



TEN WAYS PARENTS CAN HELP THEIR CHILDREN DECIDE ON A CAREER

1. Encourage your teen to investigate a variety of careers. At the dinner table, talk about work and your job. Talk with friends and relatives about their jobs when your children are present.
2. Stress to your teen that school is his or her work. You don't take a day off from work just because you feel like it. The same goes for school.
3. Explore their talents, strengths, likes, and dislikes without being judgmental. The more teens know about themselves the easier it is for them to recognize the career that best suits them.
4. Talk to your school counselors about career and technical education programs.
5. Provide as many opportunities as you can for your child to learn technical skills. Give him/her a chance to experience hands-on tools, techniques, and skills that can be applied to a broad range of careers.
6. Support your school's efforts to expose students to various career possibilities. Work through your site counsel or ask teachers and administration to offer job fairs, field trips, and class speakers.
7. Talk about a career as a goal of education.
8. Guide your teen toward acquiring skills. Encourage him/her to take courses that provide the opportunity to apply skills.
9. Give your teen responsibility. Begin with jobs around the house.
10. Suggest that your teen explore career opportunities that were once considered only for males or females. Non-traditional jobs provide excellent opportunities.