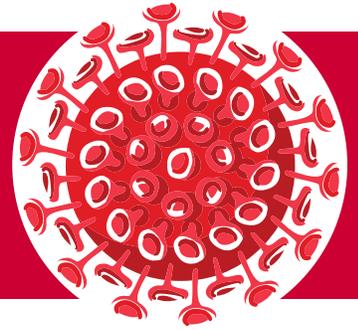


WEARING A FACE MASK: A COVID-19 SOCIAL STORY FOR ADULTS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES



Face masks prevent the spread of COVID-19, a virus that can make people very sick. This social story can help you understand why face masks are important.



When I go out, I see lots of people wearing masks.



Masks help prevent germs from spreading.



I wear a mask to keep others healthy and safe from germs.



People wear masks to keep me healthy and safe from germs.



It is important to wear my mask when I go to the store, the doctor's office, and even when I visit my friends.



I want to keep the people I see healthy and safe from germs.



I want to keep my friends healthy and safe from germs.



I want to keep myself healthy and free from germs.



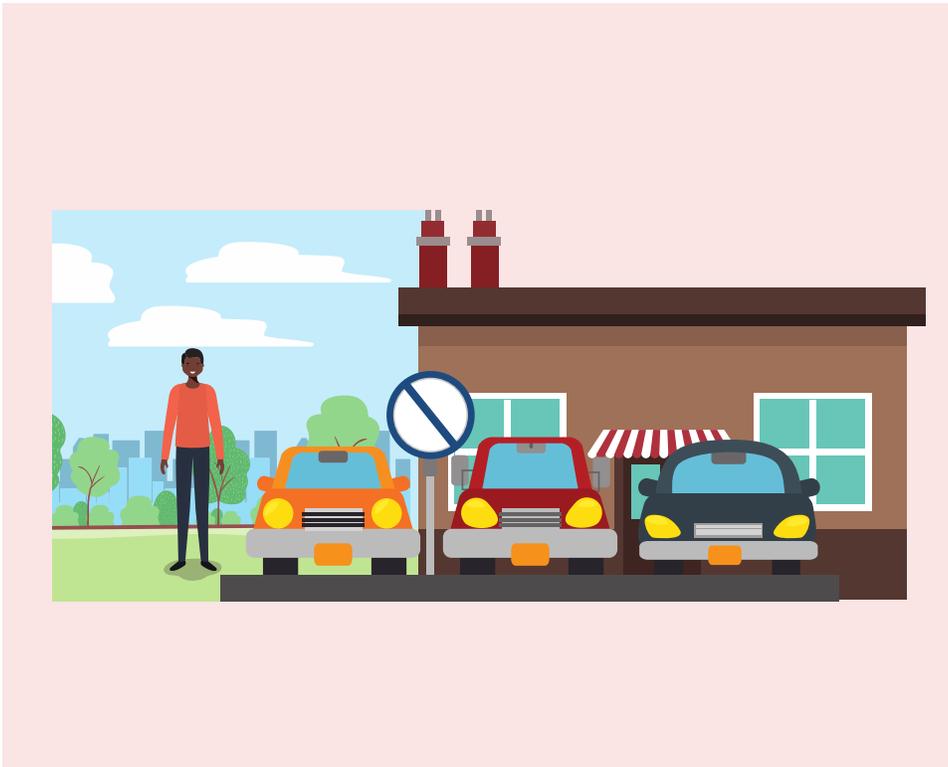
Sometimes masks come in different fabrics so I can choose a pattern I like or make my own.



If I get anxious or frustrated when I wear my mask, I can tell someone who supports me.



They will help me get to a place where I can safely take a break from wearing my mask.



If I am out, I can go to the car or somewhere else where I am away from people to take my mask off.



When I am ready and need to be closer to other people again, it is important to put my mask back on.



Sometimes, I may see people without masks. I should try to stay at least 6 feet away from people whether or not they have a mask on.



When I get home, I take off my mask, wash my hands, and wash my mask if it is made of cloth.



I want to keep everyone healthy and safe from germs.

Preparation of this document was supported by the NJ Department of Human Services,
Division of Developmental Disabilities (Contract #04ME20C).
June, 2020

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