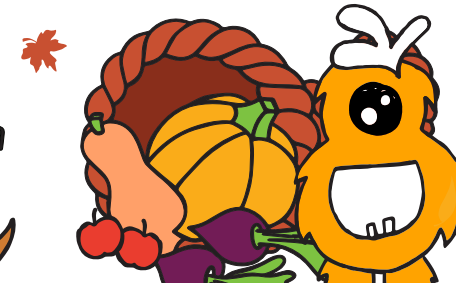


NOVEMBER 2020

Riverview Gardens School District
MOEAC Breakfast Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WG Cereal
Breakfast Fruit
1% White Milk 2

NO SCHOOL 3

Mini French Toast
Breakfast Fruit
1% White Milk 4

WG Banana Muffin
Breakfast fruit
1% White Milk 5

WG Cereal
Breakfast Fruit
1% White Milk 6

WG Cereal
Breakfast Fruit
1% White Milk 9

Trix Yogurt
Breakfast Fruit
1% White Milk 10

Mini Cinnis
Breakfast Fruit
1% White Milk 11

WG Banana Muffin
Breakfast Fruit
1% White Milk 12

WG Cereal
Breakfast Fruit
1% White Milk 13

WG Cereal
Breakfast Fruit
1% White Milk 16
★ VETERAN'S DAY ★

Trix Yogurt
Breakfast Fruit
1% White Milk 17

Apple Frudel
Breakfast Fruit
1% White Milk 18

WG Banana Muffin
Breakfast Fruit
1% White Milk 19

WG Cereal
Breakfast Fruit
1% White Milk 20

WG Cereal
Breakfast Fruit
1% White Milk 23

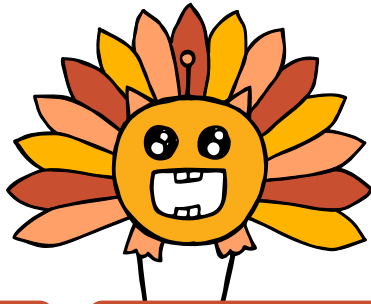
Trix Yogurt
Breakfast Fruit
1% White Milk 24

NO SCHOOL 25

NO SCHOOL 26
THANKSGIVING DAY

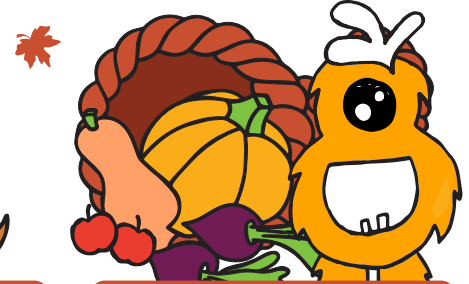
NO SCHOOL 27

WG Cereal
Breakfast fruit
1% White Milk 30



NOVEMBER 2020

Riverview Gardens School District MOEAC/Head Start Lunch Menu




MONDAY


TUESDAY


WEDNESDAY

THURSDAY


FRIDAY


Honey BBQ Wings 
 Broccoli
 Sliced Peaches
 1% Milk


NO SCHOOL TODAY 


Chicken Patty w/Bun 
 Veggie Beans
 Applesauce
 1% White Milk

Turkey Croissant 
 Corn
 Mandarin Oranges
 1% White Milk


Mini Corn Dogs 
 Mixed Vegetables
 Sliced Pears
 1% White Milk



Hamburger w/ Buns 
 Potato Coins
 Applesauce
 1% White Milk


Mozzarella Sticks 
 Mixed Vegetables
 Pineapple
 1% Milk

Chicken Nuggets 
 Green Beans
 Sliced Peaches
 1% White Milk


Pizza Crunchers 
 Broccoli
 Mandarin Oranges
 1% White Milk


Mini Tacos 
 Carrots
 Sliced Pears
 1% White Milk


Hot Dog w/ Bun 
 Veggie Beans
 Pineapple
 1% White Milk 


Ravioli w/ Bread stick 
 Salad
 Sliced Peaches
 1% Milk


Chicken Smackers 
 Mixed Greens
 Mandarin Oranges
 1% White Milk


French Toast w/ Sausage 
 Potato Coins
 Sliced Pears
 1% White Milk


Eggroll 
 Carrots
 Sliced Peaches
 1% White Milk


Chicken Strips 
 Broccoli
 Applesauce
 1% White Milk

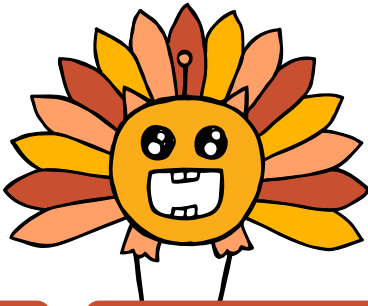
Ribb-Q w/ Bun 
 Veggie Beans
 Sliced Pears
 1% Milk

NO SCHOOL TODAY 

NO SCHOOL TODAY 
 THANKSGIVING DAY

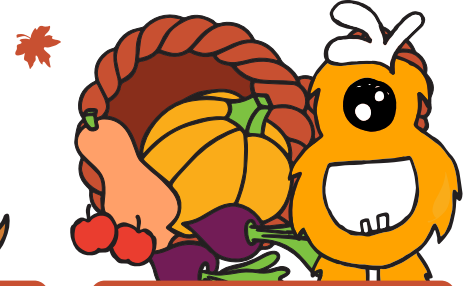
NO SCHOOL TODAY 

Galaxy Pizza 
 Salad
 Pineapple
 1% White Milk



NOVEMBER 2020

Riverview Gardens School District
MOEAC/Head Start Snack Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

String Cheese
WG Crackers
1% White Milk 2

NO SCHOOL TODAY 3

Granola Biscuit
1% White Milk m 4

Cheezits
1% White Milk 5

Applesauce Cup
1% White Milk 6

Cheese Squares
WG Crackers
1% White Milk 9

Fresh Fruit
1% Milk 10

Granola Biscuit
1% White Milk 11

Cheezits
1% White Milk 12

Applesauce Cup
1% White Milk 13

String Cheese
WG Crackers
1% White Milk 16
★ VETERAN'S DAY ★

Fresh Fruit
1% Milk 17

Granola Biscuit
1% White Milk 18

Cheezits
1% White Milk 19

Applesauce Cup
1% White Milk 20

Cheese Squares
WG Crackers
1% White Milk 23

Fresh Fruit
1% Milk 24

NO SCHOOL TODAY 25

NO SCHOOL TODAY 26
THANKSGIVING DAY

NO SCHOOL TODAY 27

String Cheese
WG Crackers
1% White Milk 30



Menu meets or exceeds CACFP standards. RGSD does not serve nut or pork products. All grains are WHOLE GRAIN. Menu is subject to change. This institution is an equal opportunity provider.