**DALE COUNTY BOARD OF EDUCATION**

**SCHOOL WELLNESS COMMITTEE**

**ANNUAL PROGRESS REPORT**

**SCHOOL YEAR 2016-17**

*Dale County Schools continue to be committed to promoting wellness in all of our schools by providing healthy meals and snacks, nutrition education and physical activity.*

**SUMMARY OF SCHOOL WELLNESS ACTIVITIES AND EVENTS:**

* 1. ARITON
     1. Field Day
     2. Jump Rope for Heart
     3. Fitness Testing
     4. Wellness Screening/Flu Shots for Employees
     5. Green House & School Garden
     6. Dental Health Month Promotion
     7. FFA Fruit Sale
     8. Red Ribbon Week healthy activities
  2. DALE COUNTY HIGH
     1. 5k Run / Walk / Bike
     2. Presidential Physical Fitness Program
     3. Green House
     4. Vision & Scoliosis
     5. FFA Fruit Sale
  3. GW LONG
     1. School Garden
     2. Wellness checks
     3. Strawberry Sale
     4. Presidental Fitness
     5. National Milk Day
     6. Red ribbon Week
  4. MIDLAND CITY ELEM
     1. National Milk Day
     2. Brain Breaks
     3. PE Competition Awards
     4. Your Body and Nutrition Lessons
     5. Dental Health
     6. Jump rope for Heart
     7. Fun Day with outside activities
     8. Wellness and Health Screening
  5. NEWTON ELEM
     1. Run to Learn Program
     2. Fitness Testing
     3. Wellness and Health Screens
     4. School Garden
     5. National Milk Day
     6. NSLP Week Celebration
     7. NSBP Week Celebration – Photo Booth, etc.
     8. Jump Rope for Heart
  6. SOUTH DALE MIDDLE
     1. Physical Fitness Test
     2. Wellness and Health Screening
     3. NSBP Week Celebration
     4. Field Day

**FOOD & BEVERAGE STANDARDS MONITORING SUMMARY**

Most schools reported compliance with Smart Snack Standards. Discussions held to continue to encourage healthy choices for all foods available during the school day.

*The Dale County Board of Education School Wellness Committee encourages public input and participation in our committee. Please contact Denisa Clark at 334-774-2355 ext. 4 for information.*