

# Lake View Primary Newsletter

*PUSD*

## LETTER FROM THE PRINCIPAL

### DATES TO REMEMBER

MARTIN LUTHER 1/18

KING DAY

NO SCHOOL



## *LVP Student of the Month*

Devin King - Ms. Ayub

Devin is an excellent example of a student who consistently strives to be the best he can be in class. He is always in class, prepared, and ready to learn! He is eager to participate and never gives up when learning new concepts. Devin also shows a great deal of kindness to his classmates, making sure to say good morning to them each morning, and even praising them when they accomplish something difficult for them. He comes to class with an infectious smile and laugh for everyone. He brings his own sunshine and shares it with his classmates each day, and our classroom is better because of that.

Dear Lake View Primary Family and Friends,

Happy New Year!

2020 has been a year filled with huge ups and downs, but one of our biggest takeaways has been the incredible strength and love in our Lake View community. Our commitment to our mission, our students, our families, and each other has only grown stronger over the past ten months. We are grateful for each and every one of you and are ready to continue on this next part of our journey together.

If past experiences have taught us anything, it's to anticipate issues, specifically tech related issues. If you are experiencing problems with your technology, please remember you can always contact our Lake View Tech Support at (928)608-4395. Our teachers will be live with students the majority of the day and unable to troubleshoot, aside from in-the-moment assistance during Google Meetings.

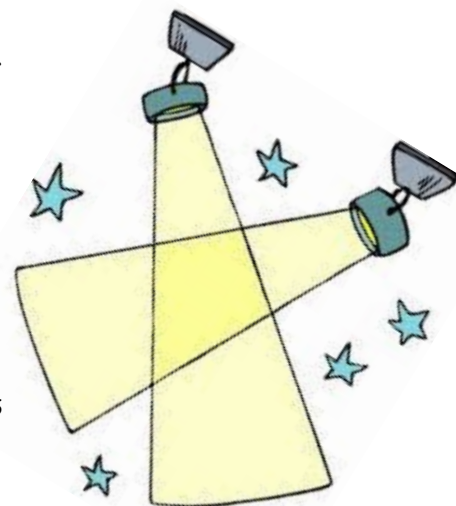
Lake View teachers and staff are committed to creating learning experiences that are catered to the needs of our students. In order to teach your child the skills they need to be successful, all teachers assign small group or 1-on-1 instructional time throughout the day. During this time, your child will be taught by either their classroom teacher, a paraprofessional, or perhaps even a different teacher that teaches here at Lake View. Please be sure that your child is logging on and participating in these learning sessions. Formative assessments (short, 5 question tests) given by your child's teacher help him/her determine the needs of each student. Please help in ensuring your child is completing these formative assessments in a timely manner and without the help of others. The more we know about each child's strengths and needs, the better we can support them.

Thank you for your continued patience, curiosity and openness as we evolve to meet the needs of students and families. Over the next 2 weeks, we will remain in remote learning and await the decision as to when and how we will return to on-site learning. There are many moving pieces that affect each other and Page Unified School District will continue to make the best decisions possible with the information we have available. Please do not hesitate to reach out with questions or feedback.

Sincerely,  
Nancy Warner  
Principal  
Lake View Primary School

# LAKE VIEW PRIMARY STAFF SPOTLIGHT

Check here each month to get to know a little about our Lake View Primary Eagles Staff !



Lisa Horsley  
Student Achievement Teacher



## How long have you been in Education?

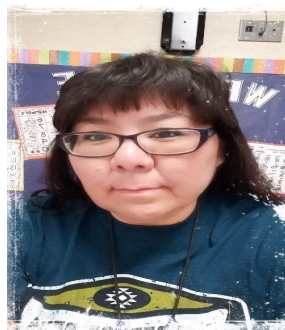
I am starting my 23rd year in education--21 years from WA state and my 2nd year here in AZ. I have been an administrator for 15 years and starting my 8th year as a teacher.

## What is your "Why"?

I am an educator because I enjoy working with children. They make me smile--even when they don't mean to. I went into education because I wanted to give back to the world--make a difference like my teachers did for me.

**What are some pets I owned or would like to own?** I believe animals fill my soul with love and fun. I currently have two dogs: Boston Terrier and a Heeler; two cats: one orange cat and one cream; and I have two horses--both quarter horses--one is palomino and one is a buckskin. Each of my animals is special in its own right and I enjoy spending time with them!

Theresa Billah  
Paraprofessional



## How long have you been in Education?

20 Years!

## What is your "Why"?

It is humbling to watch students grow and transform, also where I can make a difference.

## What inspires me:

LOVE, it's an amazing thing. The support and respect that never fails.

HAPPY  
NEW  
YEAR!

Megan Mackel  
Paraprofessional



## How long have you been in Education?

I've been in education for 3 years now.

## What is your "Why"?

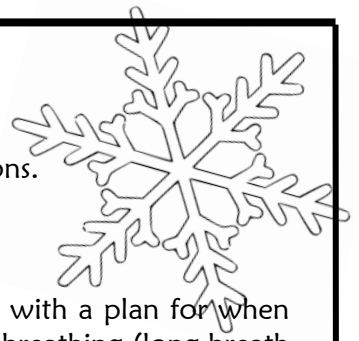
My "WHY" was because I love working with children. Just being able to make a difference in their education is Motivational. Also, it helps me be a better mother to my daughter, teaching me Patience, Responsibility and Communication.

## If you could pass on any wisdom to your students, what would you share?

I would share showing your parents Respect and Appreciation

## Counselor's Corner

Children can have the same big feelings that adults do. The difference for adults, though, is that they have more life experience to know how to deal with difficult emotions. When our children feel fear, anxiety, or anger, they need our help to learn how to cope. Here are some self-regulation skills you can practice with your child.



When children are calm their thinking brain is on, and this is the best time to come up with a plan for when their emotional brain tries to take over. Encourage taking a break (not a timeout), deep breathing (long breath in through the nose and long exhale out the mouth), releasing energy by exercising, and relaxation strategies such as progressive muscle relaxation (tense particular muscles such as your neck and shoulders, next you release the tension and notice how your muscles feel when you relax them), coloring, calm down jars (glitter, sparkle jar), music, etc. Practice these repeatedly when they are calm. Helping your child begin to recognize their body's early signs of a big feeling (heart racing, clenched jaw, etc.) can help them learn to use their self-regulation skills.

Lake View School Counselor



### FROM OUR NURSE!

Handwashing is an easy, inexpensive, and effective way to prevent the spread of germs and keep us healthy. They can get onto hands and items we touch during daily activities and make you sick. **Germs are everywhere!**

Handwashing with soap removes germs from hands. This helps prevent infections because:

People frequently touch their eyes, nose, and mouth without even realizing it. Germs can get into the body through the eyes, nose and mouth and make us sick.

Germs from unwashed hands can get into foods and drinks while people prepare or consume them. Germs can multiply in some types of foods or drinks, under certain conditions, and make people sick.

Germs from unwashed hands can be transferred to other objects, like handrails, table tops, or toys, and then transferred to another person's hands.

Removing germs through handwashing therefore helps prevent diarrhea and respiratory infections and may even help prevent skin and eye infections.

**Keeping hands clean is one of the most important steps we can take to avoid getting sick and spreading germs to others.** Many diseases and conditions are spread by not washing hands with soap and clean, running water.

Parents can help keep their families healthy by:

Teaching them good handwashing technique

Reminding their kids to wash their hands

Washing their own hands with their kids

For kids, washing hands can be a fun and entertaining activity.



LV Office 928-608-4200 - LV Nurse 928-608-4207 - LV Dean 928-608-4203