



School Year
2020-2021

Marion County Schools Pre-K Program

Family Information

Helping your
child get ready!



Pre-K Program

Building Important Skills

Social Skills

- Speak clearly
- Hold a conversation
- Pay attention and follow simple directions

You can help your child build these skills by:

- Talking with and reading to him everyday
- Giving her opportunities to play and share with others
- Setting firm, fair rules and limits

Pre-K Program



Building Important Skills

Number Skills

- Recognize numbers
- Count and compare small groups of items
- Count to 5 or higher

You can help your child build these skills by:

- Using numbers when you talk to your child
 - Number of crackers or apple slices on plate
 - Number on buttons on clothing
 - Number of stairs in your house
 - Age of child
 - Address
- Point out numbers everywhere
 - signs and buildings
 - book pages
 - Food packages
 - Phone and computer keypads
- Group like items – How many cars? How many dinosaurs? How many dolls? Etc.

Pre-K Program



Building Important Skills

Being Active

Children should be active throughout the day. Encourage both active play and structured activities.

- Be active in fun ways each day (example Playing hide and seek, tag and jump rope)
- Be active together taking walks, swimming, etc.
- Dancing together (Be silly!)
- Make a hopscotch court
- Play "red light, green light"
- Pretend to be animals

Pre-K Program



Building Important Skills

Science

- Spending time outdoors
- Pointing out ways things happen (for example, water freezing)
- Doing experiments with your child.
 - Place different small objects (a rock, an egg, a cork) in a bucket of water. Which ones sink? Which ones float?
- Talk about seasons and weather
- Living and nonliving things
- How germs make people sick

Pre-K Program



Building Important Skills

Art and Writing Activities

- Fine Motor Skills – Holding and Using:
 - Crayons, markers, pencils, and pens
 - Chalk and paintbrushes
 - Glue bottles or sticks
 - Clay or play dough
 - Safety scissors
- Use a variety of paper
- Fabric and ribbon scraps for gluing
- Inexpensive household items – paper-towel cardboard rolls, empty salt box, etc.
- Junk mail envelopes

Pre-K Program



Making Healthy Choices

- Good nutritious meals and snacks
 - Vegetables, fruits, grains, protein
- Getting regular health care
 - Medical and dental exams
 - Up to date immunizations
- Having good hygiene
 - Washes hands often and well
 - Takes baths or showers regularly
 - Brushes teeth at least 2 times a day
- Getting enough rest
 - Preschoolers need between 10 and 13 hours of sleep
- Limit screen time – TV, iPad, phone



Thank You!

Marion County Schools
Pre-K Program



Contact Information



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