

GIRLS CROSS COUNTRY **SEASON RECORDS**

State Champions

1988, 1989

Section Champions

Region Champions

1979, 1981, 1982, 1983, 1984, 1985, 1986, 1987, 1989, 1991, 1992, 1996,
2008, 2009, 2013, 2015, 2018, 2019, 2020

Year	Coach	Region Finish	Section Finish	State Finish
1979	Jerry Armon	1 st		8 th
1980	Jerry Armon	2 nd		8 th
1981	Ray Reynolds	1 st		3 rd
1982	Ray Reynolds	1 st		5 th
1983	Ray Reynolds	1 st		5 th
1984	Ray Reynolds	1 st		2 nd
1985	Ray Reynolds	1 st		2 nd
1986	Ray Reynolds	1 st		2 nd
1987	Ray Reynolds	1 st		5 th
1988	Ray Reynolds	3 rd		1 st
1989	Ray Reynolds	1 st		1 st
1990	Ray Reynolds	2 nd		8 th
1991	Ray Reynolds	1 st		4 th
1992	Ray Reynolds	1 st		5 th
1993	Ray Reynolds	3 rd		13 th
1994	Ray Reynolds	2 nd		13 th
1995	Ray Reynolds	4 th		13 th
1996	Ray Reynolds	1 st		14 th
1997	Ray Reynolds	2 nd		
1998	Duane Anderson	3 rd		16 th
1999	Duane Anderson	4 th		
2000	Duane Anderson	2 nd		
2001	Duane Anderson	2 nd		9 th
2002	Duane Anderson	3 rd		
2003	Duane Anderson	2 nd		10 th
2004	Duane Anderson	2 nd		12 th
2005	Duane Anderson	2 nd		14 th
2006	Erika Washington	3 rd		15 th
2007	Erika Washington	3 rd		14 th

2008	Erika Washington	1 st		12 th
2009	Erika Washington	1 st		11 th
2010	Erika Washington	2 nd	5 th	22 nd
2011	Erika Washington	2 nd	3 rd	14 th
2012	Erika Washington	3 rd	2 nd	18 th
2013	Erika Washington	1 st	2 nd	7 th
2014	Erika Washington	2 nd	4 th	24 th
2015	Erika Washington	1 st	7 th	27 th
2016	Erika Washington	3 rd	5 th	25 th
2017	Erika Washington	2 nd	11 th	
2018	Erika Washington	1 st	2 nd	17 th
2019	Erika Washington	1 st	3 rd	22 nd
2020	Erika Washington	1 st	3 rd	14 th

State Champions

Crista Matthews	1989
Crista Matthews	1990

State Medalists

(Top 7 Finishers at State Meet are All-State)

Val Ward	13 th	1981
Kim Weston	6 th	1983
Joy Hagarty	13 th	1983
Joy Hagarty	3 rd	1984
Melissa Rooney	4 th	1984
Melissa Rooney	5 th	1985
Kim Weston	6 th	1985
Melissa Rooney	6 th	1986
Kim Weston	8 th	1986
Jennifer Snell	10 th	1986
Crista Matthews	2 nd	1988
Kara Rooney	6 th	1988
Crista Matthews	1 st	1989
Kara Rooney	2 nd	1989
Monica Matthews	8 th	1989
Deanna Morgan	10 th	1989
Crista Matthews	1 st	1990
Jenny Munyan	4 th	1991
Crista Matthews	7 th	1991
Kim Dooley	5 th	1992
Lynsey Ryan	24 th	2008
Lynsey Ryan	27 th	2009
Katie Baker	21 st	2013
Katie Baker	20 th	2014

Adrianna Sloma 11th 2015

State Coach of the Year

Section Champions

Isabella Sloma 2019

All-Section

(Top 7 Finishers at Section Meet)

Lynsey Ryan	2 nd	2011
Marandah Bracamonte	3 rd	2013
Katie Baker	4 th	2013
Kassandra Nieblas	5 th	2013
Adrianna Sloma	4 th	2015
Dailynn Evans	7 th	2016
Isabella Sloma	1 st	2019

Section Coach of the Year

Region Champions

Polly Bartels	1979
Val Ward	1982
Kim Weston	1983
Joy Hagarty	1984
Melissa Rooney	1985
Melissa Rooney	1986
Crista Matthews	1989
Crista Matthews	1990
Crista Matthews	1991
Kim Dooley	1992
Ursula VonArx	1993
Katie Baker	2014
Adrianna Sloma	2015
Sydney Huffman	2018
Isabella Sloma	2019
Isabella Sloma	2020

All-Region

(Top 7 Finishers at Region Meet)

Polly Bartels	1 st	1979
Kris Denny	2 nd	1979
Nannette Aldridge	6 th	1979
Kris Denny	4 th	1980
Val Ward	3 rd	1981

Lori Sattler	4 th	1981
Joy Hagarty	7 th	1981
Val Ward	1 st	1982
Joy Hagarty	2 nd	1982
Wendy Gardner	6 th	1982
Kim Weston	1 st	1983
Joy Hagarty	3 rd	1983
Shawn Quigley	4 th	1983
Joy Hagarty	1 st	1984
Shawn Quigley	3 rd	1984
Melissa Rooney	4 th	1984
Melissa Rooney	1 st	1985
Kim Weston	2 nd	1985
Jennifer Snell	3 rd	1985
Stacy Johnson	7 th	1985
Melissa Rooney	1 st	1986
Kim Weston	3 rd	1986
Kara Rooney	4 th	1986
Jennifer Snell	6 th	1986
Mary Hertz	3 rd	1987
Crista Matthews	1 st	1989
Kara Rooney	3 rd	1989
Monica Matthews	4 th	1989
Carrie Oakie	5 th	1989
Monica Day	7 th	1989
Crista Matthews	1 st	1990
Carrie Oakie	4 th	1990
Crista Matthews	1 st	1991
Jenny Munyan	2 nd	1991
Mandy Graham	4 th	1991
Kim Dooley	1 st	1992
Nikki Rink	2 nd	1992
Ursula VonArx	3 rd	1992
Jennifer Sweeney	5 th	1992
Ursula VonArx	1 st	1993
Tricia Dooley	5 th	1993
Candi White	4 th	1994
Rachael Murillo	2 nd	1996
Christy Willard	6 th	1996
Rachael Murillo	5 th	1997
Katie Earlywine	4 th	1998
Katie Earlywine	7 th	1999
Katie Earlywine	7 th	2000
Meaghan Ryan	2 nd	2001

Brittney George	6 th	2001
Doris Minardi	4 th	2002
Brittney George	5 th	2002
Julia Hiller	3 rd	2003
Meaghan Ryan	5 th	2003
Brittney George	7 th	2003
Meaghan Ryan	3 rd	2004
Brittney George	4 th	2004
Nicole Morris	2 nd	2005
Lyndra Howie	3 rd	2005
Nicole Morris	3 rd	2006
Nicole Morris	4 th	2007
Lynsey Ryan	2 nd	2008
Nicole Morris	6 th	2008
Jeanette Campos	2 nd	2009
Lynsey Ryan	4 th	2009
Mykaela Smith	5 th	2009
Lynsey Ryan	2 nd	2010
Jeanette Campos	7 th	2010
Lynsey Ryan	3 rd	2011
Katie Baker	5 th	2011
Jeanette Campos	6 th	2011
Katie Baker	6 th	2012
Katie Baker	2 nd	2013
Kassandra Nieblas	3 rd	2013
Marandah Bracamonte	4 th	2013
Bailey Bagby	6 th	2013
Brittini Lopuszynski	7 th	2013
Katie Baker	1 st	2014
Kassandra Nieblas	3 rd	2014
Adrianna Sloma	1 st	2015
Lindsay Demyan	6 th	2015
Iiris Markkanen	7 th	2015
Sequoia Lundgren	4 th	2016
Leslie Castellanos	5 th	2016
Dailyynn Evans	2 nd	2017
Zoe Dondero	6 th	2017
Sydney Huffman	1 st	2018
Dailyynn Evans	3 rd	2018
Isabella Sloma	4 th	2018
Zoe Dondero	7 th	2018
Isabella Sloma	1 st	2019
Alyssa Musselman	2 nd	2019
Thelma Febakke	5 th	2019

Isabella Sloma	1 st	2020
Celeste Switzer	3 rd	2020
Lorena Hansen	4 th	2020

Region Coach of the Year

Ray Reynolds	1984
Ray Reynolds	1985
Ray Reynolds	1988
Ray Reynolds	1991
Erika Washington	2008
Erika Washington	2009
Erika Washington	2015
Erika Washington	2019
Erika Washington	2020