

RCSS School Health Advisory Council Minutes

Meeting Date: September 30, 2019

Location: RCSS Boardroom A

Council Members Present:

Edwina Ashworth (Director of Administrative Services for Students); Jeff Howard (Supervisor - School Nutrition); Marty Trotter (Asst. Superintendent); Greg Brewer (Safety Compliance Officer); Brianna Rouse (School Social Worker)

Minutes:

Edwina Ashworth called meeting to order.

Minutes from last meeting were approved.

Old Business:

Vape Pens and Juuls

- a. Middle and High Schools collaborated with the Health Department to present informational sessions to parents at open house
- b. Attendance at the open house sessions were low. Council members discussed the need to be creative to encourage parents to attend informational sessions.

New Business

1. Mr. Trotter presented the SHAC Report to the RCSS Board of Education at the July 15, 2019. This report highlighted the 2018-2019 accomplishments as well as goals for 2109-2020.
2. Edwina Ashworth submitted the annual Healthy Active Children report to DPI in July. Dr. Gainey's superintendent attestation was also signed and submitted in July.
3. Title IV funding will assist with Youth Mental Health First Aid training. During 2019-2020, the following groups will receive this training:
 - a. Principals
 - b. Assistant Principals
 - c. Lead Teachers
 - d. Career Development Coordinators
 - e. Media Specialist
 - f. All staff at the Randolph Early College High School
 - g. 3 classroom teachers from each school
4. Title V funding (Sexual Risk Avoidance Educational Grant) has not officially been allotted at this time. RCSS has been notified that funding will be awarded again to our

district. Edwina Ashworth shared on behalf of Dr. Chappell that currently the proposal for the use of funding would be:

- Continue partnership with the Poe Center for 5th grade puberty lessons
- Continue to provide technology (Chromebooks) to 6th grade health teachers to enhance the digital learning opportunities in the health curriculum
- Provide additional professional development to 6th grade health teachers to support effective lesson planning
- Provide additional professional development, if appropriate, from the suggested list of trainings provided through the Title V grant

The council members present agreed to the above proposed use of the Title V funding. Edwina Ashworth also shared that Dr. Chappell will share any additional changes/updates via email, if needed, prior to the next meeting.

5. The council reviewed the goals for 2019-2020 school year as decided at the April 29 meeting:
 - a. Expand training provided to support personnel to classified employees and teachers;
 - b. Incorporate student/staff wellness initiatives presented in wellness policy; i.e provide alternative options to food as reward;
 - c. Present goals at principals meeting to reach more administrative personnel.

Roundtable Discussion:

- Greg Brewer will continue monthly safety meetings.
- The three areas of focus for safety this school year will be:
 - K-5: playgrounds
 - 6-8: CTE/Agricultural/Science equipment
 - 9-12: CTE/Agricultural/Science equipment
- The school safety drives will be updated to a friendlier user version in January.
- School Nutrition continues to invite Sam Varner to monthly meetings with managers to provide wellness education.
- The School Nutrition Association is active throughout our community. Their meetings cover a variety of topics including health wellness.
- Mr. Trotter will continue to forward Wellness Tips emails weekly.

Next Meeting: 12/2/19

Meeting Adjourned.