Amite County School District

 October 2019 Breakfast

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  | Oct – 1Biscuit & Sausage PattyJellyORLarge CerealChilled FruitFruit JuiceMilk | Oct - 2Sausage & Pancake Stick, Syrup & YogurtORSmall Cereal & YogurtORCereal bars & YogurtChilled FruitFruit JuiceMilk | Oct - 3Croissant, Egg Patty,Bacon & JellyORLarge CerealFresh FruitFruit JuiceMilk | Oct - 4Breakfast PizzaORBanana Muffin & YogurtORSmall Cereal & YogurtFresh OR Chilled Fruit Fruit JuiceMilk |
| Oct - 7French Toast Sticks & syrupORCinnamon RollsORCereal bar & YogurtChilled FruitFruit JuiceMilk | Oct - 8Biscuit & Sausage PattyJellyORLarge CerealChilled FruitFruit JuiceMilk | Oct - 9Sausage & Pancake Stick, Syrup & YogurtORSmall Cereal & YogurtORCereal bars & YogurtChilled FruitFruit JuiceMilk | Oct - 10GritsToastSausage PattyORLarge CerealFresh FruitFruit JuiceMilk  | Oct - 11Breakfast PizzaORBanana Muffin & YogurtORSmall Cereal & YogurtFresh OR Chilled Fruit Fruit JuiceMilk |
| Oct – 14No School | Oct - 15Biscuit & Sausage PattyJellyORLarge CerealChilled FruitFruit JuiceMilk | Oct - 16Sausage & Pancake Stick, Syrup & YogurtORSmall Cereal & YogurtORCereal bars & YogurtChilled FruitFruit JuiceMilk | Oct - 17Croissant, Egg Patty,Bacon & JellyORLarge CerealFresh FruitFruit JuiceMilk | Oct - 18Breakfast PizzaORBanana Muffin & YogurtORSmall Cereal & YogurtFresh OR Chilled Fruit Fruit JuiceMilk |
| Oct - 21French Toast Sticks & syrupORCinnamon RollsORCereal bar & YogurtChilled FruitFruit JuiceMilk | Oct - 22Biscuit & Sausage PattyJellyORLarge CerealChilled FruitFruit JuiceMilk | Oct - 23Sausage & Pancake Stick, Syrup & YogurtORSmall Cereal & YogurtORCereal bars & YogurtChilled FruitFruit JuiceMilk | Oct - 24GritsToastSausage PattyORLarge CerealFresh FruitFruit JuiceMilk  | Oct - 25Breakfast PizzaORBanana Muffin & YogurtORSmall Cereal & YogurtFresh OR Chilled Fruit Fruit JuiceMilk |
| Oct - 28Apple FrudelORPowdered DonutsORBanana BreadORCereal bar & YogurtChilled FruitFruit JuiceMilk | Oct - 29Biscuit & Sausage PattyJellyORLarge CerealChilled FruitFruit JuiceMilk | Oct - 30Sausage & Pancake Stick, Syrup & YogurtORSmall Cereal & YogurtORCereal bars & YogurtChilled FruitFruit JuiceMilk | Oct - 31Croissant, Egg Patty,Bacon & JellyORLarge CerealFresh FruitFruit JuiceMilk |  |

Every breakfast needs a fruit plus at least two other food items! Grain, Meat, or Milk

\*Milk served daily: fat-free Chocolate and Fat-free Strawberry milk; 1%milk and skim milk.

\*\*Menu subject to change due to unforeseen circumstances.\*\*

\*\*\*This institution is an equal Opportunity Provider and Employer\*\*\*