

**Lake Havasu Unified School District #1**  
**Activity/Athletic Participation 2020**  
**Parent Waiver, Release, and Assumption of Risk Form**

On behalf of myself, my household members and my minor child, \_\_\_\_\_, I hereby give permission for my child to participate in camps, clinics, conditioning, practices and contests. My child and I are familiar with, and knowingly and voluntarily accept, any and all risks associated with attending a school campus or any public venue I acknowledge that my child's participation in this program is wholly voluntary.

I certify that my child is in good health, has no fever, and has no current issues that make it unsafe for my child to participate, which may not have a medical professional on staff. I will notify the school and not send my child to participate if my child develops a fever or illness or tests positive for COVID-19. I acknowledge that my child and I are responsible for ensuring that he or she takes any necessary medication, and for avoiding any allergies. In the event of a medical emergency, 911 will be called, and I will be responsible for any and all costs of medical treatment.

I specifically assume all risks and hazards associated with my child's participation including, but not limited to, the risks associated with the novel COVID-19 virus. I understand that my child will be associating with staff and other children and may contract COVID-19, and other viruses and diseases, through my child's participation. Although the children and staff may be requested to complete a daily COVID 19 symptom self-assessment upon entering the facilities, that precaution is not nearly adequate to prevent the spread of COVID-19 given, among other things, the relatively long incubation period, and the fact that many infected persons are asymptomatic. I understand and voluntarily assume the risk that my child may acquire COVID-19, and that COVID-19 may subsequently be transmitted from my child to me, my family and members of my household.

While instruction and reasonable supervision will be provided, the staff cannot ensure my child's safety. Accidents and injuries happen, and it is impossible to eliminate the risk that my child will suffer an injury or illness. These accidents and injuries include, but are not limited to: physical contact with other individuals; contact with the ground, surfaces, fixtures, and equipment; strenuous exertions, quick movements, and changes of speed, which places stress on the cardiovascular, muscular, and skeletal systems. The specific injury risks vary from (1) minor injuries such as scratches, bruises, and sprains, to (2) major injuries such as eye injury or loss of sight, joint injuries, limb injuries, head injuries, back injuries, heart attacks, heat stroke and concussions to (3) catastrophic injuries including paralysis and death.

Due to Covid-19 hardships, the Arizona Interscholastic Association released the following guidelines on sports physicals. The 2019-2020 sports physical shall be accepted for the 2020-2021 school year if the following criteria are met over the time period since the athletes 2019-2020 sports physical.

- Athlete has a **2019-2020 AIA sports physical** on file with the school he/she is attending for 2020-2021.
- Athlete did not have any new injury or illness requiring outside medical evaluation or if injury did occur, was released for full athletic participation by a qualified medical professional.
- Athlete did not have a concussion
- Athlete did not receive a new medical diagnosis
- Athlete has not had COVID -19

An updated sports physical for 2020-2021 is necessary if any of the above criteria are not met.

If the athlete does not have a 2019-2020 sports physical form on file at the school he/she is attending for the 2020-2021 school year, the athlete will also need to complete a 2020-2021 sports physical.

2020-2021 Health History (15.7-A, page 3 - Provided) is to be completed and signed by the student and parent/guardian.

To the fullest extent permitted by law, I hereby agree to waive, release, and discharge any and all claims, causes of action, damages, and rights of any kind against the school, the school district, its insurers, the district's governing board, and all of their respective employees, agents, representatives, and volunteers (the "Released Parties") arising from or relating in any way to any damage, injury, trauma, illness, loss, unwanted contact, harassment, disability, dismemberment, or death that may occur to my child, me, or my household members—whatever the cause—due to my child's participation. This includes, without limitation, any claim arising from the negligence of the Released Parties.

I further agree not to sue the Released Parties, and to defend and indemnify the Released Parties for all claims, damages, losses, or expenses, including attorneys' fees, if a suit is filed concerning an injury, illness, or death to me, my child, or my household members resulting from participation.

**Parent/Guardian Name (Printed)** \_\_\_\_\_

**Parent/Guardian Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Athlete/ Student Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**\*Please indicate below if you are choosing to use the 2019-2020 physical\***

**Yes** \_\_\_\_\_

**No** \_\_\_\_\_

*(By choosing no, I understand that I must acquire a new 2020-2021 physical for my minor child using the AIA Physical Form)*

**Parent/Guardian Name (Printed)** \_\_\_\_\_

**Parent/Guardian Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Athlete/ Student Signature** \_\_\_\_\_ **Date** \_\_\_\_\_