



SUMNER COUNTY
SCHOOLS

Virtual Learning Meal Distribution

May 24th Meal Delivery

TIN TRAY MICROWAVE INSTRUCTIONS(IF YOU HAVE)

- 1- Remove Cardboard/tin lid and do not put lid in microwave
- 2- Only place 1 tray in microwave at a time
- 3- Tray cannot touch sides of microwave

3rd	4th	5th	6th	7th	8th	9th
<u>BREAKFAST</u> Nutrigrain Bar Fresh Fruit 100% Fruit Juice Milk	<u>BREAKFAST</u> Apple Fruedel Fruit Fruit Juice Milk	<u>BREAKFAST</u> Bowl of Cereal Pop Tart Fresh Fruit OJ Milk	<u>BREAKFAST</u> Mini Pancakes Sausage Fruit Apple Juice Milk	<u>BREAKFAST</u> Nutrigrain Bar Fresh Fruit 100% Fruit Juice Milk	<u>BREAKFAST</u> Cereal Bar Pop Tart Fruit OJ Milk	<u>BREAKFAST</u> Super Doughnut Frozen Fruit Cheese Stick Juice Milk
<u>LUNCH</u> Salisbury Steak Dinner Roll Mashed Potatoes Green Beans FRUIT Milk	<u>LUNCH</u> Pizza Marinara Cup Veg Juice FRUIT Milk	<u>LUNCH</u> Chicken Tenders Corn Pinto Beans Fresh Fruit Milk	<u>LUNCH</u> Turkey Pot Pie Green Beans Fruit Milk	<u>LUNCH</u> Spaghetti w/ Meat sauce Broccoli Fruit Milk	<u>LUNCH</u> Grilled Chicken Sandwich Carrot Sticks w/ ranch Green Peas Fresh Fruit Milk	<u>LUNCH</u> Un crustable PB&J Sun chips Celery & Carrot Sticks Fruit Milk

DELIVERIES

MON-TUES-WED

*******THURSDAY SPECIAL DELIVERY- 7 EXTRA DAYS OF MEALS*******
IN A SPECIAL MEAL BAG WITH NEW ITEMS

For your safety all meals are fully cooked and being delivered cold. Some items are to be reheated before eating

- Refrigerate these items immediately after receiving them. ALL MILK needs refrigerated immediately.
- The dry goods package (condiments, applesauce, cereal, etc.) does not need to be refrigerated.
- Pizza & Chicken Sandwich- Remove Bread. Then place on microwave safe plate or keep in black container- Microwave for 1 minute, check and replace in microwave for another 45 seconds. Remove and let cool. (make sure it is cooked to 165)
- Salisbury Steak, Turkey Pot Pie, Chicken Tender & Spaghetti Plates- Remove Dinner Roll. Microwave 1 minute and stir, replace in microwave and heat 45 more seconds. Remove and let cool (always have permission to use the microwave)
- Sausage Patty can be re-heated for 30-45 seconds on a microwave safe plate.

****Items should be heated to 165 degrees and remember to let it cool before eating!****