



What Should I Do When My Child Is Not Feeling Well?

If your child is at home with any of the following symptoms:

- Sore throat
- Headache
- Vomiting
- Diarrhea
- Congestion

Please keep them at home for at least 24 hours and until they are symptom free. If after 24 hours symptoms are no better or other symptoms have developed, we recommend your child be seen by a physician before returning to school. If your child has been seen by a physician, please provide a note.

If your child is at home with any of the following symptoms:

- Cough
- Difficulty Breathing
- New Loss of Taste or Smell
- Fever of 100.4 or higher

If your child has the above symptoms it is recommended by the Department of Public Health they be screened for the Novel CoronaVirus (COVID 19). The Murray County School District recommends following all DPH guidelines. We ask that notification be provided to the respective school of all COVID-19 testing dates and results. If you choose not to see a physician or be tested for COVID 19, you will need to quarantine at home for 14 days from the day symptoms start.

We ask that you please check your child's temperature daily prior to school and monitor them for ANY of the above symptoms before sending them to school.

You may be tested at the following facilities provided by DPH:

Murray County Health Dept.: Monday through Thursday from 8am-9am

Whitfield County Health Department: Call: **1-888-881-1474** to schedule an appointment.

Thank you,

Murray County School System

Nursing Department

For questions, please contact your school

