



# MAY

2021

## MAY ISD



Yogurt  
Toast  
Fruit  
Milk/Juice

3.

French Toast  
Sausage  
Fruit  
Milk/Juice

4.

Scrambled Eggs  
Bacon  
Toast  
Fruit  
Milk/Juice

5.

Breakfast Toast  
Fruit  
Milk  
Juice

6.

Bagels  
Cream Cheese  
Fruit  
Milk/Juice

7.

Oatmeal  
Toast  
Fruit  
Milk/Juice

10.

Chicken Biscuit  
Fruit  
Milk  
Juice

11.

Breakfast Burrito  
Fruit  
Milk  
Juice

12.

Pancakes  
Sausage  
Fruit  
Milk/Juice

13.

Muffins  
Sausage  
Fruit  
Milk/Juice

14.

**NO SCHOOL**

17.

Biscuit/Gravy  
Sausage  
Fruit  
Milk/Juice

18.

Breakfast Pizza  
Fruit  
Milk  
Juice

19.

Pancake on Stick  
Fruit  
Milk  
Juice

20.

Donuts  
Sausage  
Fruit  
Milk/Juice

21.

Oatmeal  
Toast  
Fruit  
Milk/Juice

24.

Waffles  
Bacon  
Fruit  
Milk/Juice

25.

Morning Rolls  
Fruit  
Milk  
Juice

26.

Cinnamon Rolls  
Sausage  
Fruit  
Milk/Juice

27.

**SUMMER BREAK**

28.

**SUMMER BREAK**

31.

**Special Announcements:**  
Free Breakfast from November 1<sup>st</sup> 2020 till May 27<sup>th</sup> 2021 for all students  
Adults 2.25 Extra Milk .50, Extra Juice .50



# BERRY BLAST OFF

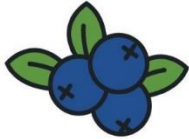


The first space shuttle test flight took place in 1981 and the last shuttle launched in 2011. Over 30 years there were a total of 135 missions that all launched from the Kennedy Space Center in Florida. Scientists and engineers in Texas provided ground support for all the space shuttle missions. NASA retired the space shuttle fleet to make way for a new exploration program aimed at sending astronauts on deep space missions to an asteroid and, eventually, Mars.

## NUMBER MATCH



1



5



6



3



## DID YOU KNOW?

Blueberries are plump, juicy and sweet berries that grow in Texas. They grow on a bush that can get up to 12 feet tall. Blueberries are pale greenish at first, then reddish-purple, and finally, dark purple when ripe, but they turn red-purple when cooked.

Blueberries are a very good source of vitamin K, vitamin C and manganese. Blueberries are also a good source of fiber. Fiber is a carbohydrate that promotes digestive health. Blueberries are good for making pancakes, muffins, and many other foods.



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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Food and Nutrition Division  
National School Lunch Program and School Breakfast Program



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[www.SquareMeals.org](http://www.SquareMeals.org)