



May 2017

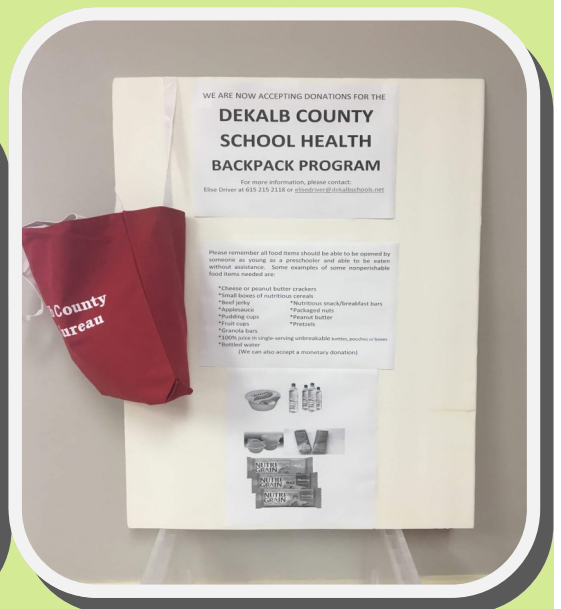
Coordinated School Health Newsletter



The **Feed the Children** organization recently made a large donation to the Homeless Advocacy for Rural Tennessee organization. They donated free backpacks, toiletries, school supplies, books, and food to disperse to surrounding counties that are served by HART. Sheri Spigner, of the Crossville Housing Development Corporation and HART, contacted our school system and delivered 64 boxes of items to be used for The Back Pack Program.



Farm Bureau-Smithville has recently adopted Northside Elementary School for The Back Pack Program. They pick up the food, pack the food, and deliver the food to NES. They have also set up a food donation drive at their location for The Back Pack Program! Thank you Farm Bureau-Smithville!



Please join us at
The DeKalb County Community Complex
712 South Congress Blvd.
Smithville, TN 37166.

KARATE PRACTICE-Mondays and Wednesdays,
5:00-6:30pm

This is a traditional, family style class, all
Ages, styles, and experience levels are welcome.

YOGA-Wednesdays
4:00-5:00pm gentle yoga (adaptable for everyone)
6:30pm is power flow class
Bring a mat

Wear clothes you can move in, bring drinking
water.

To ask questions or sign up, call Doug Ross at
(915) 841-6765 or Amy Schwartz Potter at (615)
418-6220.



Mrs. Driver and Mrs. Lattimore provided health lessons to Mrs. Wisinger's DMS classes. We talked about how to read food labels, how to identify healthier choices when eating fast food or eating at home, and the students were treated to a healthy snack!



Ms. Debbie Young and her school nutrition staff have implemented a healthy staff breakfast cart at DCHS. Mr. Seber's Class distributes the breakfast items to teachers! CSH provides the nutritious food.



Mrs. Kelly Pyburn implemented skating into her P.E. classes at DWS!

