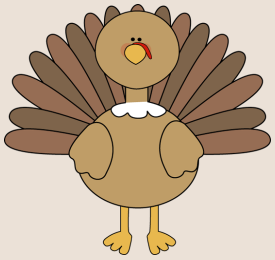
# November Family Play Groups

## Athens & Towanda



**DATE:** Friday, November 14, 2025

**TIME:** 10:00 am

**WHERE:** Towanda Playgroup Room

**ACTIVITY:** Bowling with Turkeys

**PARENT TRAINING:** Emergency First Aid, Exposure to Lead, Safe Sleep, & Health and Developmental Consequences of Tobacco Use

## Canton & Troy

**DATE:** Wednesday, November 19, 2025

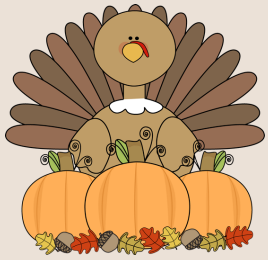
**TIME:** 1:00 pm

**WHERE:** Canton Playgroup Room

**ACTIVITY:** Hand Turkey

**PARENT TRAINING:** Emergency First Aid, Exposure to Lead, Safe Sleep, & Health and Developmental Consequences of Tobacco Use

## Elkland & Wellsboro



**DATE:** Friday, November 7, 2025

**TIME:** 10:00 am

**WHERE:** Wellsboro

**ACTIVITY:** Lacing Cards

**PARENT TRAINING:** Emergency First Aid, Exposure to Lead, Safe Sleep, & Health and Developmental Consequences of Tobacco Use

## SNACK

### INFANTS

0-7 months:

- 4-6 oz. formula or breast milk

8-11 months:

- 2-4 oz. formula, breast milk, or full strength fruit juice
- 0-½ bread or 0-2 crackers

### TODDLER & 3+ Child

- 1 Small Muffin
- 4 oz. Apple Juice