



## Be A Star At Test-Taking



Get plenty of sleep the night before the test.



Eat a healthy breakfast and wear comfortable clothes.



Arrive at school on time.



Pay close attention to directions



Breathe deeply and relax before & during the test.



Read every answer before you choose one.



If you aren't sure of the answer, rule out the choices you know are wrong. Then, pick the answer that is left.



If you have time, check over your answers before you turn in your test.



**Believe in yourself!!**

