



February 2020 – Breakfast Menu

Franklin County Schools

Eat Breakfast at School! All Franklin County students may eat breakfast at no charge!

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	9	10
<p>Choose 1 or 2: Assorted Cereal Cheese Stick // Muffin</p> <p>OR Choose 1: Cheddar Omelet w/ Toast (opt.)</p> <p>PK Menu Cheddar Omelet Fruit // Unflavored Milk</p>	<p>Choose 1 or 2: Assorted Cereal // Biscuit // Gravy Sausage or Chicken // Jelly</p> <p>OR Choose 1: Yeast Ring</p> <p>PK Menu Meat Biscuit Juice // Unflavored Milk</p>	<p>Choose 1 or 2: Assorted Cereal Gold Fish Crackers // Yogurt</p> <p>OR Choose 1: Breakfast Pizza</p> <p>PK Menu Breakfast Pizza Fruit // Unflavored Milk</p>	<p>Choose 1 or 2: Assorted Cereal Cheese Toast // Cereal Bar</p> <p>OR Choose 1: Peanut Butter/Jelly Sandwich</p> <p>PK Menu Cereal // Cheese Toast Juice // Unflavored Milk</p>	<p>Choose 1 or 2: Assorted Cereal // Biscuit Breakfast Steak</p> <p>OR Choose 1: Breakfast Bar or Frudel</p> <p>PK Menu Meat Biscuit Fruit // Unflavored Milk</p>
10	11	12	13	14
<p>Choose 1 or 2: Assorted Cereal Cheese Stick // Poptart</p> <p>OR Choose 1: Dutch Waffle</p> <p>PK Menu Cereal // Cheese Stick Fruit // Unflavored Milk</p>	<p>Choose 1 or 2: Assorted Cereal Yogurt // Elf Grahams</p> <p>OR Choose 1: Breakfast Pizza</p> <p>PK Menu Breakfast Pizza Fruit // Unflavored Milk</p>	<p>Choose 1 or 2: Assorted Cereal // Biscuit // Gravy Sausage or Chicken // Jelly</p> <p>OR Choose 1: Mini Donuts</p> <p>PK Menu Meat Biscuit Juice // Unflavored Milk</p>	<p>Choose 1 or 2: Assorted Cereal / Cheese Stick Cinnamon Roll</p> <p>OR Choose 1: Cheddar Omelet w/ Toast (opt.)</p> <p>PK Menu Cheddar Omelet Fruit // Unflavored Milk</p>	<p>Choose 1 or 2: Assorted Cereal // Biscuit Sausage or Chicken</p> <p>OR Choose 1: Yogurt Parfait</p> <p>PK Menu Meat Biscuit Fruit // Unflavored Milk</p>
17	18	19	20	21
No School	<p>Choose 1 or 2: Assorted Cereal // Biscuit Sausage or Chicken Gravy / Jelly</p> <p>PK Menu Meat Biscuit Juice // Unflavored Milk</p>	<p>Choose 1 or 2: Assorted Cereal Cheese Stick // Breakfast Bar</p> <p>OR Choose 1: Cheddar Omelet w/ Toast (opt.)</p> <p>PK Menu Cheddar Omelet Fruit // Unflavored Milk</p>	<p>Choose 1 or 2: Assorted Cereal // Biscuit Chicken or Sausage</p> <p>OR Choose 1: Breakfast Bun</p> <p>PK Menu Meat Biscuit Fruit // Unflavored Milk</p>	<p>Choose 1 or 2: Assorted Cereal Cheese Stick // Cereal Bar</p> <p>OR Choose 1: Pancake/Sausage Stick</p> <p>PK Menu Pancake/Sausage Stick Fruit // Unflavored Milk</p>
24	25	26	27	28
<p>Choose 1 or 2: Assorted Cereal Cheese Stick // Muffin</p> <p>OR Choose 1: Cheddar Omelet w/ Toast (opt.)</p> <p>PK Menu Cheddar Omelet Fruit // Unflavored Milk</p>	<p>Choose 1 or 2: Assorted Cereal // Biscuit // Gravy Sausage or Chicken // Jelly</p> <p>OR Choose 1: Yeast Ring</p> <p>PK Menu Meat Biscuit Juice // Unflavored Milk</p>	<p>Choose 1 or 2: Assorted Cereal Gold Fish Crackers // Yogurt</p> <p>OR Choose 1: Breakfast Pizza</p> <p>PK Menu Breakfast Pizza Fruit // Unflavored Milk</p>	<p>Choose 1 or 2: Assorted Cereal Cheese Toast // Cereal Bar</p> <p>OR Choose 1: Peanut Butter/Jelly Sandwich</p> <p>PK Menu Cereal // Cheese Toast Juice // Unflavored Milk</p>	<p>Choose 1 or 2: Assorted Cereal // Biscuit Breakfast Steak</p> <p>OR Choose 1: Breakfast Bar or Frudel</p> <p>PK Menu Meat Biscuit Fruit // Unflavored Milk</p>

ALL reimbursable meals **MUST** have a **FRUIT** or **VEGETABLE** on the tray. Students may decline 2 of the 5 meal components - Meat, Grain, Fruit, Vegetable & Milk- but cannot decline BOTH Fruit and Vegetable.

The Nutrition Department strives to offer the daily menu as planned and advertised. However, due to some circumstances beyond our control, the daily menus may be altered. **This institution is an equal opportunity provider**