



New Milford  
Public Schools  
50 East Street  
New Milford, CT 06776



**New Milford High School**  
Mr. Greg Shugrue, Principal

Mrs. Elizabeth Curtis,  
Ass't. Principal

Mrs. Susan Greene,  
Ass't. Principal

Mrs. Donna Luzi,



**Schaghticoke Middle School**  
Mrs. Dana Ford, Principal

Mr. Gerald Robinson  
Ass't. Principal



**Sarah Noble School**  
Dr. Len Tomasello, Principal

Mrs. Anne Bilko,  
Admin. Intern

Mrs. Kristine Golden  
Ass't. Principal

Mr. Don Naiman,  
Ass't. Principal



**Hill & Plain Elementary**  
Dr. Sandra Nadeau, Principal

Ms. Marcy Sterlis,  
Ass't. Principal



**John Pettibone Elementary**  
Mrs. Paula Kelleher, Principal

Ms. Marcy Sterlis,  
Ass't. Principal



**Northville Elementary**  
Mrs. Susan Murray, Principal  
Mrs. Joan Kick, Ass't. Principal

# Spotlight on New Milford Schools

Volume 2, Issue 1

September 2011

## Back to School

After enjoying an extra few days of summer vacation, courtesy of Tropical Storm Irene, students in New Milford returned to the 2011-2012 school year on Wednesday, August 31st.



## Fingerprinting Dates

Planning to volunteer or chaperone a field trip? Not yet been fingerprinted? Call your child's school to sign up and then wait for a call from your child's teacher directing you to call HR to make an appointment on one of the following dates:

September 27, 28

October 5, 6, 25, 27

November 1, 2, 9, 15, 16, 29, 30  
(More dates will become available.)

Times are 3:30 - 6:00 p.m.

Report to the Human Resources office in the Lillis Administration Building, 50 East Street.

**If you have already been fingerprinted, and have volunteered at least one day during the previous school year, then you DO NOT need to be fingerprinted again.**

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# School Directory Information



## New Milford High School

388 Danbury Road  
New Milford, CT 06776  
Phone: 860-350-6647  
Fax: 860-210-2256  
Principal, Greg Shugrue  
School Hours: 7:40 a.m.-2:10 p.m.  
Late Opening: 9:40 a.m.  
Early Dismissal: 12:00 p.m.  
Weather Dismissal: 12:00 p.m.

## Hill and Plain Elementary

60 Old Town Park Road  
New Milford, CT 06776  
Phone: 860-354-5430  
Fax: 860-355-3568  
Principal, Dr. Sandra Nadeau  
School Hours: 8:55 a.m.-3:10 p.m.  
Late Opening: 10:55 a.m.  
Early Dismissal: 1:00 p.m.  
Weather Dismissal: 1:00 p.m.

## Schaghticoke Middle School

23 Hipp Road  
New Milford, CT 06776  
Phone: 860-354-2204  
Fax: 860-210-2216  
Principal, Dana Ford  
School Hours: 7:40 a.m. -2:10 p.m.  
Late Opening: 9:40 a.m.  
Early Dismissal: 12:00 p.m.  
Weather Dismissal: 12:00 p.m.

## John Pettibone Elementary

2 Pickett District Road  
New Milford, CT 06776  
Phone: 860-354-3218  
Fax: 860-355-8264  
Principal, Paula Kelleher  
School Hours: 8:55 a.m.-3:10 p.m.  
Late Opening: 10:55 a.m.  
Early Dismissal: 1:00 p.m.  
Weather Dismissal: 1:00 p.m.

## Sarah Noble Intermediate School

25 Sunny Valley Road  
New Milford, CT 06776  
Phone: 860-210-4020  
Fax: 860-210-4030  
Principal, Len Tomasello  
School Hours: 8:55 a.m.-3:10 p.m.  
Late Opening: 10:55 a.m.  
Early Dismissal: 1:00 p.m.  
Weather Dismissal: 1:00 p.m.

## Northville Elementary

22 Hipp Road  
New Milford, CT 06776  
Phone: 860-355-3713  
Fax: 860-350-4234  
Principal, Susan Murray  
School Hours: 8:55 a.m.-3:10 p.m.  
Late Opening: 10:55 a.m.  
Early Dismissal: 1:00 p.m.  
Weather Dismissal: 1:00 p.m.

## District Administration Office

50 East Street  
New Milford, CT 06776  
Phone: 860-355-8406  
Fax: 860-210-4132  
Superintendent, Dr. JeanAnn Paddyfote

## New School Immunization Entry Requirements as of August 1, 2011

Vaccine	Grade	# of Doses
Pneumococcal	Pre-K and K (born 1/1/2007 or later and less than 5 years old)	1 dose on or after 1st birthday
Hepatitis A	Pre-K and K (born 1/1/2007 or later)	2 doses given six months apart-1st dose on or after 1st birthday
Influenza	Pre-K (children age 24-59 months) given annually between August 1st and December 31st each year.	1 dose—(2 doses for those receiving flu vaccine for 1st time)
MMR	K-12	2 doses given at least 28 days apart- 1st dose on or after 1st birthday
Varicella	Pre-K	1 dose on or after 1st birthday
Varicella	K and 7th grade entry	2 doses given 3 months apart-1st dose on or after 1st birthday
Tdap	7th grade entry	1 dose
Meningococcal	7th grade entry	1 dose

New Milford Public Schools has several new additions to its staff this year. In addition to offering a heartfelt welcome to each new staff member, we would also like to help you get to know the individuals better. The following questions were asked of each staff member and their responses follow.

1. Where did you complete your undergrad and/or graduate degrees?
2. What experience do you bring to the classroom?
3. Why are you looking forward to teaching at New Milford?
4. What did you do on your summer vacation?

**Look for more new staff in the October newsletter!**

### **New Milford High School**



#### **Mrs. Araceli Acosta, Spanish**

I completed my undergraduate work at San Jose State University in California.

I have been a Spanish teacher for 17 years and I bring motivation for learning the language as well as a love for its culture.

I am looking forward to teaching at New Milford High in order to work with its wonderful students and staff.

It was a relaxing summer for me. I spent time with my husband and my family from California came to visit.

#### **Ms. Emily Bosson, English**

I completed my undergrad degree at Fairfield University.

I come from an interesting background in both urban and suburban school systems that have given me a universal approach in the classroom. I studied in a variety of different public schools in Bridgeport, CT as well as spent time at Brien McMahon in Norwalk, CT. Most recently, I worked at Joel Barlow High School in Redding, CT. I apply different learning strategies in the class with an understanding that each student is different, and variety isn't an option, but a necessity.

I wanted to teach at New Milford because of the kids! Every time I tell someone I am teaching in New Milford, the unanimous response is, "Oh, the kids there are great." So far they are living up to their reputation. The students here are so involved, so interested, so invested in their learning. It's a wonderful opportunity to work with students who are so proactive in the classroom. It allows for a much richer learning experience!

Over the summer, my older sister got married in Bar Harbor, ME. I was her maid of honor, so my whole summer was "wedding wedding wedding." I also got a chance to sneak away and go to Martha's Vineyard and the Jersey Shore.



**NEW  
FACES**

### **Mrs. Elizabeth Curtis, Assistant Principal**



I received my undergrad degree St. Michael's College and my graduate degree at WSCU. I received my Administration Certificate at Sacred Heart University.

Prior to my administration work, I had been a classroom teacher, a library media specialist, and an assistant principal before coming to the HS.

I am looking forward to the positive impact the new block schedule will have on teachers and students.

My family and I relaxed in Maine.

### **Mrs. Claudia DeMoura, Spanish**

I received my degree from Western Connecticut State University.

I bring four years of experience from Wolcott High School where I specialized in classroom management, creating technology-based lessons, using authentic and hands-on materials, and bringing multicultural awareness to the classroom.

As a new resident of New Milford I am very happy and proud to be teaching the future generation of my town. New Milford High provides a positive learning setting and I am excited to contribute and be part of this learning environment.

I moved into a new home in New Milford and spent lots of time with my 14 month old son at the beach, parks, and pretty much doing as many outdoor activities as we possibly could.



### **Mrs. Megan Dey, Social Studies**



I received my B.A. from New England College in Henniker, NH and my M.Ed. from Keene State College in Keene, NH.

I previously taught history and psychology at Fairfield Warde High School in Fairfield, CT. I also taught history and English as a foreign language at the International University in Vienna, Austria.

I'm excited to see what the "Green Wave" is all about!

My husband and I bought our first house, so summer vacation was filled with many house projects. I also worked at a summer program with three to seven year olds.

### **Mr. Daniel Marcoux, Social Studies**

I was an undergraduate at the University of Connecticut at Storrs and majored in economics and history. I completed my graduate studies at UConn, Waterbury and received a master's in curriculum and instruction.

This is my second year teaching. I worked at Pomperaug High School in Southbury last year and I am excited for a new year in a new community.

I am looking forward to the opportunity to enrich the students and staff at NMHS. I can't wait to learn from my colleagues and I am also looking forward to interacting and learning from the students.

Summer was too short! I had an opportunity to travel the East Coast and I visited Boston, Philadelphia, Washington D.C., Nantucket, and spent a week in Cape Cod.





### **Mrs. Kristie O'Neill, Business**



I received my undergraduate degree from SCSU with a BS in elementary education and a BA in psychology. I then received my MBA from WCSU.

I am returning to NMHS after taking 2 years off to be with my children. I previously taught business law, marketing, keyboarding and BCA at NMHS.

I am looking forward to returning to NMHS because I know firsthand what a wonderful school it is with amazing teachers and students.

Most of my summer vacation was spent with my 3 children at the beach and we also took a few family vacations to Disney World, NJ and NC.

### **Ms. Shannon Proehl, English**

I completed my undergrad and graduate degrees at Bowling Green State University in northwest Ohio.

I taught high school for two years in Ohio, and I also taught college composition courses while completing my master's degree.

Everyone I've met at New Milford has been welcoming and extremely helpful, and I'm looking forward to becoming part of such a great team.

Over the summer I spent as much time with family and friends as possible. Then in early August I moved from Ohio to Connecticut.



### **Mrs. Carol Smeriglio, Paraeducator**



I received my undergraduate degree from St. Lawrence University.

I have worked as a substitute paraeducator and teacher in the New Milford School System over the past two years.

I am looking forward to interacting with the students and helping them reach their full potential.

During the summer I spent a lot of time at the pool with my 11 year old daughter, read a few good books and relaxed.

## **Schaghticoke**

### **Ms. Michelle Boudreau, Special Education**

I received a Bachelor of Music from the University of Hartford/Hartt School and a Master of Arts in Music Therapy from New York University.

I bring 20+ years of teaching in special education and music from both public and private schools, as well as eight years of school administrative experience. Additionally, I have experience as a music therapist and adjunct college professor in special education.

I look forward to working at Schaghticoke Middle School and New Milford Public Schools! I am excited about this new opportunity!

During the summer I sold my home in Massachusetts in July and moved to Belgrade Lakes, Maine for a month! I then moved to Connecticut!



## Sarah Noble Intermediate School

### Mrs. Anne Bilko, Administrative Intern



I've had the privilege of teaching 5<sup>th</sup> grade at SNIS for the past 10 years. This year I have the opportunity to be an administrative intern at SNIS. I have a master's degree in educational technology from Eastern Connecticut State University and a sixth year degree in educational leadership and administration from Sacred Heart University. I am very excited and looking forward to supporting our students, staff, and administrators in this new capacity.

### Ms. Tracy Birkins, Grade 4

I graduated from Western Connecticut State University in 2009.

I have been working in the fourth grade at Sarah Noble Intermediate School for the past two years. I began my experience here as a substitute teacher/paraeducator. In March 2010, I worked until the end of the year as Katie Ciparelli's long term substitute in fourth grade. Last year, I filled in for Beth Arnauckas in the fourth grade for the entire year. Further, my student teaching was completed in the third grade at Northville Elementary School.

I am very familiar with New Milford's curriculum and absolutely love the staff that works here. Everybody is so friendly and supportive, which is vital for a positive learning community. Also, I began my experience as a teacher in New Milford and am looking forward to broadening my experiences here in the district.

I went to Disney World in Florida with my family which was so much fun! I had not been since I was little, and it was great to feel like a kid again. I also went hiking and canoeing in Maine, went running almost every day, and spent a lot of time relaxing with my friends.



### Ms. Elisse Duque, Grade 5



I bring a love of reading to the classroom—it's truly my passion! I also have a caring attitude and a real joy for students!

I am looking forward to teaching at New Milford. I heard the students are great and the staff is excellent.

During my summer vacation I traveled to Portugal and Chicago.

**Mrs. Robyn Kelleher, Grade 4**

I completed my undergrad degree at Fairfield University and my graduate degree at Sacred Heart University.

My experience includes teaching second grade in Fairfield, CT and fifth and sixth grade in Brookfield, CT.

Fourth grade is a new and exciting year for students and I'm thrilled to be a part of it. I'm really looking forward to working with students and staff from such a supportive district.

During the summer I enjoyed reading and spending lots of time on the lake with my family and friends.

**Ms. Monica Miller, Grade 6 Math**

I received my undergrad degree from Southern Connecticut State University and my graduate degree is in progress at Sacred Heart University

I grew up in this town and I am excited to start my teaching career here. I worked as a math tutor last year at Sarah Noble and it was a great experience. I look forward to being part of a team and providing students with a positive math foundation.

I was a nanny for the summer. I also traveled to Rhode Island to enjoy the beach.

**Ms. Tracy Olmsted, Grade 6 Social Studies**

I have a B.A. in political science from the College of Charleston and a M.S. in education from the University of Bridgeport.

My experience includes a graduate internship, student teaching, two years substitute teaching in all academic areas, a Connecticut Debate Association volunteer judge, and a literacy initiative faculty advisor.

New Milford offers a diverse student population, a commitment to literacy and fantastic administration and staff. I look forward to teaching sixth grade social studies at SNIS.

This summer I vacationed in New Hampshire and North Carolina with my family and friends. I read several books, watched movies, rested, and geared up for an exciting school year!

**Mr. Timothy Polhemus, Music**

I graduated from Plymouth State University in Plymouth, NH.

Besides student teaching in Manchester and Concord, NH I spent two years as a substitute teacher for the Concord School District.

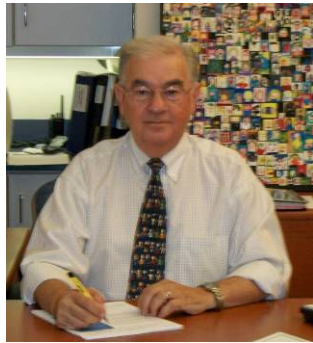
Because I grew up in New Milford I always wanted to come back and share my passion for music the way my teachers did for me.

On my summer vacation I went on a two week choral tour of Ireland with the Manchester (NH) Choral Society. I spent a week at the beach with my best friend and his family, and worked at a week long camp for the Vermont Youth Symphony Orchestra.



### **Dr. Leonard Tomasello, Principal**

I did my undergraduate work at Central Connecticut State College. My master's degree was completed at the University of Hartford. My doctorate was earned at Nova University in Ft. Lauderdale, FL.



As an interim school leader at SNIS, I bring 46 years of experience as a teacher and administrator. After returning to Connecticut from Florida, I served as a school principal for 17 years in New Canaan, followed by seven years in Weston. I then "retired", moved to New Milford, and have been doing interim work since then!

I am thrilled to be contributing to the good work the staff has done at SNIS. Despite the "unusual" start to the school year, I think it's going to be a positive, productive year for all of our students and staff.

This summer I worked at school but did manage to find a week to vacation with my family, which includes 7 grandkids, at Cape Cod.

### **Hill and Plain Elementary**

#### **Ms. Kate DeBarber, Grade 1**

I completed my undergraduate degree at Central Connecticut State University.



I have been a reading tutor at Hill and Plain for the last two years. I student taught in a first grade classroom in Naugatuck and I bring a wealth of creativity and enthusiasm!

I am looking forward to teaching in New Milford because I have had such a wonderful experience working at Hill and Plain School and I am excited to continue my professional career in such a caring and supportive community.

On my summer vacation I took a trip to Dog Mountain in Vermont with my Chihuahua, Elizabeth. We went to a dog party! I also spent numerous hours working on my new classroom.

#### **Ms. Danielle Iosa, Kindergarten**

I graduated with a B.A. in psychology from Central Connecticut State University and with a master's in elementary education from the University of Bridgeport.

I bring many new ideas about working with technology into the classroom. I love working with the SMART board and I find that all my students do better when they can visually see something and get to interact with the SMART board.

I've had many friends who grew up in New Milford and constantly talk about the school system and how wonderful it is. When I was hired at Hill and Plain, the entire staff welcomed me with open arms. This made me feel so comfortable. I am excited to be working with such a wonderful and caring staff.

During the summer, my friends and I drove out to Ohio to see the Country Music Fest. We camped out for an entire week there. I also went to Indiana to see my best friend get married.





**Mrs. Dawn Delpha, Grade 2**

I completed my undergrad degree at Trinity College and my graduate degree at Fairfield University.

I previously taught first grade for 11 years at NES and JPS.

I look forward to teaching in a town that has always been very special to me. Teaching and learning from the wonderful children in this community as well as working with the amazing, supportive staff is something I feel very fortunate to have the opportunity to do!

I enjoyed time with my family and friends in the Adirondack Mountains this summer. I spent a lot of time hiking, taking photos, reading and just relaxing at the beach.



**Ms. Jo Gallagher, Reading**



I earned my undergrad degree in early childhood education at Southern CT State University and my graduate degrees in language, reading and culture at the University of Arizona in Tucson and another in administration and educational leadership at Southern Connecticut State.

I bring a wide range of teaching experience as both an educator and parent of two school age children. I taught kindergarten, first grade, and third grade before becoming a language arts coordinator.

I grew up in Brookfield and New Milford has been a place I love and visited often. I feel lucky for the opportunity to be here.

My children and I for the most part had a “stay-cation.” We hiked in Macedonia Brook Park and swam in Lake Waramug. My summer was wonderful!

**Mrs. Gretchen Rondini, Kindergarten**

I received a degree in psychology and early childhood education from Salve Regina University before completing my master's degree in reading from Western Connecticut State University.

I have been the director of the preschool program at a private school in Middletown, CT, worked in EXCEL, and taught second grade at John Pettibone School for 6 years.

I am excited to be teaching kindergarten this year, especially with all the wonderful people at JPS. Everyone in the district has been so helpful and I look forward to learning from all of them.

Over my summer vacation I enjoyed traveling and spending time with my family and friends.



**Northville Elementary**

**Mrs. Gayle Bouzakis, Kindergarten**

I have my undergraduate and master's degree in elementary education from Western CT State University.



I taught first grade at Hill and Plain school for almost six years before staying home to raise my three children. I came back to Northville Elementary School last year as a reading tutor for kindergarten and first grade.

I am very happy to be teaching in New Milford again! The staff and students are simply the best. I'm looking forward to the excitement and wonder of a new school year and meeting my new kindergarten class!

On our summer vacation my family and I spent a week in Fenwick Island, Delaware enjoying the beach! We also went to Six Flags, spent time at many pools and cheered on our favorite team, the Red Sox!

### **Ms. Jenna Giudice, Grade 3**



I received my degree from Western Connecticut State University.

In addition to student teaching at Northville Elementary, I have been a second grade long-term substitute as well as a second grade tutor.

I look forward to working at New Milford Public Schools. I believe it's a great district and my goal is to promote life long learning in my students.

During the summer I took a trip to Bermuda with friends as well as worked as a tutor.

### **Mrs. Maura Jabbonsky, Paraeducator**

I graduated from St. Joseph's College with a B.A. in human relations.

Over the last several years, I have worked as a substitute teacher, teacher clerk and substitute paraeducator for the district.

I look forward to being a member of the educational team at NES and assisting them in their continued efforts to maintain a positive learning environment.

This summer I spent time with family and friends on the beautiful beaches of Long Island and Martha's Vineyard.



### **Ms. Megan Lago, Grade 3**

I completed my undergrad work at Western CT State University and student taught with Marlana Sprindis in first grade at Northville Elementary School.



I was a reading tutor for two years, prior to obtaining a job as a third grade teacher, at Northville. During those two years I worked closely with reading specialists while intervening with children who fell below benchmark in the reading area. During those years I learned a variety of ways to "teach" reading. I also observed dozens of children and had to tailor my instruction to each child. I think the past two years have taught me to be organized and how to differentiate and track my instruction to best fit my students. I am excited to bring this into my classroom.

I am looking forward to teaching in New Milford because of the amazing support network. I never realized how much support I had from both colleagues and parents. It is quite humbling.

I spent my summer going to the beach, taking day trips with my children, and relaxing with friends and family.

### **Ms. Danielle Spencer, Special Education**

I completed my undergraduate degree at the University of Hartford with a concentration in both elementary and special education.

I bring my experiences working with a vast amount of students of varying age levels to the classroom. I have been in every setting from kindergarten to high school. Previously I taught kindergarten in an integrated classroom in New York.

I am looking forward to working with the wonderful staff at my school as well as the parents of my students. I am excited to teach in the community close to my home in Danbury.



On my summer vacation I took my two Golden Retrievers, Abbey and Logan, to the park. I enjoyed going to the beach as well as spending time my friend's boat on Candlewood Lake. I also had the opportunity to read some of the books I've had on my reading list!

### **Mrs. Betsey Thibodeau, Nurse**



I received my degree from Western Connecticut State University.

In addition to working in various public health nursing positions, I served as a high school nurse for five years. I still occasionally work at the New Milford Hospital birthing center.

I am looking forward to working with children of various age groups.

During the summer I spent some time in Myrtle Beach visiting my daughter and grandson celebrating his high school graduation.

### **District-wide**

### **Mrs. Jill Bracksieck, Mathematics Coach**

I completed my undergraduate degree at UCONN and my graduate degree at SCSU.

I taught second and fourth grade in Milford CT. I love math, science and technology. I taught science programs to middle-school students at the Discovery Museum in Bridgeport, CT. On hiatus from the classroom for the last few years, I taught part-time at Quinnipiac University as a student teacher supervisor.

I feel honored to have the opportunity to work with so many talented, dedicated teachers and administrators, and also with New Milford's K-6 students. Teaching is my passion and I am excited to get started.

I took a 2,394 mile road trip with my husband and two children! We saw the Lincoln Memorial and the Smithsonian in D.C., camped in the beautiful mountains of West Virginia, took batting practice at the Louisville Slugger Museum in Louisville, KY and explored Mammoth Cave in southern Kentucky.



### **Mrs. Melissa Khalatbari, K-6 Health**

I graduated from WCSU in 2008 with a B.S. in health education (PreK-12). In addition, I am currently attending graduate courses toward a M.S. in school counseling at WCSU.

As a former health teacher for students in grades 4-8 in Bethel, CT., I had the unique experience of engaging students in a comprehensive health curriculum at both the primary and secondary levels. What I bring to New Milford is an approach to health promotion and disease prevention that is based on partnership and collaboration among students, teachers, administrators, parents/guardians and the community at-large.



I am very excited to be the new health teacher for New Milford's three elementary schools and Sarah Noble Intermediate School. New Milford is a wonderful town with terrific school system and I can't wait to meet everyone!

This summer, I had many wonderful experiences while traveling to Istanbul, Turkey and Los Cobos, Mexico. I also enjoyed visiting several gardens, parks and preserves in Connecticut and New York.

### **Mrs. Kathleen Sanders, Food & Nutrition Secretary**

I was a substitute teacher for 9 years in the New Milford School District before accepting the job as secretary for the Nutrition and Food Services Department. I have a bachelor's degree in accounting and traveled to Amsterdam this summer.



## New Milford Schools Calendar

### September

September 19—**SNIS** Curriculum Night—6th grade and Group 2 of 5th grade  
**Town wide PTO** meeting—7:00 p.m., NMHS  
 September 20—**Board of Education** Policy Committee-6:30 p.m., Lillis Bldg., Room 2  
**Board of Education** Comm. on Learning-7:30 p.m., Lillis Bldg., Room 2  
**JPS** Welcome Back Event—6:15-8:00 p.m.  
 September 21—**JPS** (6:00-8:15 p.m.) & **NES** (6:30-8) Curriculum Night  
 September 28—Elementary Early Dismissal  
**SMS** Picture Day  
 September 29—**No School** (Rosh Hashanah)

### October

October 3—**H&P PTO**—7:00 p.m.  
 October 4—**JPS** PTO—9:00 a.m.  
**Board of Education** Facilities Committee-6:30 p.m., Lillis Bldg., Room 2  
**Board of Education** Operations Committee-7:30 p.m., Lillis Bldg., Room 2  
 October 5—**JPS** Picture Day  
 October 6—**NES** PTO Meeting—9:00 a.m.  
 October 7—**Coffee and Conversation with the Superintendent**-10:30 a.m., Railroad Station  
 October 10—**No School** (Columbus Day)  
 October 11—**Board of Education** Meeting-7:30 p.m., Sarah Noble Library  
 October 12—**H&P** Picture Day  
**SNIS** PTO 9:00 a.m.  
**NMHS** Senior Parent Night—7:00-8:00 p.m.  
 October 13—**SNIS** Picture Day  
 PTO “**Meet the Candidate**” forum—7:00 p.m.  
 October 14—**NMHS** Senior Parent Coffee—8:00—9:00 a.m.  
 October 17—**SMS** PTO Coffee with Principal—9:00 a.m.  
**Town wide PTO** meeting—7:00 p.m., SMS  
 October 18—**Board of Education** Policy Committee-6:30 p.m., Lillis Bldg., Room 2  
**Board of Education** Comm. On Learning-7:30 p.m., Lillis Bldg., Room 2  
 October 19—**NMHS/SMS** Early Dismissal  
**SNIS** 6th grade panoramic photo  
 October 20—**NES** Coffee with Mrs. Murray—9:30-10:30 a.m.  
 October 21—**JPS** Hallowfest Family Fun Night 6:00-8:00 p.m.  
 October 23-28—**NMHS** Spirit Week  
 October 24—**NMHS** National Honor Society Induction  
 October 26—**NMHS/SMS** Early Dismissal  
**NMHS** Photo re-takes  
 October 28—**NMHS** Pep Rally  
**H&P** Book Character Parade-2:15 p.m.  
**NES** Halloween “Spooktacular” Dance 6:30-8:00 p.m.  
 October 29—**NMHS** Homecoming Dance—7:00-10:00 p.m.  
 October 31—**SMS** Parent Conferences/Early Dismissal  
**JPS** Halloween Parade 2:30-3:00 p.m.



# ATHLETICS

## Cross Country

Tue., 9/14	Pomperaug	Home	4:30 p.m.
Tue., 9/21	Bethel	Home	4:30 p.m.

## Field Hockey - Freshman

Thu., 9/15	Masuk	Home	4:30 p.m.
Thu., 9/22	New Fairfield	Home	4:30 p.m.
Sat., 10/1	Bethel	Home	9:00 a.m.
Thu., 10/6	Weston	Home	4:30 p.m.
Wed., 10/19	Pomperaug	Home	4:30 p.m.
Tue., 10/25	Joel Barlow	Home	4:30 p.m.

## Field Hockey - JV

Tue., 9/20	Bethel	Home	5:15 p.m.
Mon., 9/26	Brookfield	Home	5:15 p.m.
Wed., 9/28	New Fairfield	Home	5:15 p.m.
Fri., 10/7	Pomperaug	Home	5:15 p.m.
Fri., 10/14	Immaculate	Home	5:15 p.m.
Tue., 10/18	Weston	Home	5:30 p.m.
Mon., 10/24	Newtown	Home	5:15 p.m.

## Field Hockey - Varsity

Tue., 9/20	Bethel	Home	3:45 p.m.
Mon., 9/26	Brookfield	Home	3:45 p.m.
Wed., 9/28	New Fairfield	Home	3:45 p.m.
Fri., 10/7	Pomperaug	Home	3:45 p.m.
Fri., 10/14	Immaculate	Home	3:45 p.m.
Tue., 10/18	Weston	Home	4:00 p.m.
Mon., 10/24	Newtown	Home	3:45 p.m.

## Football - Freshman

Thu., 9/22	Bunnell	Home	4:00 p.m.
Thu., 10/6	Stratford	Home	4:00 p.m.
Thu., 10/13	Newtown	Home	4:00 p.m.
Thu., 10/27	Masuk	Home	4:00 p.m.
Thu., 11/10	Brookfield	Home	3:15 p.m.

## Football - JV

Sat., 9/24	Bunnell	Home	10:00 a.m.
Mon., 10/10	Stratford	Home	10:00 a.m.
Sat., 10/15	Newtown	Home	3:00 p.m.
Mon., 10/24	Masuk	Home	4:00 p.m.
Sat., 11/12	Brookfield	Home	10:00 a.m.

## Football - Varsity

Fri., 9/16	Bethel	Home	7:00 p.m.
Fri., 9/30	Joel Barlow	Home	7:00 p.m.
Fri., 10/28	Masuk	Home	7:00 p.m.
Fri., 11/4	Stratford	Home	7:00 p.m.
Thu., 11/24	New Fairfield	Home	10:00 a.m.

## Boys Soccer - JV

Thu., 9/15	Newtown	Home	4:00 p.m.
Mon., 9/19	Immaculate	Home	3:45 p.m.
Sat., 9/24	Newtown	Home	11:00 a.m.
Sat., 10/1	Stratford	Home	4:00 p.m.
Thu., 10/6	Masuk	Home	3:45 p.m.
Sat., 10/15	Weston	Home	1:00 p.m.
Mon., 10/17	Joel Barlow	Home	3:45 p.m.
Sat., 10/22	Torrington	Home	1:00 p.m.
Mon., 10/24	Bunnell	Home	4:00 p.m.

## Boys Soccer - Varsity

Tue., 9/13	Kolbe Cathedral	Home	4:00 p.m.
Mon., 9/19	Immaculate	Home	6:00 p.m.
Sat., 10/1	Stratford	Home	4:00 p.m.
Thu., 10/6	Masuk	Home	6:00 p.m.
Sat., 10/15	Weston	Home	4:00 p.m.
Mon., 10/17	Joel Barlow	Home	6:00 p.m.
Mon., 10/24	Bunnell	Home	6:00 p.m.

## Girls Soccer - JV

Thu., 9/22	Brookfield	Home	3:45 p.m.
Tue., 9/27	Oxford	Home	3:45 p.m.
Tue., 10/4	Pomperaug	Home	3:45 p.m.
Mon., 10/10	Bethel	Home	3:45 p.m.
Thu., 10/13	Newtown	Home	3:45 p.m.
Sat., 10/15	Weston	Home	3:00 p.m.
Thu., 10/20	New Fairfield	Home	3:45 p.m.
Sat., 10/22	Torrington	Home	1:00 p.m.

## Girls Soccer - Varsity

Thu., 9/15	Notre Dame	Home	3:45 p.m.
Thu., 9/22	Brookfield	Home	3:45 p.m.
Tue., 9/27	Oxford	Home	3:45 p.m.
Tue., 10/4	Pomperaug	Home	3:45 p.m.
Thu., 10/13	Newtown	Home	3:45 p.m.
Sat., 10/15	Weston	Home	6:00 p.m.
Thu., 10/20	New Fairfield	Home	3:45 p.m.

## Girls Swimming - Varsity

Tue., 9/27	Newtown	Home	4:00 p.m.
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## Volleyball - Freshman

Wed., 9/21	Newtown	Home	3:30 p.m.
Fri., 9/30	Masuk	Home	3:30 p.m.
Mon., 10/3	Oxford	Home	3:30 p.m.

## Volleyball - JV

Wed., 9/14	Stratford	Home	3:30 p.m.
Wed., 9/21	Joel Barlow	Home	5:00 p.m.
Fri., 9/23	Bethel	Home	5:00 p.m.
Tue., 9/27	Weston	Home	4:00 p.m.
Mon., 10/3	Pomperaug	Home	5:00 p.m.
Fri., 10/7	Brookfield	Home	3:30 p.m.
Wed., 10/19	Kolbe Cathedral	Home	3:30 p.m.
Mon., 10/24	Newtown	Home	3:30 p.m.
Wed., 10/26	Northwestern	Home	4:00 p.m.

## Volleyball - Varsity

Wed., 9/14	Stratford	Home	5:00 p.m.
Wed., 9/21	Joel Barlow	Home	6:30 p.m.
Fri., 9/23	Bethel	Home	6:30 p.m.
Tue., 9/27	Weston	Home	5:30 p.m.
Mon., 10/3	Pomperaug	Home	6:30 p.m.
Fri., 10/7	Brookfield	Home	5:00 p.m.
Wed., 10/19	Kolbe Cathedral	Home	5:00 p.m.
Mon., 10/24	Newtown	Home	5:00 p.m.
Wed., 10/26	Northwestern	Home	5:15 p.m.

# S c h o o l L u n c h

The Food and Nutrition Services Department would like to welcome all students to the School Breakfast and Lunch Program. Our mission is to serve healthy meals and to have healthy students. When viewing the menu, fresh fruits and vegetables can be recognized because they are highlighted in green and/or say the word “fresh.” Menus and other information can be found on the district homepage [www.newmilfordps.org](http://www.newmilfordps.org) under Food and Nutrition Services.

At the **elementary and intermediate level**, breakfast is available daily to paid, free and reduced price students. The price for breakfast is \$1.40 and \$.30 for reduced students. Lunch price is \$2.25 and the choices include:

- Traditional hot lunch
- Sandwich choice that changes weekly
- Chef salad with a whole wheat roll
- Bagel, yogurt/string cheese plate
- Cereal, yogurt/string cheese plate

All the above choices include fresh vegetables, fresh or canned fruit and skim or low fat milk. In addition to these choices, Sarah Noble has a “made to order” deli bar.



**Schaghticoke Middle School** provides:

- Traditional hot lunch
- Chef salad
- “Made to order” deli bar with Boar’s Head meats
- Weekly rotation of hot choices

All meals include milk, fresh vegetable and fresh fruit. The lunch price is \$2.50 and deli bar \$3.00.

**New Milford High School** offers a wide range of choices from its food court. There are six stations:

- Hot lunch
- Pizza
- Pasta
- Grill
- “Made to order” Boar’s Head deli bar
- Salad station that features assorted salads, wraps and yogurt parfaits with homemade granola

The lunch prices are \$2.50, \$3.00 and \$3.50.

When my kids were little, I limited their television time. But now, there are so many screens calling for their attention – computer, hand held game systems, cell phones – it’s hard to limit their “screen time.” Time in front of a screen is a leading cause of obesity in both children and adults. On average, people watch 4 hours of television and then spend another 4 hours with computers, games, iPods and cell phones!

The Center for Screen Time Awareness hosts an annual “turn off the screen week” annually, this year that is September 18-24. Below are a few ideas to help you spend less time in front of a screen and incorporate more family time.

1. Go roller skating.
2. Visit the zoo or a museum. (See below for information on free passes.)
3. Attend a high school sporting event. (See schedule on page 13.)
4. Go camping (even if it's just in the backyard!).
5. Go through your closets and clothes. Donate surplus items to a charity.
6. Visit the Pratt Center for a nature hike—[www.prattcenter.org](http://www.prattcenter.org).
7. Put together a puzzle, play cards or a board game.
8. Get out the family photo album. Research your family history.
9. Learn some new riddles or jokes.
10. Bake two batches of cookies; one for your family and one for a neighbor.
11. Visit New Milford’s McCarthy Observatory to watch the night sky, identify the different constellations and observe the moon. For event information visit [www.mccarthyobservatory.org](http://www.mccarthyobservatory.org)
12. Go bowling, look for free passes at local businesses.
13. Take a bike ride in an area park or around the New Milford Green.

Additional resources can be found at: [www.unplugyourkids.com](http://www.unplugyourkids.com), [insteadoftv.com](http://insteadoftv.com) or [www.screentime.org](http://www.screentime.org).



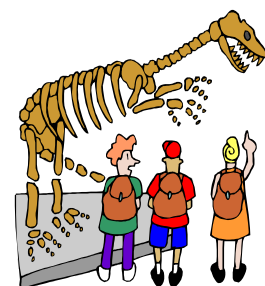
## Free Passes to Local Attractions

The New Milford Public Library offers free passes to some of Connecticut’s finest family attractions. Passes may be checked out with a New Milford Public Library card and a \$25 refundable deposit. Passes are available for one week.

### Passes Include:

Aldrich Contemporary Art Museum, Ridgefield  
 Connecticut Science Center, Hartford  
 Dinosaur State Park, Rocky Hill  
 Eric Carle Museum of Picture Book Art, Amherst, MA  
 Golden Age of Trucking Museum, Middlebury  
 Maritime Aquarium, Norwalk  
 Stepping Stones Museum for Children, Norwalk  
 Timexpo: The Timex Museum, Waterbury  
 Wadsworth Atheneum, Hartford  
 Yale Peabody Museum of National History, New Haven  
 All Connecticut State Parks and forests

Beardsley Zoo, Bridgeport  
 Danbury Rail Museum, Danbury  
 Mystic Aquarium, Mystic





## New Milford Public Schools

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Dr. JeanAnn C. Paddyfote  
Superintendent

Dr. Maureen E. McLaughlin  
Assistant Superintendent

Ms. Ellamae Baldelli  
Director, Human Resources

Mr. John Calhoun  
Facilities Manager

Mr. Dan DiVito  
Director, Technology

Mrs. Adele Johnson  
Supervisor, Special Education

Mr. Gregg Miller  
Director, Fiscal Services

Mrs. Sandra Sullivan  
Director, Food Services

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## Homework Helpers



With school, comes homework. Here are some resources you and your student might find helpful.

- [www.mathplayground.com](http://www.mathplayground.com)—Math
- [www.hippocampus.org](http://www.hippocampus.org)—for older kids—offers multimedia presentations covering math, science, and history
- [www.factmonster.com](http://www.factmonster.com)—for younger kids—includes timelines, an almanac, atlas, dictionary and encyclopedia
- [www.easynotecards.com](http://www.easynotecards.com)—make anything into note cards
- [www.papertoys.com](http://www.papertoys.com)—the coolest site I've seen in a while, it will really help you with projects

\*NMPS does not endorse any of these websites, they are offered as reference only. It is advisable that parents peruse the website to determine appropriateness for their child.

The mission of the New Milford Public Schools, a collaborative partnership of students, educators, family and community, is to prepare each and every student to compete and excel in an ever-changing world, embrace challenges with vigor, respect and appreciate the worth of every human being, and contribute to society by providing effective instruction and dynamic curriculum, offering a wide range of valuable experiences, and inspiring students to pursue their dreams and aspirations.

DISHHOCK