MEAL PRICES: Milk (only): \$.60 Breakfast and Launch are currently available to ALL students for FREE

Sterling Community School Breakfast & Lunch Menu

January 2021

FRESH FRUITS AND VEGGIES SERVED EVERY DAY!

Staff Meal: \$4.00

1/4	1/	5 1/6	1/7	1/8
Mini Corn Dogs	Beef&Cheese Nachos	Grilled Cheese	Chicken Tenders	Pizza Day!!
Fresh Fruit & Veggies	1	Fresh Fruits & Veggies		Fresh Fruit & Voggio
Milk	Fresh Fruits & Veggies	Milk	Milk	Milk
	Milk	,	IVIIIX	EVIIIK
Alt. Sunbutter & Jelly	Alt. Sunbutter & Jelly	Alt. Sunbutter & Jelly	Alt. Sunbutter & Jelly	Alt. Sunbutter & Jelly
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Cereal	Cinnamon Roll	Apple Roll	Cinnamon Roll	Cereal
1/11	• "	1	ì	1/15
Mozzarella Sticks	Cheeseburger	Turkey Sandwich *	Pancakes	Pizza Day!!
Milk	Fresh Fruit & Veggies Milk	Fresh Fruit & Veggies Milk	Fresh Fruit & Veggies Milk	Fresh Fruit & Veggies Milk
Alt. Sunbutter & Jelly	Alt. Sunbutter & Jelly	Alt. Sunbutter & Jelly	Alt. Sunbutter & Jelly	1
Breakfast:	_			
Cereal	Breakfast:	Breakfast:	Breakfast:	Breakfast:
1/18	Cinnamon Roll	Apple Roll	Choc. Chip Muffin	Cereal
1/18	1/19	-,	· · · · · · · · · · · · · · · · · · ·	1/22
	Cheese Quesadilla	French Toast Sticks	Mexican Rice Bowl	Pizza Day!!
NO	w/ Salsa	w/ Sausage	Fresh Fruit & Veggies	-777
SCHOOL	Fresh Fruit & Veggies		Milk	Milk
•	Milk	Milk	41. 0 1 0 . 11	
	Alt. Sunbutter & Jelly	Alt. Sunbutter & Jelly	Alt. Sunbutter & Jelly	Alt. Sunbutter & Jelly
	Breakfast:	Breakfast:	Breakfast:	Breakfast:
	Cinnamon Roll	Apple Roll	Cinnamon Roll	Cereal
1/25	1/26	1/27	1/28	1/29
Grilled Cheese	Chicken Patty	Mini Corn Dogs	Chicken Tenders	Pizza Day!!
	Fresh Fruit & Veggies	22	W/ Dinner Roll	Fresh Fruits & Veggies
Milk	Milk	Milk	Fresh Fruit & Veggie	Milk
an. Sunbutter & Jeny V	Alt. Sunbutter & Jelly	- 1		Alt. Sunbutter & Jelly
			Alt. Sunbutter & Jelly	
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Cereal	Cinnamon Roll	Apple Roll	Cereal	Cereal
2/1	2/2	2/3	2/4	2/5
		Turkey Sandwich	Chicken Patty	Pizza Day!!
Mozzarella	Cheese Quesadilla		accy	· itta Day::
	Cheese Quesadilla Fresh Fruit & Veggies	-	Fresh Fruit & Veggies	Fresh Fruits &\/pagipe
	Fresh Fruit & Veggies Milk	-	Fresh Fruit & Veggies Milk	
Fresh Fruit & Veggies Milk	Fresh Fruit & Veggies Milk	Fresh Fruit & Veggies Milk		Milk
Fresh Fruit & Veggies Milk	Fresh Fruit & Veggies Milk	Fresh Fruit & Veggies Milk	Milk	Milk
Fresh Fruit & Veggies	Fresh Fruit & Veggies Milk	Fresh Fruit & Veggies Milk	Milk	Milk

^{*}Menu subject to change without notice.



FOOD NEWS!

Effective immediately, school breakfast and lunch are FREE for all children 18 years and younger.

This federally mandated benefit will be in effect until June 30, 2021 unless funds are exhausted sooner by the United States Department of Agriculture.

You may order Meals for Multiple Days to be picked up on Tuesdays and Fridays for all children 18 years and under. **Bulk meals do not always follow this menu** Please use this link:

https://forms.gle/WCuduzJSbe9Rfhis7

- Please note during this time we will only have one breakfast option and one alternate lunch option. Also during this time there will be no snacks offered for purchase.
- All meals will continue to be packaged individually in to-go style containers to keep your students safe and healthy.
- If you choose to send your child in with a home lunch, we are encouraging parents to do so in a non-fabric lunch box (preferably disposable) to ensure these items can be properly sanitized.



A complete breakfast includes; Whole Grain based Entrée, Milk, Fruit and/or 100% Fruit Juice.





All meals will be packaged individually in to-go style packaging keeping your students'



safety our number one priority.

What does a complete hot lunch include?

Grain, meat/meat alternate, vegetable, fruit & milk



If you choose to send in a home lunch, we are encouraging parents to do so in a nonfabric lunch box (preferably disposable) to ensure these items can be properly sanitized.





Lunch choices include: 1% Regular Milk and fat-free chocolate milk



This is an equal opportunity institution.

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