

JANUARY 2020

BREAKFAST & LUNCH

Marengo County Schools

Monday

Tuesday

Wednesday

Thursday

Friday



PROFESSIONAL DEVELOPMENT DAY

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CHRISTMAS HOLIDAYS

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BREAKFAST

Steak biscuit, pineapple chunks, juice, cereal, yogurt, milk

LUNCH

Spicy chicken sandwich, potato wedges, lima beans, fruit cup, ket., mayo., must., milk

BREAKFAST

Waffle Stix, syrup, juice, peach cup, cereal, yogurt, milk

LUNCH

Baked Ham, mac & cheese, Black-eyed peas, strawberries & kiwi, croissant, milk

BREAKFAST

Breakfast pizza, pineapple chunks, juice, cereal, yogurt, milk

LUNCH

Hamburger, lettuce, tomato, baked beans, pears, ket., mayo., must., sweet potato fries, milk

BREAKFAST

French toast stix, fruit cocktail, juice, syrup, cereal, yogurt, milk

LUNCH

Chili, baked potato, broccoli/cheese, margarine, sour cream, fruit cocktail, crackers, milk

BREAKFAST

Egg/cheese omelet, sausage patty, toast, fruit cup, cereal, yogurt, milk

LUNCH

Pizza, tossed salad, salad dressing, w/k corn, pineapple chunks, milk

BREAKFAST



BREAKFAST

Breakfast burrito, pears, juice, cereal, yogurt, milk

LUNCH

Fish sandwich, coleslaw, baked beans, fresh fruits, ket., mayo., must., tarter sauce, milk

BREAKFAST

Pop Tart, Cereal, juice, banana, yogurt, milk

LUNCH

Chicken nuggets, sweet potato fries, black-eyed peas, fruit cup, ket., roll, milk

BREAKFAST

Bologna biscuit, fruit cup, juice, jelly, cereal, yogurt, milk

LUNCH

Deli ham & cheese sandwich, California vegetables & cheese, Sun chips, pineapple chunks, ket., mayo., must., milk

BREAKFAST

Grits, sausage patty, cheese toast, jelly, juice, juice bar, cereal, yogurt, milk

LUNCH

Vegetable/beef soup, pb&j sandwich, baby carrots, ranch, crackers, apple crisp, fresh fruit, milk

BREAKFAST

Banana muffin, fruit medley, juice, cereal, yogurt, milk

LUNCH

Corn dog, French fries, green beans, fresh orange, ket., must., milk

BREAKFAST

Egg/cheese omelet, sausage patty, toast, fruit cup, yogurt, cereal, juice, milk

LUNCH

Chicken Alfredo, tossed salad, salad dressing, sweet peas, applesauce, roll, milk

BREAKFAST

Breakfast pizza, pineapple chunks, Juice, cereal, yogurt, milk

LUNCH

Chicken nuggets, sweet potato fries, black-eyed peas, fruit cups, ket., roll, milk

BREAKFAST

Sausage biscuit, banana, jelly, juice, cereal, yogurt, milk

LUNCH

Taco, lettuce, tomato, salsa, sour cream, fresh apple, w/k corn, milk

BREAKFAST

Pancake/sausage bites, syrup, fruit cocktail, juice, cereal, yogurt, milk

LUNCH

Hot dog, fries, mandarin oranges, lima beans, ket., mayo., must., milk

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