



# WOODLAND/HANRAHAN HERALD

Volume 8, Issue 4  
November 2017

**Mark your  
calendars to  
SAVE the Dates...**

**November 6- 10**

-African American  
Book Fair (Woodland  
Library)

**November 7**

- PTO Meeting 6-7  
pm Woodland

**November 10**

- No School/Staff  
Development

**November 13-17**

-Science Assessment A  
(5th Grade)

**November 22-24 -**

No School  
Thanksgiving Holiday



**Principally  
SPEAKING...**

**(words from Mr. Wrisberg)**

We are looking forward to an abbreviated, but busy November. On the 7th, our PTO Meeting will be held in Woodland's cafeteria with refreshments. Our PTO Meeting will be in conjunction with the Hanrahan/Woodland Book Fair. Mrs. Weymouth, school librarian, has done a terrific job of ensuring a high quality, diverse assortment of books will be available.

I want to congratulate our students, parents and teachers for Hanrahan/Woodland

increasing our 90/90 attendance by three percentage points in the last month. We are very proud of all of you for your dedication to education.

As a reminder, there will not be school on Friday, November 10th. This is a staff development day. Also, school will not be in session on November 22- 24 for Thanksgiving Break.

I thank all of you for your on-going assistance and cooperation making our school such a special place.

## African American Book Fair



on the market today that highlight positive, self-reflective, images of African Americans and African American Culture. Take advantage of the wide selection of affordable books available to add to your child's home

We are excited to partner with EyeSee African American Children's Bookstore in providing the very best books available

library.

The book fair will be Monday, November 6, 2017 - Friday, November 10, 2017 in the

library at Woodland Elementary. PTO book fair night is Tuesday November 7, 2017



## Tips From The School Nurse—Help Keep Your Child Healthy and Flu Free

With flu season upon us, it is important to keep our children healthy. Children are two to three times more likely than adults to get sick with the flu, and on average, one in three children in the U.S. is affected by the virus each year.

Usually flu is spread from person to person through coughing and sneezing. Occasionally, people get the flu from touching a germ-infested surface. It is important to know the difference between cold and flu. Common symptoms of the flu include high fever, severe headache, muscle and body aches, chills, sore throat, exhaustion and dry cough. Children may also have nausea, vomiting and diarrhea. Often cold symptoms come on gradually and they include stuffy nose, sneezing, sore throat and hacking cough.

### SIMPLE STEPS FOR KEEPING YOUR CHILD HEALTHY:

☐ According to the Centers for Disease Control and Prevention (CDC), the best way to prevent

your child from getting the flu is to take him/her to get a flu vaccine.

☐ Talk to you child about practicing good health habits, such as:

☐ Washing hands frequently with soap and warm water for at least 20 seconds

☐ Covering mouth and nose when sneezing or coughing-preferably into the inside of the elbow or with a tissue and disposing of the tissue immediately into the trash

☐ Avoiding sharing drinks, water bottles, eating utensils and cell phones

☐ Avoiding touching their eyes, nose and mouth

☐ You can help prevent the flu from spreading at home by disinfecting frequently touched surfaces, toys and other commonly shared items.

☐ You can prevent spreading illness to others by keeping your sick children home from school

until they have been without fever for 24 hours. It is important for your sick child to get rest and drink plenty of fluids.

☐ Some children may benefit from an antiviral medication, which can be prescribed by a doctor to help lessen the number of days that a child is sick with the virus. To be effective, antiviral medication should be taken within 12-48 hours after the flu symptoms begin. A doctor may also prescribe the antiviral to prevent the child from getting the flu; if taken within the first 12-48 hours of exposure to the flu virus there is an 89 percent chance the medication will keep him/her from getting sick.

If you have any questions or would like additional information about preventing and treating the flu please contact Nurse Hopgood.

## Jennings School District's Community Resource Fair

Thursday, November 9th 1:00—3:00 PM  
6605 West Florissant, Jennings, MO 63136

Resource support Categories: Housing, Children's resources, Mental health/substance use, Financial/utility assistance information, Legal Assistance and veteran Services and more...



For more information contact: Dr. Macklin @ 314-378-7782

## The CHARACTERplus Word for the month is : "Peace"

- A state of tranquility or quite
- Freedom from disturbance



Peace brings harmony and balance to our lives and to the world. There would be peace in the world if everyone practiced being kind, thoughtful and peaceful with others each day. Each one of us can make a difference. The quality of peace allows us to value and appreciate others and ourselves in spite of our differences and encourages us to live joyfully in peace.

Quote of the month: "First keep peace with yourself, then you can also bring peace to others."

# Hanrahan's Student Government Report



The 2017 Student Government will be collecting personal needs items for the residents at St. John Neumann (across the parking lot from Hanrahan) for their community service project. The personal needs item drive will begin on Monday, November 6, 2017. Items that are needed are list:

**DEODORANT  
KLEENEX  
TOOTH BRUSH  
BODY WASH  
LOTION  
SHAMPOO/CONDITIONER  
TOOTH PASTE  
HAND SANITIZER  
TOILET PAPER  
MOUTHWASH**

**PAPER TOWELS  
DENTAL FLOSS  
Q-TIPS  
COTTON BALLS  
HYDROGEN PEROXIDE  
BAKING SODA  
SLIPPERS  
SOCKS  
KITCHEN UTENSILS  
KITCHEN TOWELS**

Please give what you can. Every single donation helps, and together we hope our combined donations will make a real difference for those in need.

We will be collecting items until Friday, December 15, 2017.

Student Government also runs a school store at Hanrahan on Tuesdays and Thursdays from 7:30 to 7:50 AM. The money raised from the school store goes toward the 6th grade celebrations.

Thank you for your help!  
Sincerely,  
6<sup>TH</sup> Grade Student Government

Article written by:  
Samirra Johnson-Petty



## 6TH GRADE IXL CHALLENGE

THE 6TH GRADE TEACHERS WOULD LIKE TO CONGRATULATE THE FOLLOWING STUDENTS FOR OUR 1ST ANNUAL IXL CHALLENGE: (6th grade student were challenged to spend at least 1hour on IXL over fall break and those with the most time would win)

1ST PLACE-BRUKLYNN ALLEN WITH 6 HOURS AND 36 MIN

2ND PLACE- MAKYAH SCARBROUGH WITH 6 HOURS AND 35 MIN

3RD PLACE-DESTYNI MARTIN WITH 6 HOURS AND 24 MIN

**WAY TO GO!!!!**

