

HIGH SCHOOL MENU

Week 1 SCHOOL CLOSED

Week 2

SCHOOL CLOSED

Chicken Biscuit

Pop-tart w/Cereal

Pancake & Sausage on Stick

Cheese Toast, Sausage & Grits

Week 3

Cereal w/Yogurt

Egg Square, Sausage & Biscuit

French Toast & Sausage Link

Muffin w/Yogurt

Chicken Biscuit

Week 4

SCHOOL CLOSED

Chicken Biscuit

Ham & Cheese Croissant

Breakfast Pizza

Cereal w/yogurt

Week 5





Parfait or Fruit Strudel

Chicken Biscuit

Ham & Cheese Croissant

Sausage Patty & Biscuit

Cereal (Bar) w/Yogurt

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1					
Week 2		Lasagna or Spaghetti Cucumber & Tomato Salad Corn Breadstick or Roll	Beef Rib Patty on Bun Baked Beans Sweet Potato Fries or Carrots Allowable Sub: USDA Pulled Pork	French Bread Style Pizza or Cheese Stick Baked Potato Soup Broccoli	Chili Cheese Dog Potato Wedges Romaine & Tomato Rice Krispy Treat
Week 3	Chicken Bites or Nuggets Green Beans Sweet Potatoes or Carrots Roll	Managers Choice: Chicken Pot Pie w/Broccoli Chicken Alfredo w/Green Beans, Green Salad & Roll Fajita Chicken Wrap w/Romaine & Tomatoes & Fries	Beef Taco Meat on Taco Shell (2 ea.) Romaine & Tomato Corn Or Beef Taco Meat on Taco Shell (1 ea.) Spanish Rice Romaine & Tomato Corn	Salisbury Steak Mashed Potatoes w/Gravy Green Sweet Peas or Cabbage Biscuit or Cornbread	Deli Sub Celery w/Ranch Romaine & Tomatoes Spicy Doritos Or Loaded Baked Potato (Cheese, Sour Cream, Bacon Bits, Broccoli, USDA Diced or Fajita Chicken)
Week 4		Chili w/Rice Green Beans Garden Salad Cornbread or Crackers	Sausage Dog Potato Wedges Coleslaw Chips	Crispito Black Beans Corn Garden Salad	Spicy Chicken Patty Romaine Tomato & Lettuce Fries Honey Mustard Ketchup
Week 5	Spicy Chicken Patty on Bun Sweet Potato Fries or Carrots Baked Beans	Red Beans Rice w/Sausage Collard/Turnip Greens or Salad Cornbread	Hamburger or Sloppy Joe on Bun Tater Tots Green Salad	Oven Roasted Wings Pasta Salad Broccoli Roll (1 oz.) (Hot Sauce or Ranch Dressing)	Pizza (Pizza Pocket) Garden Salad Fries WG Sugar Cookie
<p>ALL MEALS SERVED W/CHOICE OF UNFLAVORED, 1% LOWFAT, SKIM, FAT FREE STRAWBERRY OR FAT FREE CHOCOLATE MILK. FRESH, CANNED OR FROZEN FRUIT SERVED DAILY AT BREAKFAST AND LUNCH. 100% FORTIFIED FRUIT JUICE SERVED DAILY AT BREAKFAST & LUNCH. **MENUS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE**</p> <p>JANUARY </p>					