contact Tracing

When someone tests positive for COVID - 19, a trained public health worker, called a contact tracer, will identify any close contacts of the individual. The contact tracer will then call the close contacts and give them instructions.

Safe and Healthy Practices

- **Do not travel outside of New England (requires 14 day quarantine)**
- **Wash your hands regularly and thoroughly**
- **Continue social distancing**
- **Continue to wear masks**
- **Complete daily screening survey**

Questions?



Happy Halloween!

