

# 2016-2017 BCHS TIGER CAFÉ MENU

## BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Biscuit Sandwiches <b>OR</b> Pastry Choice Fruit	Biscuit & Gravy <b>OR</b> Breakfast Burrito <b>OR</b> Pastry Choice Fruit	Biscuit Sandwiches <b>OR</b> Pastry Choice Fruit	Biscuit & Gravy <b>OR</b> Breakfast Burrito <b>OR</b> Breakfast Pizza <b>OR</b> Pastry Choice Fruit	Biscuit Sandwiches <b>OR</b> Pastry Choice Fruit

Assorted Milk And Juice Will Be Offered Daily.

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### MAMA'S KITCHEN • WEEK ONE

Chicken Filet Mashed Potatoes Green Beans Carrots w/Dip Baked Apples Roll	Taco w/Chips Mexican Rice Refried Beans Salsa, Lettuce & Tomato Shredded Cheese Cup Broccoli w/Dip	Chicken Fajita Baked Beans Broccoli w/Cheese Glazed Carrots	Bar-B-Q on Bun Potato Wedges Corn Pickle & Onion Broccoli & Carrots w/Dip	Chicken <b>OR</b> Fish Basket Mashed Potatoes Baked Beans Carrots w/Dip Roll
--	---	--	---	---

### MAMA'S KITCHEN • WEEK TWO

Pork Choppette Mashed Potatoes Green Beans Baked Beans Carrots w/Dip Biscuit	Taco w/Chips Mexican Rice Refried Beans Salsa, Lettuce & Tomato Shredded Cheese Cup Broccoli w/Dip	Asian Chicken Asian Style Rice Broccoli w/Cheese Glazed Carrots Baked Beans	Hot Ham & Cheese w/Bun Potato Wedges Pasta Salad Baked Beans Lettuce & Tomato Broccoli & Carrots w/Dip	Chicken <b>OR</b> Fish Basket Mashed Potatoes Corn Pasta Salad Carrots w/Dip
---	---	---	---	---

### GRILL SHOP

Hamburger/Cheeseburger w/Bun <b>OR</b> Corn Dog French Fries Tomato, Pickle, Onion & Lettuce Carrots w/Dip	Hamburger/Cheeseburger w/Bun <b>OR</b> Spicy Chicken w/Bun Tater Tots Tomato, Pickle, Onion & Lettuce Broccoli & Carrots w/Dip	Hamburger/Cheeseburger w/Bun <b>OR</b> Hot Dog <b>OR</b> Chili Dog w/Bun French Fries Baked Beans Tomato, Pickle, Onion & Lettuce Carrots w/Dip	Hamburger/Cheeseburger w/Bun <b>OR</b> BBQ Rib w/Bun Potato Wedges Tomato, Pickle, Onion & Lettuce Broccoli & Carrots w/Dip	Hamburger/Cheeseburger w/Bun <b>OR</b> Chicken Basket w/Roll French Fries Tomato, Pickle, Onion & Lettuce Carrots w/Dip
---	---	---	--	--

### PIZZERIA

Personal Pan Pizza <b>OR</b> Chicken w/Roll Garden Salad w/Dressing Carrots w/Dip	Pepperoni Pizza Corn Garden Salad w/Dressing Broccoli & Carrots w/Dip	Bosco Sticks w/Sauce <b>OR</b> Chicken Alfredo w/WG Breadstick Baked Beans Garden Salad w/Dressing Carrots w/Dip	Pepperoni Pizza <b>OR</b> Calzones Corn Garden Salad w/Dressing Broccoli & Carrots w/Dip	Cheese Pizza <b>OR</b> Chicken Basket w/Roll Corn Garden Salad w/Dressing Carrots w/Dip
--	--	--	--	---

### SUB & SALAD

Boxed Entrée Salad Choice <b>OR</b> Nachos & Cheese <b>OR</b> Unrustable Garden Salad w/Dressing Carrots w/Dip	Boxed Entrée Salad Choice <b>OR</b> Deli Sandwich Choice Garden Salad w/Dressing Tomato, Pickle, Onion & Lettuce Broccoli & Carrots w/Dip	Boxed Entrée Salad Choice <b>OR</b> Burrito Mexican Rice, Queso Cheese Salsa, Black Beans Tomato, Onion & Lettuce Garden Salad w/Dressing	Boxed Entrée Salad Choice <b>OR</b> Deli Sandwich Choice Garden Salad w/Dressing Tomato, Pickle, Onion & Lettuce Broccoli & Carrots w/Dip	Boxed Entrée Salad Choice <b>OR</b> Nachos & Cheese <b>OR</b> Unrustable Garden Salad w/Dressing Baby Baker Potatoes Carrots w/Dip
--	---	--	---	---

Fruit Choices Are Offered With Each Meal Served.

From Fall Break to Spring Break, Tuesday's and Thursday's SUB & SALAD Line Will Offer Soup w/Grilled Cheese.

## LUNCH

A Variety Of Milk Choices Offered Daily.

AUGUST 2016		SEPTEMBER 2016		OCTOBER 2016		NOVEMBER 2016		DECEMBER 2016		JANUARY 2017		FEBRUARY 2017		MARCH 2017		APRIL 2017		MAY 2017							
M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	
				5																					
8	9	10	11	12	5	6	7	8	9	10	11	12	13	14	7	8	9	10	11	12	13	14	15	16	17
15	16	17	18	19	12	13	14	15	16	17	18	19	20	21	14	15	16	17	18	19	20	21	22	23	24
22	23	24	25	26	19	20	21	22	23	24	25	26	27	28	21	22	23	24	25	26	27	28	29	30	31
29	30	31			26	27	28	29	30	31					26	27	28	29	30	31					

Calendar Legend	
Week 1	■
Week 2	■
No School	□

# SCHOOL

Breakfast and Lunch

# FREE MENU

**FREE**  
Breakfast and Lunch  
All student meals are FREE  
in the Breckinridge  
County School System

### ALA CARTE PRICES

Meat or meat substitute (hamburger, pizza or grilled cheese) ..... \$1.50  
 Milk ..... \$0.60  
 Vegetable/Fruit ..... \$0.65  
 Fries/Baked Potato ..... \$1.25  
 Cup of Soup ..... \$1.10  
 Bowl of Soup ..... \$1.35  
 Yogurt ..... \$0.45  
 Roll ..... \$0.70  
 Salad ..... \$1.30  
 Breakfast Meat/Biscuit ..... \$1.25  
 Breakfast Pastry ..... \$1.25  
 Extra Salad Topping/Dressing ..... \$0.35  
 Large Powerade ..... \$1.00  
 Small Plain Water ..... \$0.60  
 Large Plain Water ..... \$1.00  
 Flavored Water ..... \$1.00  
 Fruit Drinks ..... \$1.35  
 Small Chips ..... \$0.75  
 Small Ice Cream Novelty ..... \$0.75

Note: All chips are baked and have 7% or less fat grams.  
 All the Cream is Low Fat/Low Calorie.

Menu subject to change without notice due to food availability

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866)632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339 or (800)845-6135 (Spanish). USDA is an equal opportunity provider and employer.