



# MAY

2021

## MAY ISD



Hot Pocket  
Corn  
Chips  
Fruit  
Milk/Juice

3.

Taco Salad  
Ranch Beans  
Spanish Rice  
Fruit  
Milk/Juice

4.

Orange Chicken  
Fried Rice/Vegetables  
Egg Rolls  
Fruit  
Milk/Juice

5.

Salisbury Steak  
Mashed Potato  
Green Bean  
Fruit  
Milk/Juice

6.

Ham Cheese Subs  
Chips  
Cooked Carrots  
Fruit  
Milk/Juice

7.

King Ranch Chicken  
Ranch Beans  
Carrots  
Fruit  
Milk/Juice

10.

Beef Tamales  
Refried Beans  
Spanish Rice  
Fruit  
Milk/Juice

11.

Fish  
Coleslaw/Macaroni Cheese  
Black-eyed Peas  
Fruit  
Milk/Juice

12.

Spaghetti Meatballs  
Green Beans  
Garlic Bread  
Fruit  
Milk/Juice

13.

Chili Cheese Dogs  
Chips  
Broccoli/Carrots  
Fruit  
Milk/Juice

14.

NO SCHOOL

17.

Beef Bean Burrito  
Refried Beans  
Spanish Rice  
Fruit  
Milk/Juice

18.

Grilled Cheese Sandwiches  
Tomato Bisque  
Chips/ Broccoli  
Fruit  
Milk/Juice

19.

Pizza  
Corn  
Carrots  
Fruit  
Milk/Juice

20.

Cheese Burgers  
French Fries  
Baked Beans  
Fruit  
Milk/Juice

21.

Chicken Nuggets  
Tater Tots  
Green Beans  
Fruit  
Milk/Juice

24.

Frito Pie  
Corn  
Carrots  
Fruit  
Milk/Juice

25.

Corn Dogs  
Baked Beans  
French Fries  
Fruit  
Milk/Juice

26.

PBJ/Ham Cheese Sandwiches  
Broccoli  
Chips  
Fruit  
Milk/Juice

27.

SUMMER BREAK

28.

SUMMER BREAK

31.

**Special Announcements:**  
Free lunches from Nov 3<sup>rd</sup> 2020 till May 27, 2021 for all students Extra Milk: \$0.50 Extra Juice: \$0.50 Adult Price: \$3.75 Milk and juice are offered with each meal. Menu is subject to change due to deliveries. Salad served Daily.



# BERRY BLAST OFF

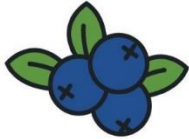


The first space shuttle test flight took place in 1981 and the last shuttle launched in 2011. Over 30 years there were a total of 135 missions that all launched from the Kennedy Space Center in Florida. Scientists and engineers in Texas provided ground support for all the space shuttle missions. NASA retired the space shuttle fleet to make way for a new exploration program aimed at sending astronauts on deep space missions to an asteroid and, eventually, Mars.

## NUMBER MATCH



1



5



6



3



## DID YOU KNOW?

Blueberries are plump, juicy and sweet berries that grow in Texas. They grow on a bush that can get up to 12 feet tall. Blueberries are pale greenish at first, then reddish-purple, and finally, dark purple when ripe, but they turn red-purple when cooked.

Blueberries are a very good source of vitamin K, vitamin C and manganese. Blueberries are also a good source of fiber. Fiber is a carbohydrate that promotes digestive health. Blueberries are good for making pancakes, muffins, and many other foods.



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

This product was funded by USDA.  
This institution is an equal opportunity provider.



Food and Nutrition Division  
National School Lunch Program and School Breakfast Program



Updated 01/2020  
[www.SquareMeals.org](http://www.SquareMeals.org)