Grundy County Health Council Resource Manual



South Cumberland Plateau VISTA Project
Sponsored by

Grundy County Health Council
South Cumberland Community Fund

Sewanee: The University of the South

Compiled by VISTA John Wheeler





SEWANEE THE UNIVERSITY OF THE SOUTH







FOOD BANK

Special Thanks

Rev. Bill Barton Chris Paff

Sheila Beard Sue Parrot

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This manual was made possible only through your patient assistance and support. It was an honor and a joy to work with each of you. I am eternally grateful.

John Wheeler

AmeriCorps VISTA

Grundy County Health Council

The mission of the Grundy County Health Council is to enhance the health and well-being of Grundy County residents. We empower individuals to choose wellness by:

-Increasing opportunities for healthy food and physical activity

-Collaborating with community partners to coordinate efforts and expand reach

-Providing information and education using a multi-generational approach

-Connecting clients with local health resources

-Advocating for community health at a policy level

We devote ourselves to this mission with the knowledge and belief that the health of each individual affects an entire community.

The Grundy County Health Council was created in 1992 with the goal to improve the health of the Grundy County residents and to decrease the health disparities in this rural community. The Council has updated playground equipment, designed and constructed walking tracks in the community, purchased exercise programs for the Senior Citizen's Center and partnered with the school system in providing many programs over the years. The Council has also taught reversing diabetes classes and actively sought opportunities to have a presence at community functions.

The Health Council meets on the 3rd Tuesday of every month at noon in the conference room at the UT Extension office in Coalmont TN.

Everyone is welcome!

27 Phipps St, Coalmont, TN 37313

FaceBook.com/GrundyCountyHealthCouncil

Meetings: 12pm 3rd Tuesday @ UT Extension Office

Tonya Garner, GCHC Facilitator

931-967-3826 x111

Tonya.Garner@TN.gov

1372 Main St PO Box 65

Altamont, TN 37301

For changes or updates please contact GCHC.VISTA2@gmail.com

Grundy County Health Department

Monday—Friday: 8:00am-4:30pm

Phone: 931-692-3641

Fax: 931-692-2201

1372 Main St

Altamont, TN 37301

- Baby & Me Tobacco Free
 - Birth Certificates
- Breast & Cervical Cancer Program
 - Breast Feeding Counseling
 - Childhood Immunizations
- Children's Special Services (CSS)
 - Death Certificates
 - Family Planning
 - Health Education
- Help Us Grow Up Successfully (HUGS)
 - Infectious Disease Control
 - Nutrition Education
 - Paternity Acknowledgement
- Primary Care for Uninsured: Ages 19-64
 - Restaurant Inspections
 - STD Testing
 - Swimming Pool Inspections
 - TB Skin Testing
- WIC- Women, Infants, & Children-Supplemental Food Program

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Churches

Altamont

<u> Air View Baptist Church</u> Altamont Baptist Church **Church of Christ in Altamont**

Sunday School: 10am Sunday Bible Study: 10am & 6pm Sunday School: 10am

Sunday Service: 11am & 6pm Sunday Service: 11am Sunday Service: 11am

Wednesday: 6:30pm Wednesday: Meal @ 5:30pm, Wednesday Bible Study: 7pm

Service @ 7pm 184 Cabbage Patch Rd "Singing & Fellowship 1st Sunday each month."

Pastor Micah Roberts Altamont, TN 37301 Minister Joe D. Gray

931-692-3984 931-692-4244

> 1440 Main St AltamontChurchofChrist.org

Altamont, TN 37301 20 Spring St

Altamont, TN 37301

Church of Jesus Christ of Latter Day Saints **Cumberland Mennonite** Hubbard's Cove Baptist Church

Fellowship Sunday Sacrament: 9am Sunday School: 10am

Sunday Service: 9:30am Sunday School: 10:05am Sunday Service: 11am & 6pm

1180 Yoder Rd Sunday Priesthood: 11am Wednesday Service: 6:30pm

Altamont, TN 37301 Pastor Jack Nance

Sunday Young Women group: 11am 3512 TN 108 N

Wednesday Activity Night: 6:30pm Altamont, TN 37301

Bishop Aaron Barrett

12471 TN 108

Sunday Relief Society: 11am

Grant Miller Killian's Chapel Community Church

Gary Miller Sunday School: 10am

931-692-3089 Sunday Service: 11am & 5pm

Stake Office: 931-473-1053 Wednesday Service: 7pm

Nashville Facilities Management Group: Pastor Nathan Jones

931-381-0903

3182 Main St

Altamont, TN 37301

Altamont, TN 37301

Liberty Independent Church of Skymo	nt Little Creek Church	Three Crosses at Calvary
Sunday School: 10am	Sunday School: 10am	Sunday School: 10am
Sunday Service: 11am & 5:30pm	Sunday Service: 11am & 6pm	Sunday Service: 11am & 6:30pm
Wednesday Service: 7pm	Pastor Del Barrett	Pastor Ed Fults
Pastor Coy King	119 Old Hickory Creek Rd	931-692-3662
9092 TN 108 N	Altamont, TN 37301	16 Henley Circle
Altamont, TN 37301		Altamont, TN 37301
	Beersheba Springs	
Church of Christ	Community House of Prayer	<u>Cumberland Baptist Chapel</u>
Sunday Bible Study: 10am	Pastor Billy Smith	Sunday School: 10am
Sunday Service: 11am	Sunday School: 10am	Sunday Service: 11am & 6pm
Pastor Sam Stansbury	Sun Service: 11am & 6pm	Wednesday: 7pm
19640 TN 56, PO Box 232	2404 Besstown Rd	931-692-3307
Beersheba Springs, TN 37305	Beersheba Springs, TN 37305	Pastor Alton Scruggs
		931-235-0237
		18083 TN 56
		Beersheba Springs, TN 37305
Grace Baptist Church	Grace Chapel, Methodist Church	Independent Baptist Church of
Sunday School: 10am	Sunday Singing: 9:30am	<u>Panhandle</u>
Sunday Service: 11am & 6pm	Sunday Worship: 10am	Sunday School: 10am
Wednesday: Fellowship Supper 6pm	Pastor Clayton Jones	Sunday Service: 10:45am & 6pm
Prayer Meeting 7pm	19221 TN 56	Wednesday: 6:30pm
931-692-3916	Beersheba Springs, TN 37305	Pastor Kenny Barrett
Pastor John Gross		220 Knight Rd
931-235-7699		Beersheba Springs, TN 37305
50 Adams Ln	<u>Tarlton Church</u>	<u>United Methodist Assembly Chapel</u>
Beersheba Springs, TN 37305	Inactive	No regular meetings. Special events.
	Reverend Dickie Hinton, Executive Director	Clayton Jones
		931-692-3669
	24139 TN 56	566 Armfield Ave
	Beersheba Springs, TN 37305	Beersheba Springs, TN 37305

Coalmont

Antioch Baptist Church Bethshan Baptist Church <u>Calvary Ministries</u>

Sunday School: 10am Sunday School: 10am Sunday Service: 10am

Sunday Service: 11am & 5pm Wednesday Service: 7pm Sunday Service: 11am & 5:30pm

Wednesday: 7pm Wednesday Service: 6:30pm Pastor Ed Dudley

Pastor Jimmy King **Pastor Terry Winton** 8728 TN 56

8278 TN 56 PO Box 457 115 Lockhart Town Rd Coalmont, TN 37313

Coalmont, TN 37313 Coalmont, TN 37313

Church of Christ at Coalmont Cumberland Heights Seventh-day Community Harvest Church of God

<u>Adventist</u> Sunday School: 10am Sunday School: 10am

Sunday Service: 11am & 6pm Sunday Service: 10:45am & 5:30pm

Wednesday Bible Study: 7pm Wednesday: 6:30pm

6671 TN 56 PO Box 357

Pastor Ray Clair

Coalmont, TN 37313

Pastor Jeff Walper Pastor Joe Phipps Pastor Benjamin Goins

Saturday Sabbath School: 9:30am

Saturday Worship: 10:50am

931-692-4101 931-692-2750

123 Old Hwy 56 Coalmont, TN 37313 11126 TN 56

Coalmont, TN 37313 Coalmont, TN 37313

Kingdom Hall of Jehovah's Witnesses Mt Zion Baptist Church Sweeton Hill 1st Congregational

Methodist Sunday Public Talk: 10am Sunday School: 10am

Sunday School: 10am Watchtower: 10:35am Sunday Service: 11am

Sunday Service: 11am & 5pm Thursday Bible Study: 7pm Thursday: 6:30pm

Wednesday: 6:30pm

Ministry School: 7:30pm Pastor Andy Lockhart

Pastor John Potts Service Meeting: 8pm 931-592-7474 931-592-7729

21644 TN 108 PO Box 95 12 Sweeton Hill Rd PO Box 1801 Pastor Russ Mevulis Coalmont, TN 37313

Coalmont, TN 37313

931-592-5350

TN 56 & 7th Ave

United Methodist Church

Sunday Service: 8:30am

Pastor Clayton Jones

49 Heidenburg St PO Box 14

Coalmont, TN 37313

Way of The Cross Church

Sunday School: 10am

Sunday Service: 11am & 5pm

Wednesday Service: 6:30pm

Pastor Tony King

683 Dogtown Rd

Coalmont, TN 37313

Gruetli-Laager

1st Baptist, Gruetli-Laager

Sunday School: 9:45am

Sunday Service: 11am & 6pm

Wednesday Bible Study: 6:30pm

Pastor Ray Gomer

931-779-5284

FBCGL.org

Info@FBCGL.org

119 57th Ave PO Box 168

Gruetli-Laager, TN 37339

Bibleway Holiness Church

Sunday School: 10am

Sunday Service: 11am & 6pm

Tuesday: 7pm

Pastor Jeremy L. Robinson

27007 TN 56

Gruetli-Laager, TN 37339

Bivens Chapel, 1st Congregational

<u>Methodist</u>

Sunday School: 10am

Sunday Service: 11am & 6:30pm

Wednesday Service: 7pm

Pastor Larry Campbell

931-779-7578

715 S 40th Ave

Gruetli-Laager, TN 37339

Church of Christ, Gruetli-Laager

Sunday School: 10am

Sunday Service: 11am & 4pm

Wednesday: 6pm

Pastor Eddie Birdwell

GruetliCOC@yahoo.com

28377 TN 108

Gruetli-Laager, TN 108

Faith Missionary Church & Academy

Sunday Service: 10am & 5pm

Wednesday: 5pm

Minister S.D. Smith

931-779-3338

FaithMissionaryAcademy.ocm

Info@FaithMissionaryAcademy.com

456 Red Barn Rd

Gruetli-Laager, TN 37339

The Gospel House

Sunday Service: 10am & 6pm

Friday Meal: 6pm

"Singing every Friday @ 6:30pm."

Pastor Lonnie Nance

28012 TN 108

Gruetli-Laager, TN 37339

Gruetli-Laager Community Church House of Prayer (Dripping Spring) Gruetli Church of God Sunday School: 10am 3rd Saturday @ 5pm Sunday School: 10am Sunday Service: 11am & 6:30pm Revival: 3rd Week of August Sunday Service: 10:45am & 5pm Wednesday Service: 6:30pm Jesse Lockhart; Earnest Lockhart Wednesday Service: 6:30pm 30574 TN 108 PO Box 154 **Burkett Chapel Cemetery Rd** Pastor Willard Griffin

Gruetli-Laager, TN 37339 931-779-3713

27408 TN 108

Gruetli-Laager, TN 37339

<u>Laager Independent Methodist Church</u> Mt Etta Free-Will Baptist Wesley Chapel Holiness Church Sunday School: 10am Sunday Service: 10am & 6:30pm Sunday School: 10am Sunday Service: 11am & 6:30pm Wednesday Service: 6:30pm Sunday Service: 11am & 6pm Thursday: 6:30pm Pastor Lloyd Crisp Wednesday: 7pm Pastor Jesse Lockhart 1820 S 20th Ave Pastor Delbert Layne 931-779-3619 Gruetli-Laager, TN 37339 931-636-8427

31904 TN 108 881 55th Ave

Gruetli-Laager, TN 37339 Gruetli-Laager, TN 37339

West Side Baptist Church

Sunday Service: 10am & 5pm

Wednesday: 6:30pm

Pastor Bob Payne

N 60th Ave

Gruetli-Laager, TN 37339

McMinnville

Cedars of Lebanon Academy **Church of Christ at Northcutt**

Pastor Al King

CedarsofLebanonAcademy.org

366 Cove Creek Rd

McMinnville, TN 37110

Cove

Sunday School: 9:30am

Gruetli-Laager, TN 37339

Sunday Service: 10:30am

Wednesday Service: 7pm

Pastor Ray Winton

FaceBook.com/

NorthcuttCoveChurchofChrist

7237 Northcutt Cove Rd

McMinnvile, TN 37110

People of The Living God Philadelphia: The Baptist Northcutt Cove Latter Day Saints Church of Christ Inactive. Special events. Saturday Service: 2:30pm Sunday School: 10am 6786 Northcutt Cove Rd Pastor Al King Sunday Service: 11am McMinnville, TN 37110 POTLG@Blomand.net Sunday Bible Study: 6pm 366 Cove Creek Rd Pastor Brother Everett Wilson McMinnville, TN 37110 71 Philadelphia Rd

McMinnville, TN 37110

Monteagle, TN 37356

Monteagle

Bible Baptist Church Christ Church: Monteagle Cumberland Bible Chapel Sunday School: 10am Sunday Service: 10:30am Sunday Service: 9am Sunday Service: 11am Wednesday: 12pm Sunday School & Family Bible Hour: 10:30am Pastor James Taylor Reverend William Milsaps, Rector Wednesday Prayer & Bible Reverend Paul Oxner, Assisting Priest 423-322-4922 Study: 7pm 930-808-1731 Reverend Stan Matthews, Assisting Priest **Pastor Danny Sargent** FaceBook.com/ 931-924-2660 BibleBaptist.Church.520 931-924-3578 FaceBook.com/ChristChurchMonteagle 931-592-6536 360 Wells St PO Box 1231 423-605-2146 1059 W Main St PO Box 157 Monteagle, TN 37356 11140 TN 41 PO Box 849 Monteagle, TN 37356

Highland Community Church **Holy Comforter Church** Monteagle 1st Baptist Church Sunday School: 10am Sunday Service: 9am Sunday School: 10am Sunday Service: 11am & 5pm Reverend Bill Barton Sunday Service: 11am & 6pm Wednesday Service: 5pm 931-924-3380 Wednesday: 6pm Pastor Alex Rollins 16 1s St PO Box 1205 Pastor Daryl Smiley 931-924-2901 Monteagle, TN 37356 931-924-3243 FaceBook.com/ FirstBaptistMonteagle.org HighlandCommunityChurch.TN FBCMonteagle@gmail.com 186 Dundee St 239 1st St PO Box 574 Monteagle, TN 37356 Monteagle, TN 37356

Monteagle Cumberland Presbyterian

Sunday Service: 11am

Pastor Bill James

931-924-3134

343 College St PO Box 243

Monteagle, TN 37356

Monteagle Sunday School

Assembly Chapel

No Regular Meetings

931-924-2752

MSSA.1882.net

MSSA Inn Way PO Box 1221

Monteagle, TN 37356

Morton Memorial United Methodist

Sunday School: 9:45am

Sunday Service: 11am

Wednesday Bible Study: 6pm

Reverend Amanda Diamond

Secretary Polly Oliver

931-942-2192

MortonMemorial.org

MortonMemorialUMC@gmial.com

322 W Main St

Monteagle, TN 37356

Mountain of God Tabernacle

Sunday Service: 11am & 6pm

Friday Service: 7pm

Pastor Terry Dunn

931-924-5339

331 King St PO Box 1111

Monteagle, TN 37356

<u>Pentecostal Lighthouse</u>

Sunday Service: 2pm

Wednesday Prayer: 7pm

Pastor Mitch Gardner

931-924-3077

FaceBook.com/Pages/Pentecostal

-Lighthouse-of-Monteagle

TheBookOfFacts238@yahoo.com

154 Spring St PO Box 669

Monteagle, TN 37356

<u>Seventh-day Adventist Church:</u>

Monteagle

Saturday Sabbath School: 10am

Saturday Worship Service: 11am

Pastor Jeff Walper

931-259-6642

MonteagleChurch.org

497 College St PO Box 729

Monteagle, TN 37356

Morrison

Wesley Chapel

Inactive

1494 TN 108 N

Morrison, TN 37357

14

<u>Palmer</u>

<u>1st Church of The Nazarene</u>	Barkers Cove Community Church	Collins Church of Christ
Sunday School: 10am	Sunday School: 10am	Sunday Bible Study: 10am
Sunday Service: 11am & 5:30pm	Sunday Service: 11am & 6pm	Sunday Service: 11am & 6pm
Thursday: 6:30pm	Wednesday: 6:30pm	Pastor Willie Childers
931-779-5253	Pastor Jamey Pack	Elder Herby Hunt: 931-235-0493
789 Tatesville Rd	931-205-8303	66 TN 399
Palmer, TN 37365	1140 TN 399	Palmer, TN 37365
	Palmer, TN 37365	

<u>House of The Lord</u>	<u>Palmer 1st Baptist</u>	Palmer 1st Free-Will Baptist	<u>Palmer Church of God</u>
Sunday School: 10am	Sunday School: 10am	Sunday Service: 10am,	Sunday Service: 10am &
Sunday Service: 11am &	Sunday Service: 11am	11am, & 5pm	5:30pm
5pm	Wed Bible Sunday: 6pm	Wednesday: 6:30pm	Wednesday: 6:30pm
Wednesday: 6pm	Pastor Henry Coffelt	Pastor Ed Oneal	Brother Bill Smith
Pastor Ronnie Partin	2628 Main St	931-779-2148	931-779-3590
931-779-3021	Palmer, TN 37365	211 Rock Ave	931-779-3527
37471 TN 108		Palmer, TN 37365	1848 Main St
Palmer, TN 37365			Palmer, TN 37365

<u>Pelham</u>

Bethel Community Church	<u>Campground Free-Will Baptist</u>	<u>Chapman's Chapel</u>
Sunday School: 10am	Sunday School: 10am	Sunday School: 9:30am
Sunday Service: 11am & 5pm	Sunday Service: 11am & 5pm	Sunday Service: 10:45am & 6pm
Wednesday: 6pm	Wednesday: 7pm	Wednesday: 7pm
Pastor Ronnie Trussel	Pastor Brett Meeks	Pastor Justin Hill
6452 TN 50	931-467-3603	931-467-4042
Pelham, TN 37366	749 Campground Circle	ChapmansCHapel.net
	Pelham, TN 37366	273 Chapman's Chapel Rd
		Pelham, TN 37366

Church of Christ Elkhead Church of God of Prophecy Community Refuge Ministry Sunday School: 10am Sunday Service: 10am Sunday Service: 11am Sunday Service: 11am Pastor Richard Lovvorn Wednesday: 7pm Pastor Charles Childers Elder Clyde Harris: 931-467-3338 **Pastor Roy Woods** 8024 TN 50 1552 TN 50 615-439-0511 Pelham, TN 37366 Pelham, TN 37366 FaceBook.com/pages/ Community-Refuge-Ministry 1732 TN 41 Pelham, TN 37366 Ministry Baptist Church Payne's Cove Congregational Pelham Church of Christ <u>Methodist</u> Sunday Breakfast: 9:15am- 9:45am Sun Bible Study: 9:30am Sunday School: 10am Sunday School: 10am- 10:45am Sunday Service: 10:30am & 6pm Sunday Service: 11am & 6pm Sunday Celebration: 11am- 12pm Wed Bible Study: 7pm Wed Bible Study: 7pm Sunday Evening: 6pm-7pm Pastor Ray Winton

Sunday School: 10am 10.43am

Sunday Celebration: 11am— 12pm

Sunday Evening: 6pm— 7pm

Wed Bible Study: 7

Pastor James Smith
Charlie Roberts Rd

931-596-2101

MinistryBaptistChurch.org

28226 TN 50

Pelham, TN 37366

MethodistSun Bible Study: 9:3Sunday School: 10amSunday Service: 10:Sunday Service: 11am & 6pmWed Bible Study: 7pWed Bible Study: 7pmPastor Ray WintonPastor James Smith247 Ball Park RdCharlie Roberts RdPelham, TN 37366Pelham, TN 37366

Providence United Methodist Church Valley Home Community Church Pelham United Methodist Church Sunday School: 9:45am Sunday School: 10am Sunday School: 10am Sunday Service: 11am Sunday Service: 11am & 5pm Sunday Service: 11am Pastor De Hennessy Wed Bible Study: 6:30pm Wednesday: 6:30pm 931-467-3584 Pastor Jeremy Taylor Pastor Richard Hardy PelhamUMC.org 866 Bess Mill Rd 703 Layne's Cove Rd 2440 TN 50 Pelham, TN 37366 Pelham, TN 37366 Pelham, TN 37366

Valley Home United Methodist

Church

Sunday Service: 9am

Sunday School: 10am

Wednesday: 7pm

Pastor Troy Smith

3348 TN 41 E

Pelham, TN 37366

Tracy City

1st Baptist Church

Sunday Prayer with the Pastor: 9:15am

Sunday School: 9:45am

Sunday Service: 10:45am & 6pm

Wed Youth Fellowship: 6pm-8pm

Wed Prayer Meeting: 7pm

Pastor Ben Curtis

931-592-8101

FBCTracyCity.com

531 Main St

Tracy City, TN 37387

1st United Methodist Church

Sunday School: 9:45am

Sunday Service: 11am & 6pm

Wed Youth Night: 7pm

Pastor Danny Coffelt

931-592-6135

TCFUMC.webs.com

158 16th St

Tracy City, TN 37387

Central Church of Christ

Sunday Service: 10am & 5pm

Wednesday Service: 6pm

Pastor Alan Mayes

14108 TN 41

Tracy City, TN 37387

Chesnut Springs Congregational

Methodist

Service: 1st & 3rd Sunday @

Apostolic Church of Jesus

Sunday Service: 2:30pm

Cannon Hollow Dr

Tracy City, TN 37387

11am & 5pm

Wednesday: 6pm

Pastor Freddie Savage

Orange Hill Rd PO Box 341

Tracy City, TN 37387

Baker's Chapel Church

Sunday School: 10am

Sunday Service: 11am & 6pm

Wednesday Service: 7pm

Brother Larry Layne

21 Altamont St

Christ Church: Episcopal

Sun Bible Study: 10am

Sunday Service: 11am

Reverend Bill Barton

931-592-6336

TracyCityChurch.org

552 10th Ave

Tracy City, TN 37387

Church of Christ

Sunday School: 10am

Sunday Service: 11am & 6pm

Wednesday Bible Study: 7pm

Pastor Craig Kimbo

931-592-9634

225 14th St

Tracy City, TN 37387

The Church of God of Prophecy

Sunday School: 10am

Sunday Service: 11am & 4pm

931-592-2395

1737 Altamont St

Tracy City, TN 37387

Grace Village Church

Sunday Service: 11am

Pastor Jerry Stockwell

Assistant Pastor Andy Weaver

241 Flat Branch Spur Rd

Tracy City, TN 37387

Gum Springs Methodist Church

Sunday School: 10am

Sunday Service: 11am & 6pm

Mon & Tues Prayer: 7pm

Wednesday: 7pm

Pastor Earnest Lockhart

490 Hillside Circle

Tracy City, TN 37387

Hobbs Hill Methodist

Inactive

1128 Hobbs Hill Rd

Tracy City, TN 37387

House of Prayer

Sunday School: 9:45am

Sunday Service: 11am & 5pm

Tuesday: 6:30pm

Pastor James Caldwell

3714 Browns Hollow Rd

Tracy City, TN 37387

Living Water Independent Church

Sunday School: 10am

Sunday Service: 11am & 5pm

Wednesday Service: 7pm

Pastor Ralph Shrum

931-592-9355

LWIConline.com

Info@LWIConline.com

656 Main St PO Box224

Tracy City, TN 37387

<u>Mt Ararat Cumberland</u>

Methodist Church

Sunday School: 10am

Sunday Service: 11am

Wednesday: 6:30pm

2352 Flat Branch Spur Rd

Mt Oak Primitive Baptist Church Myers Hill First Congregational Mt Calvary Apostolic Church <u>Methodist</u> Sunday Service: 10am & 6:30pm Service: 2nd & 4th Sunday @ 10:30am Sunday School: 10am Wednesday Service: 7pm **Elder Mark Thomas** Sunday Service: 11am & 5pm Pastor Franklin Hill 931-592-3622 Wednesday: 7pm 931-592-3510 **Pastor Denny Rollins** Orange Hill Rd 117 S Gum St Tracy City, TN 37387 Pastor Denny Harris Tracy City, TN 37387 Pastor Freddie Harris 931-592-2671 717 Myers Hill Rd Tracy City, TN 37387 Oak Grove Independent Church Plainview Community Church Tabernacle of The Lord

Sunday School: 10am Sunday School: 10am Sunday School: 10am Sunday Service: 11am Sunday Service: 11am Sunday Service: 11am & 6:30pm Wednesday Service: 6:30pm Pastor Barry Nolan Pastor Mike Rigsby 931-592-6393 931-592-5058 Pastor Yancie Layne 12069 Hwy 150 1268 Clair St PO Box 250 255 King Rd Tracy City, TN 37387 Tracy City, TN 37387 Tracy City, TN 37387

<u>Tracy City Baptist Tabernacle</u> <u>Victory Baptist Independent</u>

Sunday Service: 10am Sunday School: 10am

Wednesday: 5:30pm Sunday Service: 11am & 5pm

1202 St Clair St Wednesday: 7pm

Tracy City, TN 37387 Pastor Eugene Parson

931-924-3048

3531 TN 41 PO Box 955

Community

Business & Community Development

<u>Jobs4TN</u>

Online job posting.

Jobs4TN.gov

Franklin County Business Development Center

Entrepreneurial assistance.

Mon-Fri: 8am-4:30pm

931-967-2905

FCBusinessDevelopmentCenter.WordPress.com

1940 Elk River Dam Rd

Tullahoma, TN 37398

Monteagle Chamber of Commerce

Board of Directors Meeting 1st Wed @ 10am

Rhonda K. Pilkington, Executive Director

931-924-5353

MonteagleChamber.com

PO Box 353

Monteagle, TN 37356

Tracy City Business Club

Workforce and business development

Meeting: 6pm last Monday of month @

Alma Mater Theatre

Marshall Graves, President, 615-477-4124,

Marshall.Graves@gmail.com

Alma Mater Theatre

14399 TN 41

Tracy City, TN 37387

Franklin County Chamber of Commerce

931-967-6788

Fax: 931-967-9418

FranklinCountyChamber.com

info@franklincountychamber.com

44 Chamber Way PO Box 280

Winchester, TN 37398

Southeast TN Development District

Regional planning, grants, historical preservation, transportation, & infrastructure development.

423-266-5781

Fax: 423-267-7705

SEDEV.org

1000 Riverfront Pkwy PO Box 4757

Chattanooga, TN 37402

Workforce Solutions

Staffing, employment, & job placement.

Gary Morgan, 931-455-9596,

GMorgan@workforcesolutionsTN.org

931-455-9580

WorkforceSolutionsTN.org,

FaceBook.com/WorkForceSolutions

410 Wilson Ave, PO Box 1628

Tullahoma, TN 37388

Civic/ Philanthropic

<u> American Legion Post 51: Bonholzer-Campbell</u>

Veterans assistance & advocacy.

Meeting: 2nd Saturday of Month @ 9am

James E. Rollins, Commander

Charley C. Watkins, Adjutant

36 University Ave, PO Box 3101

Sewanee, TN 37375

<u>American Legion Post 74: Cumberlan</u>d Inc

Veterans assistance & advocacy.

Meeting: 2nd Sunday of month @ 7am

931-592-5411

Rain.Dancer.67@hotmail.com

Johnnie M. Fritts, Commander

Hershel F. Kilgore, Adjutant

66 Montgomery St, PO Box 426

Tracy City, TN 37387

<u>Appalachian Women's Guild</u>

Thrift store & emergency food bank.

Monday– Friday: 9am– 4pm

931-592-8588

AWGTN.org

AWGTN@blomand.net

492 Main St

Tracy City, TN 37387

Grundy County Lion's Club

Public & Civic service.

931-592-4000

Tracy City, TN 37387

Grundy County Rotary Club

Civic & public service.

Meeting: Tues 11:30am @

Dutch Maid Bakery.

Judi Brown, President,

JudiBrown49@hotmail.com

RotaryClubofGrundyCounty.org

109 Main St

Tracy City, TN 37387

Monteagle/ Sewanee Rotary Club

Civic & public service.

Meeting: Thurs 8am @ Sewanee Inn

John Goodson, President

PO Box 336

Monteagle, TN 37356

Sewanee Civic Association

Sewanee Community chest for development & forum for the discussion for social & community

issues.

Kiki Beavers, President

Lynn Stubblefield, Vice President

SewaneeCivic.wordpress.com

PO Box 222

Sewanee, TN 37375

South Cumberland Community Fund

Grants & non-profit support for the South Cumberland

area.

Women's Auxiliary 6pm

VFW Clyde Bennet Post 9586

Meeting: 2nd Monday of month 7pm.

8484 Hwy 150, Sequatchie, TN 37374

Bill Taylor Commander Margaret Woods, Margaret.C.Woods@gmail.com

SouthCumberalndCommunityFund.org 931-924-3470

PO Box 128 8134 TN 41 N PO Box 648

Tracy City, TN 37387 Monteagle, TN 37356

Community Centers

Beershe<u>ba Springs Community Center</u> <u>Coalmont Community Center</u> Foster Falls Community Center Dinner 1st Friday of month with "food, Larry Hall **Betty Campbell** fun, & games" @ 5:30pm for benefit 931-692-3350 931-592-9311 of Fire Department. TN 56, PO Box 546 60 Phipps St 423-942-6042 Beersheba Springs, TN 37305 Coalmont, TN 37313

Gruetli-Laager Community Center **Hobbs Hill Community Center** Palmer Community Center 931-779-5149 931-592-2727 Sue Long Linda Broom 1354 Hobbs Hill Rd 931-779-3247

931-779-3277 Tracy City, TN 37387 931-779-3086

27416 TN 108 35 School House Rd

Gruetli-Laager, TN 37339 Palmer, TN 37365

Pelham Valley Community Center Plainview Community Center Sewanee Community Center

David Gallagher 931-592-5058 (leave a message) 931–598-9979 931-467-3129 39 Ball Park Rd

2345 TN 56

US 50 Tracy City, TN 37387 Sewanee, TN 37375

Pelham, TN 37366

Farmer's Markets

<u>Altamont Farmers' Market</u>

April- October

Friday: 9am-2pm

Cindy Witman: 931-692-3479

Altamont Ball Park Pavilion

TN 50

Altamont, TN 37301

Tracy City Farmer's Market

Locally produced food.

Accepts EBT & SNAP

May-October: Thursday 2pm-5:30pm;

Saturday 9am-12pm

931-592-8008

TracyCityFarmersMarket@hotmail.com

14475 TN 41

Tracy City, TN 37387

<u>Sewanee Farmer's Market</u>

Locally produced food.

931-598-9979

Kir Strobel, Market Manager

931-592-3399

CumberlandFM@gmail.com

Order online @ Sewanee.LocallyGrown.net

5pm Saturday – Monday 10am

Pick up @ Sewanee Community Center

Tuesday 4:30pm-6:15pm

39 Ball Park Rd

Sewanee, TN 37375

Government

City

<u>Altamont City Hall</u>	Beersheba Springs Town Hall	Coalmont City Hall
Meetings: 1st Tuesday @ 7pm	Meetings: 2nd Tuesday @ 7pm	Meetings: 3rd Monday @ 6pm
931-692-3971	931-692– 3508	931-592-9373
1433 Main St	TN 56 PO Box 546	7526 TN 56 PO Box 308
Altamont, TN 37301	Beersheba Springs, TN 37305	Coalmont, TN 37313
<u>Gruetli-Laager City Hall</u>	Monteagle City Hall	<u>Palmer City Hall</u>
Meetings: 3rd Tuesday @ 6pm	Meetings: Last Tuesday @ 6:30pm	Meetings: 3rd Monday @ 6pm

931-779-5147 931-924-2265 931-779-3247
TN 108 16 Dixie Lee Ave 35 School Rd

Gruetli-Laager, TN 37339 Monteagle, TN 37356 Palmer, TN 37365

Tracy City Town Hall

Meetings: 2nd Tuesday @ 6:30pm

931-592-6213

50 Main St

Tracy City, TN 37387

County

<u>Administrator of Elections</u>	Assessor of Properties	Chancery Court Clerk	Circuit Court Clerk
Donna Basham	Joanne Childers	Phyllis Dent	Melody Oliver
931-692-3551	931-692-3596	931-692-3455	931-692-3368
Fax: 931-692-3573	Fax: 931-692-3597	PO Box 174	Fax: 931-692-2414
GrundyCo@hotmail.com	PO Box 6	Altamont, TN 37301	Melody.Oliver@TNcourts.gov
PO Box 181	Altamont, TN 37301		PO Box 161
Altamont, TN 37301			Altamont, TN 37301

<u>County Clerk</u>	General Sessions & Juvenile	<u>Grundy County Commission</u>
Tammy Sholey	<u>Court</u>	District 1: Danny Lusk, David Lockhart, Mike Cordell
931-692-3622	Judge William R. Anderson III	District 2: Gary Brewer, Dennis Jones, Daniel Crabtree
PO Box 215	931-692-2368	District 3: David Griswold, John Hargis II, Charles Rollins
Altamont, TN 37301	PO Box 70	
	Altamont, TN 37301	

	Grundy County Courthouse	<u>Mayor's Office</u>	Register of Deeds	<u>Trustee's Office</u>
	GrundyCountyTN.net	Michael Brady	Gayle Van Hooser	Tyler McCullough
	68 Cumberland St	931-692-3718	931-692-3621	931-692-3369
Altamont, TN 37301 Fa		Fax: 931-692-3721	Fax: 931-692-3627	GrundyTrustee@gmail.com
		GrundyMayor@yahoo.com	Gayle.VanHooser@	PO Box 32
		PO Box 177	vcourthouse.net	Altamont, TN 37301
		Altamont, TN 37301	PO Box 35	
			Altamont, TN 37301	

Post Offices

<u>Altamont Post Office</u>	Beersheba Springs	Post Office	<u>Coaln</u>	nont Post Office	Gru	uetli-Laager Post Office
931-692-3699	931-692-3701		931-5	92-9439	93:	1-779-3963
70 Beersheba St	19472 TN 56		655 H	leidenberg St	29	434 TN 108
Altamont, TN 37301	Beersheba Springs,	TN 37305	Coaln	nont, TN 37313	Gru	uetli-Laager, TN 37339
Monteagle Post Office	<u>Palmer Post Office</u>	<u>Pelham Post</u>	<u>Office</u>	Sewanee Post Offic	<u>:e</u>	Tracy City Post Office
931-924-2118	931-779-3300	931-467-3270	0	931-598-5979		931-592-6443
800-275-8777	739 Main St	1619 TN 41		94 University Ave		245 Nathurst Rd
320 Moffat St	Palmer, TN 37365	Pelham, TN 3	7366	Sewanee, TN 3737	5	Tracy City, TN 37387

Monteagle, TN 37356

Other

Highway Department of TN

931-779-5129

9216 TN 56

Coalmont, TN 37313

<u>Media</u>

Print

<u>The Cumberland View</u>	<u>Grundy County Herald</u>	<u>Sewanee Mountain Messenger</u>
News, events, advertising,	Local news, obituaries,	Local news, advertising, & classifieds.
& classifieds.	classifieds, & weather.	Monday– Wednesday: 9am– 5pm,
931-924-3040	Mon-Thurs: 8am-5pm	Thursday: 9am– Mid-Afternoon
TheCumberlandView.com	Friday: 8am-12pm	931-598-9949
505 W Main St	931-592-2781	SewaneeMessenger.com
Monteagle, TN 37356	GrundyCountyHerald.com	418 St Mary's Ln PO Box 296 Sewanee, TN 37375
	GCHerald@lcs.net	
	65 Oak St PO Box 189	
	Tracy City, TN 37387	

Television

Grundy County Television

Local broadcasting.

931-924-4288

GCTV6.tv

Info@GCTV6.tv

PO Box 1456

Tracy City, TN 37387

Radio

WSGM 104.7

931-592-7777

971 Fire Tower Rd

Tracy City, TN 37387

Other

Grundy Safe Communities Coalition

Tobacco and prescription drug abuse prevention.

Chasity Melton, Safe Communities Coordinator

GrundySafeCommunities@gmail.com

931-592-2923

PO Box 334

Altamont, TN 37301

1444 TN 56 N

Tracy City, TN 37387

Sewanee Community Engagement Office

South Cumberland Plateau VISTA Project, Community Engaged Learning, and service

internships.

James Peterman, Director

Jfpeterm@sewanee.edu

Nicky Hamilton, Associate Director

Nhamilto@sewanee.edu

Robin Hille Michaels, Assistant Director

Rhille@sewanee.edu

Education

Administration

Franklin County Schools

931-967-0626

FranklinCountySDTN.SchoolinSites.com

215 South College St

Winchester, TN 37398

Grundy County Schools

931-692-3467

GrundyCoSchools.com

1376 Main St

Altamont, TN 37301

Marion County Schools

Dr. Mark A. Griffith, Director of Schools

423-942-3434

MarionSchools.org

204 Betsy Pack Dr

Jasper, TN 37347

Grundy County School Board

District 1: Paul Gallagher, Kasey Anderson, Tim Spicer

District 2: James Cooper, Janie Layne, Michael C. Yates

District 3: Robert Foster Jr, Haskel E Meadows, Gary Melton

Adult Education

Adult Learning Center

GED Assistance

Alan Mayes

931-592-4332

Old High School

14399 TN 41

Tracy City, TN 37387

Early Childhood Education/ Care

Coalmont Elementary LEAPS Coalmont Elementary Pre-K

After school care for 6yr-14yr children. 2yr-6yr children.

3pm-5pm 8am-3pm

931-592-9453 931-592-9453

Carol Trickler 7862 TN 56

Coalmont, TN 37313

7862 TN 56 Coalmont, TN 37313

Grundy County Early Intervention

<u>Program</u>

Education from birth- 2yr children

with disabilities or developmental

challenges.

931-592-6681

14377 TN 41

<u>Little Jackets Child Care</u>	Mama Pat's Day Care
Child care for 6wk-5yr children.	Child care for 6wk-12yr children.
7am-4pm	4am-12pm
931-692-5225	931-924-3423
Missy Rhea	Patsy Foshee
24970 TN 108	75 Eaglenest Rd
Coalmont, TN 37313	Monteage, TN 37356
<u>Nana's Small World</u>	North Elementary LEAPS
Child care for 6mo-12yr children.	Before school care for 6yr-15yr
5:30am-5:30pm	children.
931-592-5200	7:15am-7:45am
Silvia Brown	931-692-3710
138 Oak St	Renee Corley
Monteagle, TN 37356	309 Main St
	Altamont, TN 37301
Palmer Elementary Pre-K	Pelham Elementary Pre-K
4yr– 6yr children.	4yr– 6yr children.
8am-3pm	7:45am- 2:30apm
931-779-3383	931-467-3700
226 School House Rd	2402 TN 50
Palmer, TN 37365	Pelham, TN 37366
Sewanee Childrens Center	Sewanee Elementary ESP
Child care for 2yr-12yr children.	After school care for 5yr-12yr
7:45am-5pm	children.
931-598-5928	3pm-6pm
SewaneeChildrensCenter@gmail.com	931-598-5951
Larry Sims	209 University Ave
216 University Ave	Sewanee, TN 37375
Sewanee, TN 37375	
	Child care for 6wk-5yr children. 7am-4pm 931-692-5225 Missy Rhea 24970 TN 108 Coalmont, TN 37313 Nana's Small World Child care for 6mo-12yr children. 5:30am-5:30pm 931-592-5200 Silvia Brown 138 Oak St Monteagle, TN 37356 Palmer Elementary Pre-K 4yr- 6yr children. 8am-3pm 931-779-3383 226 School House Rd Palmer, TN 37365 Sewanee Childrens Center Child care for 2yr-12yr children. 7:45am-5pm 931-598-5928 SewaneeChildrensCenter@gmail.com Larry Sims 216 University Ave

Sewanee Elementary Pre-School	<u>Swiss Memorial Pre-K</u>	<u>Tender Hearts Day Care</u>
4yr– 5yr children.	4yr– 5yr children.	Child care for 6wk-12yr children.
7:45am- 2:30pm	7:45am- 2:30pm	5:30am-6pm
931-598-5951	931-779-3129	931-779-4000
Beth Charlton	477 55th Ave	Connie Roach
209 University Ave	Gruetli-Laager, TN 37339	29522 TN 108
Sewanee, TN 37375		Gruetli-Laager, TN 37339

Tracy City Elementary Pre-K	<u>Tracy City Head Start</u>	<u>University of The South Child Care</u>
4yr-5yr children.	Pre-School for 3yr– 4yr children	Child care for 6wk-5yr children.
8am-3pm	Diane Crotzer, Team Leader	7:15am-5pm
931-592-5755	931-592-2311	931-598-1699
276 3rd St	SequatchieValleyHeadStart.org/	Michelle Carter
Tracy City, TN 37387	TracyCity	574 Georgia Ave
	13764 TN 41	Sewanee, TN 37375
	Tracy City, TN 37387	

Elementary Montegale Elementary

<u>Coalmont Elementary</u>	Monteagle Elementary	North Elementary School
K-8	K-8	K-8
931-59-9453	931-924-2136	931-692-3710
CES.GrundyCoSchools.com	MonteagleElementary.org	NES.GrundyCoSchools.com
Amanda Lance, Principal	Janet L. Layne, Principal	Kathy Hill, Principal
7862 TN 56	120 E Main St	309 Main St
Coalmont, TN 37313	Monteagle, TN 37356	Altamont, TN 37301
<u>Palmer Elementary</u>	<u>Pelham Elementary</u>	<u>Sewanee Elementary</u>
K-8	K-8	K-5
931-779-3383	931-467-3276	931-598-5951
Palmer.GrundyCoSchools.com	Pelham.GrundyCoSchools.com	Sewanee.FCST.net
John Ross Jones, Principal	Jamie Hill, Principal	209 University Ave
226 School House Rd	2402 TN 50	Sewanee, TN 37375
Palmer, TN 37365	Pelham, TN 37366	

St Andrews Sewanee Swiss Memorial Elementary Tracy City Elementary

5–12 K–8 K–8

931-598-5651 931-779-3129 931-592-5741

SASweb.org SMES.GrundyCoSchools.com TCES.GrundyCoSchools.com

290 Quintard Rd Kasey Woodlee, Principal Glenda Dykes, Principal

Sewanee, TN 37375 477 55th Ave 276 3rd St

Gruetli-Laager, TN 37339 Tracy City, TN 37387

High School

<u>Grundy County High School</u> <u>St Andrews Sewanee</u>

9–12

931-692-5400 931-598-5651

GCHS.GrundyCoSchools.com SASweb.org

Jamie Ruehling, Principal 290 Quintard Rd

24970 TN 108 Sewanee, TN 37375

Coalmont, TN 37313

Higher Education

<u>Chattanooga State Community College</u> <u>Cleveland State Community College</u>

Associate degree & certification programs. Associate degree programs.

423-697-4400 324-471-7141

Admissions: 423-697-4401 ClevelandStateCC.edu

ChattanoogaState.edu 3535 Adkisson Dr

4501 Amnicola Hwy Cleveland, TN 37312

Chattanooga, TN 37406

<u>Motlow State Community College</u> <u>Sewanee: University of The South</u>

Associate degree & certification Bachelor degree programs.

programs. 1-800-522-2234

1-800-654-4877 931-598-1238

931-393-1500 Admiss@sewanee.edu

MSCC.edu Sewanee.edu

6015 Ledford Mill Rd PO Box 8500 735 University Ave

Tullahoma, TN 37388 Sewanee, TN 37375

University of TN at Chattanooga

Public University

423-425-4111

423-425-4344

UTC.edu

615 McCallie Ave

Chattanooga, TN 37403

Faith Based

<u>Cedars of Lebanon Academy</u> <u>Faith Missionary Academy</u>

K– 12 Private Church school.

CedarsofLebanonAcademy.org 931-779-3338

366 Cove Creek Rd FaithMissionaryAcademy.com

McMinnville, TN 37110 Dr. S.D. Smith, Min Ed. D.

551 Red Barn Rd

Gruetli-Laager, TN 37339

Technical

TN College of Applied Technology

Technical training programs & workforce development.

931-474-TECH

931-473-5598

TCATMcMinnville.edu

241 Vo Tech Dr.

McMinnville, TN 37110

UT Extension Office

Agriculture, Family & Consumer Science, Community Resource Development, & 4-H

Youth Development.

931-592-3971

Grundy.Tennessee.edu

27 Phipps St

Coalmont, TN 37313

<u>Other</u>

<u>Discover Together</u>

Learning Co-Op for children & parents.

Summer Day Camp

Emily Partin, EPartin1@k12TN.net

931-592-5088

Tracy City Elementary Family Resource Center

276 3rd St

Emergency

<u>Fire</u>

Altamont Fire Department

Beersheba Springs Fire & Rescue

931-592-9370

931-692-2737

931-692-3508

143 Academy St

17967 TN 56

6650 TN 56

Altamont, TN 37301

Beersheba Springs, TN 37305

Coalmont, TN 37313

Coalmont Fire Department

Gruetli-Laager Fire Department

Monteagle Fire & Police Department

<u>Palmer Fire Department</u>

931-779-5148

931-924-2077

931-779-3249

27730 TN 108

173 College St

2135 Main St

Gruetli-Laager, TN 37339

Monteagle, TN 37356

Palmer, TN 37365

<u>Pelham Fire & Rescue</u>

<u>Sewanee Fire Department</u>

Tracy City Fire Department

931-692-3508

931-598-5609

931-592-3473

17967 TN 56

34 St Augustine Ave

50 Main St

Pelham, TN 37366

Sewanee, TN 37375

Tracy City, TN 37387

<u>Medical</u>

Grundy County Emergency Medical Services

931-592-3473

50 Main St

Coalmont, TN 37313

National Guard

<u>Army National Guard</u>

931-592-2757

107 Armory Rd PO Box 250

Monteagle, TN 37356

Police

Grundy County Sheriff Department

931-692-3566

GrundySheriff.com

62 Spring St PO Box 218

Altamont, TN 37301

Monteagle Police & Fire

<u>Department</u>

931-924-2077

173 College St

Monteagle, TN 37356

Tracy City Police Department

931-592-9712

50 Main St

Tracy City, TN 37387

Shelter

Altamont Emergency Shelter

931-692-3060, 931-692-3089

Church of Latter Day Saints

12471 TN 108

Altamont, TN 37301

Beersheba Springs Emergency

<u>Shelter</u>

931-692-3080, 931-692-3916

Grace Baptist Church

56 Backbone Rd

Beersheba Springs, TN 37305

Cumberland Heights

Emergency Shelter

931-692-3493

Adventist Service Center

123 Old Hwy 56

Coalmont, TN 37313

Gruetli-Laager Emergency Shelter

931-779-5494

Senior Citizens Center (basement)

32377 TN 108

Gruetli-Laager, TN 37339

Monteagle Emergency Shelter

931-924-3243

1st Baptist Church

239 1st St

Monteagle, TN 37356

<u>Palmer Emergency Shelter</u>

931-692-2505

1st Baptist Church

2628 Main St

Palmer, TN 37365

Pelham Emergency Shelter

615-294-8438

Pelham United Methodist Church

1552 TN 50

Valley Home Methodist Church

3348 TN 41 E

Pelham, TN 37366

Tracy City Emergency Shelter

931-592-8100 & 931-592-8101

1st Baptist Church

531 Main St

Family & Youth Activities

Arts & Entertainment

Grundy Area Arts Council

Cultivate & promote the arts in the TN South Cumberland.

FaceBook.com/GrundyAreaArtsCouncil

Suite 3 Tracy City Waterworks Building,

14371 TN 41, PO Box 363

Tracy City, TN 37387

<u>The Stage at Monteagle</u>

A faith and family venue.

931-592-9191

TheStageMonteagle.com

FaceBook.com/Stage.Monteagle

9509 TN 41

Monteagle, TN 37356

Fitness

<u>Hard Body's Fit</u>ness

24/7 Gym

Office Hours:

Mon-Fri 12pm-6pm

931-592-9601

423-309-5651

73 Coyler St

Tracy City, TN 37387

The Rock Fitness Center

24/7 Gym

931-779-7625

25857 TN 108

Gruetli-Laager, TN 37339

<u>Tenacity Adventure Fitness</u>

Mon-Thurs: 8am-9pm

Fri- Sat: 8am- 7pm

Sunday: 1pm-7pm

931-592-5300

13915 TN 41

Historical Societies/ Museums

Beersheba Springs Museum/ Historical Society Coal Miners' Museum

Museum & publications on Beersheba Springs Open by appointment.

history. Lisa Magourik

June- November: 1pm- 4pm 931-779-3247, 931-779-6739

BeershebaSpringsHistoricSociety.org 931-779-5292

TN 56 PO Box 117 2115 Main St

Beersheba Springs, TN 37305 Palmer, TN 37365

Grundy County Historical Society Heritage Center Swiss Historical Society

Museum & publication on Grundy County History Annual Celebration: Last Saturday of July

Oliver Jervis 10am– 4pm

931-592-6008 Jackie Lawley, President, 931-235-3029

GrundyCountyHistory.org SwissHistoricalSociety.org

GCHS.Homestead.com Info@SwissHistoricalSociety.org

465 Railroad Ave PO Box 1422 Stocker-Stampfli Farm Museum

Tracy City, TN 37387 Swiss Cemetary Rd

Gruetli-Laager, TN 37339

Libraries

<u>Altamont Public Library</u> <u>Beersheba Springs Public Library</u> <u>Coalmont Public Library</u>

Mon, Tues, & Thurs: Mon, Wed, Fri: 10am– 4pm Mon, Wed, Thurs: 10am– 5pm

9:30am- 4pm 931-692-3029 FaceBook.com/CoalmontPublicLibray

931-692-2457 & 931-692-2697

931-592-9373

1433 Main St

Beersheba Springs, TN 37305 7426 TN 56

19683 TN 56

Altamont, TN 37301 Coalmont, TN 37313

Jessie Ball DuPont Library

Monday: 8am-9pm

Tues-Thurs: 7:30am-1am

Friday: 7:30am-9pm

Saturday: 9am-6pm

931-598-1364

Library.Sewanee.edu

178 Georgia Ave

Sewanee, TN 37375

Tracy City Public Library

Mon & Wed: 10am- 4:30pm

Friday: 9am-4pm

931-592-9714

50 Main St

Tracy City, TN 37387

May Justus Memorial Library

Monday: 9am-5pm,

Tuesday– Friday: 8am– 4pm

931-924-2638

FaceBook.com/May-Justus-

Memorial-Library

24 Dixie Lee Ave

Monteagle, TN 37356

<u>Palmer Public Library</u>

Monday: 1pm-5pm

Tuesday & Thursday:

8:30am-5pm

931-779-5292

2115 Main St

Palmer, TN 37365

<u>Parks</u>

Ball Parks

Altamont Ball ParkBeersheba Springs Ball ParkCoalmont Ball ParkPalmer Ball Park17952 Pelham RdHunters Mill Rd931-592-93742322 Main StAltamont, TN 37301Beersheba Springs, TN 373057946 TN 56Palmer, TN 37365

Coalmont, TN 37313

<u>Pelham Ball Park</u> <u>Tracy City Ball Park</u>

Ball Park Rd 12th St

Pelham, TN 37366 Tracy City, TN 37387

City Parks

<u>Brittany Lynn Bean Mini Park</u> <u>Hannah Picket Memorial Park</u> <u>Harton Park</u>

<u>& Coalmont City Park</u> 16 Dixie Lee Ave 143 College St

TN 56 & Heidenberg St Monteagle, TN 37356 Monteagle, TN 37356

Coalmont, TN 37313

Lawrence P Phipps Recreational & Nature Trail: City of Coalmont

TN 56 Between 6th St & Cove Creek Rd

Coalmont, TN 37313

South Cumberland State Park

<u>Carter State Natural Area</u> <u>Collins Trailhead West</u> <u>Fiery Gizzard Trailhead/ Grundy</u>

TN 56 2689 55th Ave <u>Forest State Natural Area</u>

Sewanee, TN 37375 Gruetli-Laager, TN 37339 71 Fiery Gizzard Rd

Tracy City, TN 37387

<u>Friends of South Cumberland</u> <u>Greeter Falls</u>

498 Foster Falls Rd FriendsofSCSRA.org 551 Greeter Falls Rd

Seguatchie, TN 37374 PO Box 816 Altamont, TN 37301

Sewanee, TN 37375

<u>Grundy Lakes State Park</u> <u>Hawkins Cove</u> <u>Natural Bridge State Natural Area</u>

587 Lakes Rd Sewanee Hwy Natural Bridge Rd

Tracy City, TN 37387 Sewanee, TN 37375 Sewanee, TN 37375

<u>Savage Gulf Natural Area:</u> <u>South Cumberland Recreation Area:</u> <u>Stone Door: Ranger Station</u>

<u>Ranger Station</u> <u>Visitors Center</u> 931-692-3887

931-924-2956 931-924-2980 Stone Door Rd

11745 TN 399 11745 TN 41 Beersheba Springs, TN 37305

Palmer, TN 3735 Monteagle, TN 37356

Other

Franklin State Forest Mountain Goat Trail Alliance Sewanee Perimeter Trail

Ranger John Kunz Rail to Trail recreation project Hiking trail around University

931-598-0830 from Sewanee to Palmer. of The South domain.

Pole Ridge Rd MountanGoatTrail.org Sewanee, TN 37375

Sherwood, TN 37376 Info@MountainGoatTrail.org

Summer Camps

<u>Discover Together</u> **Dubose Conference Center** Mountain T.O.P. Summer Day Camp Conference Space & Summer Camp. Major home repair & camp. Learning Co-Op for children & David Ramsey, Executive Director Ed Simmons, Executive Director parents. 931-924-2353 Julie Keel, Associate Executive Emily Partin, Director DuboseConf.org EPartin1@k12TN.net 931-692-3999 635 College St PO Box 339 931-592-5088 MountainTOP.org Monteagle, TN 37356 Tracy City Elementary Family 480 Old Hwy 56 **Resource Center** Coalmont, TN 37313 276 3rd St

St Andrews Sewanee Summer Camps
931-598-5651 Ext 2120
Summer day-camp.
SBergman@SASweb.org
Belinda Morgan
BKP0329@yahoo.com

Sewanee.edu/Summer/
931-779-3139

Adult Tennis Camp: John Shackelford, 931-598-1485

Swiss Memorial Elementary

447 55th Ave

All Sports Camp: Jeff Heitzenrater, 931-598-1285

Basketball Shooting & Skills Camp: Bubba Smith, 931-598-1298 Gruetli-Laager, TN 37339

Bridge Program in Math & Science: Catalina Jordan, 931-598-1997

Field School in Archaeology: Sarah Sherwood, 931-598-3396

Mountain Trails Cross Country Camp: Michele Dombrowski, 931-598-1518

Pre-College Field Studies Experience: Rachel Petropoulos, 931-598-1258

Sewanee Girls Lacrosse Camp: Michele Dombrowski, 931-598-1518

Sewanee Soccer Camp: Tony Pacella, 931-598-1564

Tracy City, TN 37387

Sewanee Soccer Camp for Girls: Patrick Johnston, 931-598-1582

Sewanee Summer Music Festival: Katherine Lehman, 931-598-1225

Sewanee Writers' Conference: Megan G. Roberts, 931-598-1141

Sewanee Young Writers' Conference: Elizabeth Grammer, 931-598-1541

Tiger Tennis Camp: John Shackleford, 931-598-1485

Individual & Family Support Services

Addiction Recovery

Alcoholics Anonymous

Sunday: 6:30pm @ Holy Comforter Church, 16 1st Monteagle, TN 37356

Monday: 7pm @ Christ Church 552 10th Ave Tracy City, TN 37387

Tuesday: 7:30pm @ Claiborne House, Otey Parish 216 University Ave Sewanee, TN 37375;

7pm @ First Baptist Church Altamont, TN 37301

Wednesday: 7:30pm @ Holy Comforter Church 16 1st St Monteagle, TN 37356;

Tea-Totallers Women's Group: 4:30pm @ Clifftops Monteagle, TN 37356 931-924-3493

Friday: 7pm @ Holy Comforter Church 16 1st St Monteagle, TN 37356;

7pm @ Christ Church 552 10th Ave Tracy City, TN 37387

Saturday: 7:30pm @ Claiborne House Otey Parish 216 University Ave Sewanee, TN 37375

* Tracy City: Call 931-592-7014 or 423-942-0770

Blue Monarch

Addiction, domestic violence, and economic

hardship assistance for women and children.

931-924-8900

BlueMonarch.org

Susan Binkley: Susan@BlueMonarch.org

Additional Contact: Info@BlueMonarch.org

PO Box 1207

Monteagle, TN 37356

Project LifeLine

Meetings: Gruetli Church of God on Thursdays @ 6pm.

Addiction Recovery

931-709-1611

TNLifeLine.com

Dave Hodges, Coordinator: 423-602-1642,

Dave@TNLifeLine.com

62 Spring St

Altamont, TN 37301

SAA Ranch

Equine therapy, family meetings, & recovery

support.

931-592-5483

SdoubleARanch.org

Sandy Spies: Sandy@SdoubleARanch.org

20 Faith Rd, Tracy City, TN 37387

155 Windstone Dr

Sequatchie, TN 37374

Women's 12 Step

Monday: 5pm

Claiborne House Otey Parish

216 University Ave

Sewanee, TN 37375

Women's Open Recovery Meeting

Saturday: Call for location.

615-454-7799

Clothing

Appalachian Women's Guild

Thrift store & emergency food bank.

Monday- Friday: 9am- 4pm

931-592-8588

AWGTN.org

AWGTN@blomand.net

492 Main St

Tracy City, TN 37387

Cumberland Heights Community

Services

Health food & thrift store: Tues

9am- 1pm

Food bank: 1st Tues 9am-1pm

931-692-3493

123 Old Hwy 56

Coalmont, TN 37313

Hospitality Shop

Thrift store.

Tues & Thurs: 9:30am-2pm

Saturday: 10am- 12pm

931-598-0136

FaceBook.com/Hospitality-Shop

1096 University Ave

Sewanee, TN 37375

Emergency Financial Assistance

Community Action Committee

Food bank, emergency financial assistance, & housing assistance.

Mon, Tues, Fri: 9am- 11am; Wed: 9am- 11am, 1pm- 3pm

Director Betty Carpenter

931-598-5927

OteyParish.org/CAC

CACOteyParish@gmail.com

216 University Ave

Sewanee, TN 37375

Morton Memorial United Methodist Church Food Bank

Food assistance & Santa on The Mountain.

2nd Saturday of month: 9am-11am

Rev. Amanda Diamond

931-942-2192

MortonMemorial.org

MortonMemorialUMC@gmail.com

322 W Main St

Monteagle, TN 37356

Sequatchie Valley Electric Cares

Financial assistance for youth programs, clothing, food banks, shelter, and medical services.

931-592-2511

SValleyEC.com/content/SVECares

SVE Cares PO Box 405

South Pittsburg, TN 37380

Employment

South East TN Human Resource Agency (SETHRA)

Transportation, employment assistance,

and education.

1-800-852-6155 (toll free)

423-949-2191 (HQ office)

931-592-8260 (GC office)

SETHRA.us, SETHRATransit.org, Info@SETHRA.us

27 Phipps St

Coalmont, TN 37313

<u>Food</u>

Appalachian Women's Guild	<u>Community Action Committee</u>	Cumberland Heights Food Co-op
Thrift store & emergency	Food bank, emergency financial	Non-profit ministry giving residents fresh
food bank.	assistance, & housing assistance.	good quality dry foods and health-care products. We order from:
Monday– Friday: 9am– 4pm	Mon, Tues, Fri: 9am– 11am;	·
931-592-8588	Wed: 9am- 11am, 1pm- 3pm	www.somethingbetternaturalfoods.com
AWGTN.org	Director Betty Carpenter	For information call:
AWGTN@blomand.net	931-598-5927	Anne Lee: 931-692-3366
492 Main St	OteyParish.org/CAC	Orders are small & large quantities
Tracy City, TN 37387	CACOteyParish@gmail.com	& normally every 8 weeks.
, ,,	216 University Ave	
	Sewanee, TN 37375	<u>Morton Memorial</u>
<u>Cumberland Heights</u>		<u>United Methodist Church Food Bank</u>
Community Services	Grundy County Food Bank	Food assistance &
Health food & thrift store:	Food assistance.	Santa on The Mountain.
Tues 9am- 1pm	Tuesday: 8am– 10am	2nd Saturday of month: 9am-11am
Food bank: 1st Tues 9am-1pm	Sandy Spies,	Rev. Amanda Diamond
931-692-3493	SandySpies@hotmail.com	931-942-2192
123 Old Hwy 56	931-592-3631	MortonMemorial.org
Coalmont, TN 37313	TN 41 & Lakes Rd, PO Box 1683	MortonMemorialUMC@gmail.com
	Tracy City, TN 37387	322 W Main St
		Monteagle, TN 37356
Elk Meadows Apartment	Housina	Hidden Creek Anartments

<u>EIR IVIEddows Apartment</u>	<u>Housing</u>	<u>Hidden Creek Apartments</u>
931-692-2357		931-461-7300
18 Elk Ln	Grundy Housing Authority	310 Spring St
Coalmont, TN 37313	931-924-2496	Monteagle, TN 37356
	Fax: 931-924-2469	
Monteagle Greene Apartments	GHousing@blomand.net	Woodland Ridge Apartments
931-924-3060	187 Raulston Ave	931-924-2328
48 Madison Ave	Monteagle, TN 37356	203 4th St.
Monteagle, TN 37356		Monteagele, TN 37356

Housing Assistance

Housing Sewanee

Mid-Cumberland Mountain Ministries

Helps provide housing for elderly, sick, disabled

and grandparents raising grandchildren.

Mortgage assistance, low income housing, home repair, emergency shelter, Santa on the Mountain & in the Valley, and Work for the Future (financial aid for students).

Dixon Myers, Coordinator of Outreach Ministries

Rev Bill Barton, Rector

931-598-1156

Cathy Kirkland, Program Coordinator

HousingSewaneeInc.com

931-924-3380

735 University Ave Sewanee, TN 37375

MCMM@blomand.net

Holy Comforter Church

16 1st St

Monteagle, TN 37356

Mission Accomplished Stable Housing (MASH)

Temporary financial assistance to veterans and their families who

are or at risk for homelessness.

Carla Mohammed-Lawson, SSVF Outreach Coordinator.

1-877-567-6051

www.vbhcs.org

The Guidance Center

2126 N Thompson Ln

Murfreesboro, TN 37130

Mountain T.O.P.

Major home repair & camp.

Ed Simmons, Executive Director

Julie Keel, Associate Executive Director

931-692-3999

mountain-top.org

480 Old Hwy 56

Coalmont, TN 37313

Senior Citizens

Nursing/Rest Home

<u>The Bridge at Monteagle</u> <u>Haven of Rest</u> <u>Hillcrest Village</u> <u>Meadowood Apartments</u>

Skilled Nursing Facility Nursing Home 931-592-9828 931-592-9628

931-924-2041 931-592-9621 507 Hobbs Hill Rd 1452 TN 41

BridgeAtMonteagle.com 293 King Rd Tracy City, TN 37387 Tracy City, TN 37387

26 2nd St Tracy City, TN 37387

Monteagle, TN 37356

Sheltering Arms Home

Assisted living for senior citizens.

931-779-8080

265 Turner Rd

Palmer, TN 37365

Services

<u>Folks at Home</u> <u>Gruetl-Laager Senior Citizens Center</u>

<u>South Cumberland Plateau Time Bank</u> Lunch: 11:30am

Co-Op for seniors to receive in-home care. Games & Day-Trips

Kathleen O'Donohue 931-779-5494

931-598-0303 32377 TN 108

FolksAtHome.Sewanee.edu Gruetli-Laager, TN 37339

216 University Ave

Sewanee, TN 37375

Monteagle Nutrition Site Sewanee Senior Citizens Center

Hot meals for citizens 60yrs & older. Mon– Fri: 8:30am– 1:30pm

Mon– Fri: 11am– 12:30pm Meals for seniors & shut-ins, games,

931-592-5559 excursions, exercise, music, & classes.

May Justus Memorial Library 931-598-0771

24 Dixie Lee Ave 5 Ball Park Rd

Monteagle, TN 37356 Sewanee, TN 37375

Support Groups

Adult Children of Alcoholics & Dysfunctional Families Adult Survivor of Child Abuse

Thursday: 7:30pm Thursday: 7pm

Claiborne House, Otey Parish 931-924-4900

216 University Ave ASCAsupport.org

Sewanee, TN 37375 South.Cumberland.ASCA@gmail.com

The Wesley House

330 W Main St

Monteagle, TN 37356

Alcoholics Anonymous

Sunday: 6:30pm @ Holy Comforter Church, 16

1st Monteagle, TN 37356

Monday: 7pm @ Christ Church 552 10th Ave

Tracy City, TN 37387

Tuesday: 7:30pm @ Claiborne House, Otey

Parish 216 University Ave Sewanee, TN 37375

7pm @ First Baptist Church Altamont, TN

37301

Wednesday: 7:30pm @ Holy Comforter

Church 16 1st St Monteagle, TN 37356

Tea-Totallers Women's Group: 4:30pm @

Clifftops Monteagle, TN 37356 931-924-3493

Friday: 7pm @ Holy Comforter Church 16 1st

St Monteagle, TN 37356

7pm @ Christ Church 552 10th Ave Tracy City,

TN 37387

Saturday: 7:30pm @ Claiborne House Otey

Parish 216 University Ave Sewanee, TN 37375

* Tracy City: Call 931-592-7014 or 423-942-

0770

<u>Alzheimer's & Dementia</u> <u>Project LifeLine</u>

Support Group

3rd Tuesday: 6pm

The Bridge at Monteagle

26 2nd St

Monteagle, TN 37356

6pm

Meetings: Gruetli Church

of God on Thursdays @

Addiction Recovery

931-709-1611

TNLifeLine.com

Dave Hodges, Coordinator:

423-602-1642,

62 Spring St

Women's 12 Step Dave@TNLifeLine.com

Monday: 5pm

Claiborne House

Otey Parish

216 University Ave

Sewanee, TN 37375

Altamont, TN 37301

Women's Open Recovery

Meeting

Saturday: Call for location.

615-454-7799

<u>Other</u>

Animal Alliance- South Cumberland

Spay & neuter at low cost, transport to & from clinic, financial assistance, & education.

Drop off on 3rd Thurs of month & pick up Fri.

931-235-9006

AnimalAllianceSouthCumberland.org

AnimalAllianceSC@gmail.com

PO Box 627

Drop off site: 14399 TN 41

Rear of Alma Mater Theatre

Tracy City, TN 37387

<u>Dispensary of Hope</u>

Charitable medication distributor connecting surplus medications from manufacturers, distributors, and providers to clinics and pharmacies serving the poor and uninsured.

888-428-HOPE

DispensaryofHope.org

info@DispensaryofHope.com

PO Box 281496

Nashville, TN 37228

Department of Human Services

Children's services, food stamps, Medicaid, TennCare, and Families First financial assistance.

931-592-9231

Children's Services: 931-592-9235

13153 TN 41

Tracy City, TN 37387

<u>Grundy County Schools Family Resource Center</u>

Facilitates resources, services, benefits, and support for families of school children.

Emily C. Partin, Director

931-235-5576

EPartin1@k12tn.net

276 3rd St

Tracy City, TN 37387

<u>Imagination Library</u>

Free monthly books for children.

Janie Melton, Grundy Rep, Janie.Melton@TN.gov

931-692-3641

USA.ImaginationLibrary.com

GC Health Department

1372 Main St, PO Box 65

Altamont, TN 37301

Prescription Hope

National advocacy program that obtains FDA-approved prescription medications at an affordable price.

1-877-296-4673

1877-298-1012 (fax)

PrescriptionHope.com

PO Box 2700

Westerville, OH 43086

Medical

Chiropractor

21st Century Chiropractic

Victor Palffy, DC

931-924-3474

16 E Main St

Monteagle, TN 37356

Dental

Matthews Dental

Christopher S. Matthews, DMD

Mon- Thurs: 8am- 5pm (lunch 1pm- 2pm)

931-598-0088

MathewsDental.com

1340 University Ave

Sewanee, TN 37375

Monteagle Family Dentistry

Chad C. Smith, DDS

931-924-2219

16 S Central St

Monteagle, TN 37356

Family

Beersheba Springs Medical Clinic

Not for profit medical clinic.

Tues & Thurs: 8am-4pm

Dr. Garrett Adams, MD

Cherrie Rankin, Medical Assistant

Linda Elrod, PAC

Norma Sparks, PAC

931-692-2229

BeershebaClinic.org

BeershebaClinic@blomand.net

19592 TN 56

Beersheba Springs, TN 37305

Dr J. Family Medicine

Mon- Thurs: 8: 30am- 4:30pm

Friday: 8:30am- 3:30pm

931-924-7000

Dr. Jay Trussler, DO

924 Main St

Monteagle, TN 37356

Grundy County Health Department

WIC, Immunizations, primary care for uninsured, TB testing, STD testing, and family planning.

931-692-3641

1372 Main St

Altamont, TN 37301

Mountain Medical Clinic	<u>Palmer Medical Clinic</u>
Mon– Fri: 8am– 5pm	Mon-Thurs: 8am-4:30pm
(lunch: 12pm- 1pm)	(Lunch: 12:30pm- 1:30pm)
Dr. Joanne Filchock, MD	Friday: 8am– 1pm
Rita P. Milner, FNP, BC	Dr. John McKeown, MD
931-924-8000	931-779-3691
21 1st St	2578 Main St PO Box 100
Monteagle, TN 37356	Palmer, TN 37365
Sewanee Family Practice	<u>Tracy Clinic</u>
Dr. David Martin, DO	Family medicine
Dr. Matt Petrilla, DO	Angela Patterson, ANP
Dr. Louis Koalla, MD	Mon, Tues, Wed: 9am–5pm
CHPLLC.org	(lunch: 12pm- 2pm)
	Mon– Fri: 8am– 5pm (lunch: 12pm– 1pm) Dr. Joanne Filchock, MD Rita P. Milner, FNP, BC 931-924-8000 21 1st St Monteagle, TN 37356 Sewanee Family Practice Dr. David Martin, DO Dr. Matt Petrilla, DO Dr. Louis Koalla, MD

931-598-5648

1314 University Ave

Sewanee, TN 37375

Thursday: 9am- 12pm

Tracy City, TN 37387

931-592-4242

740 Main St

Volunteers in Medicine

Altamont, TN 37301

Preventative care & medicine for uninsured adults.

931-698-2579

FaceBook.com/Volunteers-in-Medicine-of-Southern-Tennessee

855 Dinah Shore Blvd Suite 21

Winchester, TN 37398

Hospitals

<u>Erlanger Health System</u>	<u>Park Ridge Medical Center</u>	<u>River Park Hospital</u>	<u>STRHS Sewanee</u>
423-778-7000	423-698-6061	931-815-4000	931-598-5691
975 E 3rd St	2333 McCallie Ave	1559 Sparta St	1260 University Ave
Chattanooga, TN 37403	Chattanooga, TN 37404	McMinnville, TN 37110	Sewanee, TN 37375

STRHS Winchester

931-967-8200

185 Hospital Rd

Winchester, TN 37398

Internal

Ecko Internal Medicine Monteagle Internal Medicine

Dr. Arnold Ecko, MD Dr. Tenzing Chounzom, MD

931-924-2120 Monday: 10am-7pm

25 Spring St Tues & Thurs: 8am– 12pm

Monteagle, TN 37356 Wed & Fri: 8am – 5pm

931-924-4045

15 S Central St

Monteagle, TN 37356

Mental

William C. Kersetter

Monteagle, TN 37356

931-924-0042

218 E Main St

Behavioral Safety Net of TN A Place for Hope Counseling

Mental health services for uninsured Tennesseans.

TN.gov/Mental/ SafetyNet.html

Franklin County: 416 S Main St, Estill Springs, TN 37330-

931-649-3408

Warren County: 120 Omni Dr, McMinnville, TN 37110-931-473-9649, Fax: 931-473-

4223

Marion County: 215 Hickman Rd, Jasper, TN 37347-423-942-3961, Fax: 423-942-6895

Mountain Valley Mental Health

Ron Abrams, Director

Regional Office: 215 Hickman Rd, Jasper,

TN 37347- 423-942-3961

Grundy Office: 13764 TN 41, Tracy City,

TN 37387-931-592-2920

<u>Pediatrics</u>

Sewanee Pediatrics & Adolescent Medicine

Dr. Amy Adams, MD

Dr. Mary Heath, MD MPH

Eric Bornemann, CPNP

Mon- Fri: 8am- 4:30pm (Lunch: 12pm- 1pm)

931-598-9761

1318 University Ave PO Box 249

Sewanee, TN 37375

Optometrist

<u>Dr Randy Littell, OD</u>

931-592-2868

97 Clair St

Tracy City, TN 37387

Pharmacies

<u>CVS Pharmacy</u>	<u>Fred's Pharmacy</u>	<u>Mike's Pharmacy</u>	<u>Palmer Drugs LLC</u>
Mon– Fri: 8am– 9pm	Mon- Fri: 9am- 6:30pm	Mon- Fri: 8:30am- 5:30pm	Mon– Fri: 9am– 5pm
Saturday: 9am– 6pm	Saturday: 9am- 6pm	(lunch: 12:55pm-2pm)	931-779-3966
Sunday: 10am- 6pm	931-924-4700	931-592-9190	571-Main St
931-924-2832	829 Main St	740 Main St	
340 W Main St	Monteagle, TN 37356	Tracy City, TN 37387	Palmer, TN 37365

Wiley's Pharmacy

Monteagle, TN 37356

Mon, Tues, Thurs, & Fri: 9am-5pm

Wed & Sat: 9am-12pm

931-692-3888

1595 Main St

Altamont, TN 37301

Other

Dispensary of Hope

Charitable medication distributor connecting surplus medications from manufacturers, distributors, and providers to clinics and pharmacies serving the poor and uninsured.

888-428-HOPE

DispensaryofHope.org

info@DispensaryofHope.com

PO Box 281496

Nashville, TN 37228

Exceptional Enterprise

Adult intellectual disability day-service.

Mon-Fri: 8am-5pm

Bill Lingle, Director

931-692-2235

ExCenter@blomand.net

23 Industrial Rd

Coalmont, TN 37313

Home Healthcare of East TN, Inc & Hospice

Home healthcare services & hospice.

931-592-4200

1490 TN 56

PO Box 1605

Tracy City, TN 37387

Prescription Hope

National advocacy program that obtains FDA-approved

prescription medications at an affordable price.

1-877-296-4673

1877-298-1012 (fax)

PrescriptionHope.com

PO Box 2700

Westerville, OH 43086

Reversing Diabetes Seminar

Educational program for reversing diabetes via diet

& exercise.

Steve Wickham

Karen Wickham

Reversing Diabetes Grun-

dy@gmail.com

<u>South Cumberland Plateau Health Network</u>

Increasing access to healthcare through education,

research, and building partnerships.

Katie Goforth, Network Director

615-417-7258

Goforth.SCPHN@gmail.com

SouthCumberlandHealth.org

FaceBook.com/SouthCumberlandHealthNetwork

PO Box 128

Altamont, TN 37301

Utilities

Communication

Ben Lomand Telephone Cooperative

Internet, security, telephone, and

television services.

931-592-2121

67 Main St

Tracy City, TN 37387

DTC Wireless c/o A-1 Communications

Mobile & Telephone

Mon- Fri: 8am- 5pm Saturday: 9am- 2pm

DTCWireless.com

29323 TN 108

Gruetli-Laager, TN 37339

931-779-4500

43 Main St

Tracy City, TN 37387

931-592-5577

<u>Energy</u>

Duck River Electric Membership

Cooperative

931-598-5228

DREMC.com

13083 Solace M. Freeman Hwy

Sewanee, TN 37375

Seguatchie Valley Electric Cooperative

931-592-2511

14002 TN 41

Tracy City, TN 37387

Sequatchie Valley Propane

931-592-5126

1436 Altamont St

Tracy City, TN 37387

Waste Disposal

Altamont Convenience Center

Household trash disposal.

931-692-4273

97 Vernon Ave

Altamont, TN 37301

Beersheba Springs Convenience Center

Household trash disposal.

931-692-4272

17943 TN 56

Beersheba Springs, TN 37305

Coalmont Convenience Center

Household trash & tire disposal.

931-592-4273

30 N Morgan's Ridge Rd

Coalmont, TN 37313

Monteagle Convenience Center

Gruetli-Laager Convenience Center

Household trash disposal.

Nunley Sanitation & Recycling

Household trash disposal.

Household trash disposal.

931-692-4272

931-779-4273

931-598-8009

17943 TN 56

27620 TN 108

430 1st St

Monteagle, TN 37356

Gruetli-Laager, TN 37339

Tracy City, TN 37387

Palmer Convenience Center

Pelham Convenience Center

Sewanee Convenience Center

Household trash disposal.

Household trash disposal.

Household trash disposal.

931-692-4272

931-692-4272

Mon: 1pm-6pm Tues- Fri: 3pm-6pm

2126 Main St

17943 TN 56

Sat: 8am-4pm

Palmer, TN 37365

Pelham, TN 37366

132 Missouri Ave

Sewanee, TN 37375

Sewanee Glass Recycling Area

Tracy City Convenience Center

Mon-Sat: 7am-6pm

Household trash disposal.

Kennerly Ave

931-592-4272

Sewanee, TN 37375

663 Railroad Ave

Tracy City, TN 37387

Water

Big Creek Utility District

Hillsville Utility District

Tracy City Water Works

931-692-2505

931-728-1242

931-592-2787

1606 Main St

117 N Irwin St

14371 TN 41

Altamont, TN 37301

Manchester, TN 37355

Tracy City, TN 37387

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Telephone Help-Lines

State-211

Adult protective Services	BlueCare Member Service	Blue Care Transportation	Breast Feeding Hotline
1-888-277-8366	1-800-468-9698	1-866-473-7563	1-855-4BF-MOMS
	1-800-999-1658		1-855-423-6667
Child Abuse Hotline	<u>Cover Kids</u>	<u>DentaQuest</u>	<u>Department of</u>
1-877-54ABUSE	1-866-620-8864	TennCare Dental	<u>Children Services</u>
1-877-542-2873	CoverKids.com	1-877-418-6886	1-877-237-0004
<u>Food Stamp Program</u>	<u>Health Assist</u>	HIV/ STD Help Line	<u>Medical Foundation of</u>
1-615-313-4700	Helps citizens with low	1-800-525-2437	<u>Chattanooqa</u>
TN.gov/FoodStamps	income find healthcare.		Health Insurance Mar-
	1-800-268-4038		ketplace assistance.
	HealthAssistTN.org		423-622-2872
Pre-Existing Condition Insurance Plan 1-866-717-5826 PCIP.gov	Public Transportation 1-615-741-2848 TDOT.State.TN.US	<u>Refugee Services</u> 1-615-352-3087	Save Today for Tomorrow's College Cost 1-855-386-7827 TN.Stars@TN.gov
Sexual Assault & Rape Crisis 1-423-755-2700	State Health Insurance Assistance Program 1-877-801-0044 1-866-836-7677	TennCare Information 1-800-342-3145 TN.gov/TennCare	<u>TennCare Mental Health &</u> <u>Drug/ Alcohol Treatment</u> 1-800-758-1638

<u>TennCare Select</u>	<u>TennCare Select</u>	<u>TennCare Solutions</u>	<u>TennderCare</u>	TN Health Connections
1-800-263-5479	<u>Transportation</u>	1-800-878-3192	1-800-342-3145	TennCare Assistance
1-800-999-1658	1-866-473-7565			1-855-259-0701
TN Justice Center	TN Primary Care	TN School Nutrition	TN Student Assistance	TN Tobacco QuitLine
<u>TN Justice Center</u> 1-877-608-1009	TN Primary Care Association	TN School Nutrition Program	TN Student Assistance Corporation	TN Tobacco QuitLine 1-800-Quit-Now
1-877-608-1009	Association	<u>Program</u>	<u>Corporation</u>	1-800-Quit-Now

Volunteer Behavioral Health

1-800-281-4943

24hr Crisis Line: 1-800-704-2651

<u>National</u>

<u>Breast Feeding Center</u> 1-800-994-9662	Center for Missing & Exploited Children 1-800-843-5678	<u>Child Abuse HotLine</u> 1-800-422-4453	Child Care Complaint HotLine 1-800-462-8261
Domestic Violence HotLine 1-800-799-7233	<u>Domestic Violence</u> <u>Victim Services</u> 1-800-435-7739	<u>Families First</u> 1-866-311-4287	<u>Families in Crisis</u> 1-800-675-0766
Health Insurance Market- place Medicare HelpLine 1-800-633-4227	Health Insurance Marketplace HotLine 1-800-318-2596	Medicare HelpLine 1-877-801-0044	Mortgage & Forclosure Consulting 1-855-876-7283 KeepMyHome.org
<u>Parent HelpLine</u> 1-800-356-6767	Poison Control HotLine 1-800-222-1222 1-800-288-9999	<u>Runaway HotLine</u> 1-800-786-2929	Social Security HotLine 1-800-772-1213
Substance Abuse HelpLine 1-800-662-4357	<u>United HealthCare</u> <u>Community Plan</u> 1-800-690-1606	United HealthCare Transportation 1-866-725-6270	WIC HelpLine 1-800-DialWIC 1-800-342-5942

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