

Counselor's Corner

Miss Martin, Starline Elementary
May 2021

Upcoming Events

- Parent Workshop
The Toolbox Curriculum
#4 Details on page 2

- Students Last Day
May 20th
Dismissal is 11:45 a.m.

Early Release is on
Wednesdays.

Reminders

The best way to contact me is via email:
Susan.Martin@lhusd.org
You can reach me by phone by calling the Starline Office at 928-505-1490 and asking for extension 3448.

Summer Break Doesn't Mean Learning Stops

Students need a break. Summer months provide that much needed time for play and relaxation. As your child starts to navigate their days through the summer, try to incorporate learning into fun activities. Encourage them to read books and write or draw in a journal. There are many youtube videos of children's books being read aloud. On page 4, I've included a list of books that address the Toolbox topics.

Start a night time routine that involves discussing feelings from the day along with any tools your child could have used or did use.





Workshop for Parents of Elementary Children Number Four

The LHUSD elementary counselors will be doing another presentation about the Toolbox Curriculum for parents to use to help children manage emotions.

This workshop will include the Apology and Forgiveness Tool, Patience Tool and the Courage Tool.

For everyone's convenience, the workshop will be recorded only, and not live.

You can view the recorded workshop starting Thursday, May 20th.

Go to starline.lhusd.org
Click on Our School > Counselor's Corner >
Toolbox Curriculum > Parent Workshop #4
Video

The 12 Tools

Tools for Learning • Tools for Life



Breathing Tool

I calm myself and check in.



Listening Tool

I listen with my ears, eyes, and heart.



Personal Space Tool

I have a right to my space. You have a right to yours.



Garbage Can Tool

I let the little things go.



Please & Thank You Tool

I treat others with kindness and appreciation.



Patience Tool

I am strong enough to wait.

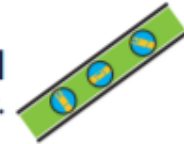
Quiet/Safe Place Tool

I remember my quiet/safe place.



Empathy Tool

I care for myself. I care for others.



Using Our Words Tool

I use the "right" words, in the "right" way, at the "right" time, for the "right" reason.



Taking Time Tool

I take time-in and time-away.



Apology & Forgiveness Tool

I admit my mistakes and work to forgive yours.



Courage Tool

I have the courage to do the "right" thing.



TOOLBOX PROJECT™
TOOLS FOR LEARNING • TOOLS FOR LIFE



K-6 Book Itemization

Tool-Lesson	Individual Book Titles	Grade	Grade	Grade
		Level	Level	Level
		K-1	2-3	4-6
Intro LessonB	How are you Peeling?	X		
Breathing	Each Breath A Smile	X		
Listen	Listen and Learn	X		
Empathy	Understand and Care	X		
Empathy	The Lion and the little Red Bird	X		
Personal space	The Napping House	X		
Using words	Words for Not for Hurting By	X		
Apology	Mathew and Tilly	X		
Patience	I Can't Wait	X		
Courage	Courage	X		
Please & Thank You	Time to say Please	X	X	
Garbage	Let's Be Enemies	X	X	
Personal Space	Personal Space Camp	X	X	
Intro LessonA	Tools	X	X	
Quiet/Safe Place	A Quiet Place	X	X	X
Taking Time	When Sophie Get's Really Angry	X	X	X
Intro LessonB	Today I Feel Silly		X	
Breathing	A Boy and A Bear		X	
Listening	The Listening Walk		X	
Empathy	Somebody Loves You Mr. Hatch		X	
Personal space	Five Minutes Peace		X	
Using words	One		X	
Apology	Sorry I forgot to Ask		X	
Patience	A Chair for My Mother		X	
Courage	Bravery Soup		X	
Intro LessonA	Secret of the Peaceful Warrrior			X
Breathing	Anh's Anger			X
Quiet/Safe Place	Tar Beach			X
Listening	The Other Way to Listen			X
Empathy	Thank You Mr. Falker			X
Personal space	Rosa			X
Using words	Martin's Big Words			X
Garbage	A Boy Called Slow			X
Taking Time	Everybody Needs A Rock			X
Please & Thank You	Beatrice's Goat			X
Apology	Sorry			X
Patience	Mieko and the Fifth Treasure			X
Courage	Teammates			X