

SEPTEMBER 2020

Pottsville Jr. High and High School

Milk choices include:
1% white and chocolate
Fat free strawberry

Monday
Tuesday
Wednesday
Thursday
Friday


NO
SCHOOL

Chicken Alfredo w/pasta
Garlic bread
Or Pizza Pocket
Side salad
Steamed broccoli
Mandarin oranges
Fresh fruit

Salisbury steak, hot roll
Or
Chicken tenders, hot roll
Mashed potatoes/gravy
Green beans
Mixed fruit
Fresh fruit

Stuffed Crust pepperoni pizza
Or
Chicken ranch wrap
Lettuce salad w/broccoli
Celery sticks
Sliced peaches
Fresh fruit

Chicken Fajita
Sautéed onions & peppers
Or chicken sandwich
Pinto beans, salsa
Royal brownie
Applesauce
Fresh fruit

Grilled cheese and
Tomato soup
Or
Tuna salad croissant
Fresh broccoli & baby carrots
Apple slices
Fresh fruit

Chicken nuggets
Or breaded beef strips
Hot roll
Mashed potatoes
Seasoned carrots
Sliced peaches
Fresh fruit

Taco Burger w/Doritos
Or
Chicken ranch wrap w/Doritos
Seasoned corn
Pinto beans
Cookie, mandarin oranges
Fresh fruit

Dutch Waffle & Chicken Stix
Or
Mini corn dogs
Potato wedges
Baby carrots
Chilled pears
Fresh fruit

Thai Chicken Bowl w/Egg Roll
Or
Toasted Turkey & Pepperjack
Fresh Broccoli & carrots
Pineapple Tidbits
Fresh fruit

Walking Taco
Or
Chicken Crispito
Lettuce/tomato/salsa
Pinto Beans, Spanish rice
Pineapple tidbits
Fresh fruit

Mega Meatball w/marinara
Or Loaded Baked Potato
Garlic bread stick
Calif blend veg
Cucumber spears
Chilled pears
Fresh fruit

Sweet & Sour Chicken
w/rice Or Egg rolls
Steamed broccoli
Baby carrots
Pineapple tidbits
Fresh fruit

Soft taco
Or
Nachos
Lettuce/tomato/salsa
Pinto beans
Frozen fruit juice cup
Fresh fruit

Chicken nuggets w/hot roll
Or
Crispy chicken ranch wrap
Potatoes/gravy
Green beans
Sliced peaches
Fresh fruit

Popcorn chicken
Or chicken sandwich
Mashed potatoes/gravy
Seasoned corn, hot roll
Peaches
Fresh fruit

Chicken Taco
Or
Beef burrito
Sautéed peppers & onions
Salsa, pinto beans
Frozen fruit juice cup
Fresh fruit

Better than Pizza Pasta
w/garlic bread
Or
Mozz peperoni sandwich
w/marinara
Green peas
Chilled pears. Fresh fruit

Cheeseburger
Or
Corn dog
French fries
Lettuce/tomato/onion
Mixed fruit
Fresh fruit

Pottsville Cafe pizza
Or
Cheeseburger
French fries
Lettuce/tomato/onion
Variety fresh fruit

Cheeseburger
Or
Spicy chicken sandwich
French fries
Lettuce/tomato/onion
Variety fresh fruit

Pottsville Cafe pizza
Or
Cheeseburger
French fries
Lettuce/tomato/onion
Variety fresh fruit