

# July 2019

## Bamberg School District One

### BREAKFAST



Menus are subject to change.

This institution is an equal opportunity provider.



Bamberg One is a participant of the Seamless Summer Feeding Program beginning June 11, 2019-August 1, 2019 Monday-Thursday. **FREE** summer meals available at Richard Carroll Elem., Bamberg-Ehrhardt Middle and BEHS cafeterias to kids ages 18 years and under from 7:30am-8:00am. Meals must be eaten in the cafeteria.

### Monday

1

Summer Feeding Break

### Tuesday

2

Summer Feeding Break

### Wednesday

3

Summer Feeding Break

### Thursday

4

Summer Feeding Break  
Happy Independence Day!

### Friday

5

District Closed

#### RCES Breakfast Only

8

Breakfast Pizza  
Or  
PopTarts  
Fresh Fruit, Apple Juice  
Assorted Milk

#### RCES Breakfast Only

9

Mini Maple Pancakes  
Or  
Cereal Bars  
Fresh Fruit, Orange Juice  
Assorted Milk

#### RCES Breakfast Only

10

Chicken Biscuit  
Or  
Cereal Bars  
Peaches, Apple Juice  
Assorted Milk

#### RCES Breakfast Only

11

Breakfast Pizza  
Or  
Cereal Bars  
Mandarin Oranges, Orange Juice  
Assorted Milk

12

District Closed

#### RCES, BEMS, & BEHS Breakfast

15

Mini Maple Pancakes  
Or  
PopTarts  
Fresh Fruit, Orange Juice  
Assorted Milk

#### RCES, BEMS, & BEHS Breakfast

16

Pancake on a Stick  
Or  
PopTarts  
Peaches, Apple Juice  
Assorted Milk

#### RCES, BEMS, & BEHS Breakfast

17

Breakfast Pizza  
Or  
PopTarts  
Mandarin Oranges, Orange Juice  
Assorted Milk

#### RCES, BEMS, & BEHS Breakfast

18

Mini Maple Pancakes  
Or  
PopTarts  
Fresh Fruit, Orange Juice  
Assorted Milk

19

District Closed

#### RCES, BEMS, & BEHS Breakfast

22

Pancake on a Stick  
Or  
PopTarts  
Peaches, Apple Juice  
Assorted Milk

#### RCES, BEMS, & BEHS Breakfast

23

Breakfast Pizza  
Or  
PopTarts  
Mandarin Oranges, Orange Juice  
Assorted Milk

#### RCES, BEMS, & BEHS Breakfast

24

Mini Maple Pancakes  
Or  
PopTarts  
Fresh Fruit, Orange Juice  
Assorted Milk

#### RCES, BEMS, & BEHS Breakfast

25

Pancake on a Stick  
Or  
PopTarts  
Peaches, Apple Juice  
Assorted Milk

26

District Closed

#### RCES, BEMS, & BEHS Breakfast

29

Breakfast Pizza  
Or  
PopTarts  
Mandarin Oranges, Orange Juice  
Assorted Milk

#### RCES, BEMS, & BEHS Breakfast

30

Mini Maple Pancakes  
Or  
PopTarts  
Fresh Fruit, Orange Juice  
Assorted Milk

#### RCES, BEMS, & BEHS Breakfast

31

Pancake on a Stick  
Or  
PopTarts  
Peaches, Apple Juice  
Assorted Milk

