

North Tippah School District

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
			Thu - 10/1/2020 Vegetable Beef Soup Cheese Toast Crispy Sweet Potato Cubes Lima Beans Pineapple Tidbits MILK - Variety Sugar Cookie	Fri - 10/2/2020 Hamburger Steak w/ G Yeast Roll Mashed Potatoes Black-Eyed Peas Apple Delicious Assorted Fruit MILK - Variety
Mon - 10/5/2020 Mandarin Chicken Rolls, Enriched Flour Quick Baked Potato Broccoli Salad Applesauce Assorted Fruit MILK - Variety	Tue - 10/6/2020 Beefy Nachos Grande Tex Mex Style Beans Whole Kernel Corn Peaches Assorted Fruit MILK - Variety	Wed - 10/7/2020 Manager's Choice	Thu - 10/8/2020 Manager's Choice	Fri - 10/9/2020 Fall Break - no school
Mon - 10/12/2020 Fall Break - no school	Tue - 10/13/2020 Fall Break - no school Staff Development	Wed - 10/14/2020 Chili Dog Crinkle Cut Fries Glazed Carrots Assorted Fruit Flavored Raisins MILK - Variety	Thu - 10/15/2020 Stromboli Supreme Cheesy Broccoli Green Beans with Potatoes Hot Cinnamon Apples Assorted Fruit MILK - Variety	Fri - 10/16/2020 Boneless Buffalo Hot Wings Ranch Dressing Rolls, Enriched Flour Potato Salad Rosey Applesauce Assorted Fruit MILK - Variety
Mon - 10/19/2020 BBQ Pork Sandwich Creamy Coleslaw Baked Beans Blushing Chilled Pears Assorted Fruit MILK - Variety	Tue - 10/20/2020 Taco Soup Glazed Carrots Cucumber Sticks W/Di Mandarin Fruit Cup Pineapple Tidbits MILK - Variety Oatmeal Raisin Cooki	Wed - 10/21/2020 Manager's Choice	Thu - 10/22/2020 John Wayne Casserole Rolls, Enriched Flour Green Beans with Potatoes Carrot/Celery/Cucumb w/Dressing Ranch Dressing Mandarin Fruit Cup Assorted Fruit MILK - Variety	Fri - 10/23/2020 Fish Sticks Tartar Sauce Seasoned Potato Wedg Cheesy Broccoli Sliced Apples Assorted Fruit MILK - Variety Chocolate Pudding
Mon - 10/26/2020 Chicken Patty Sandwic Seasoned Potato Wedg Tossed Salad w/ Dressi Pineapple Tidbits Assorted Fruit Chocolate Milk Low Fat Milk	Tue - 10/27/2020 Mandarin Chicken Rolls, Enriched Flour Quick Baked Potato Broccoli Salad Applesauce Assorted Fruit MILK - Variety	Wed - 10/28/2020 Hamburger Steak w/ G Yeast Roll Mashed Potatoes Black-Eyed Peas Apple Delicious Assorted Fruit MILK - Variety	Thu - 10/29/2020 Manager's Choice	Fri - 10/30/2020 Boneless Buffalo Hot Wings Ranch Dressing Rolls, Enriched Flour Potato Salad Rosey Applesauce Assorted Fruit MILK - Variety

Chicken Nuggets and Pizza is the 2nd choice most days.
 Chef salad is available by request.
 This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.
 * - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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October 2020

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Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
			Thu - 10/1/2020 Breakfast Sausage Pizz Assorted Fruit Assorted Fruit Juices Chocolate Milk Low Fat Milk	Fri - 10/2/2020 Sausage & Pancake on a Stick Pancake Syrup Assorted Fruit Assorted Fruit Juices Chocolate Milk Low Fat Milk
Mon - 10/5/2020 French Toast Sticks Pancake Syrup Assorted Fruit Assorted Fruit Juices Chocolate Milk Low Fat Milk	Tue - 10/6/2020 Southern Biscuit Country Gravy Sausage Patty Assorted Fruit Assorted Fruit Juices Chocolate Milk Low Fat Milk	Wed - 10/7/2020 Bacon, Egg, and Chees Biscuit Assorted Fruit Assorted Fruit Juices Chocolate Milk Low Fat Milk	Thu - 10/8/2020 Grilled Cheese Sandwi Sausage Patty Assorted Fruit Juices Assorted Fruit Chocolate Milk Low Fat Milk	Fri - 10/9/2020 Fall Break - no school
Mon - 10/12/2020 Fall Break - no school	Tue - 10/13/2020 Fall Break - no school Staff Development	Wed - 10/14/2020 Breakfast Sausage Pizz Assorted Fruit Assorted Fruit Juices Chocolate Milk Low Fat Milk	Thu - 10/15/2020 Southern Biscuit Country Gravy Sausage Patty Assorted Fruit Assorted Fruit Juices Chocolate Milk Low Fat Milk	Fri - 10/16/2020 French Toast Sticks Pancake Syrup Assorted Fruit Assorted Fruit Juices Chocolate Milk Low Fat Milk
Mon - 10/19/2020 Yogurt Parfait Fruit Flavor Cereal Bar Assorted Fruit Assorted Fruit Juices MILK - Variety	Tue - 10/20/2020 Breakfast Burrito Salsa Assorted Fruit Assorted Fruit Juices Chocolate Milk Low Fat Milk	Wed - 10/21/2020 Cinnamon Rolls Assorted Cold Cereals Toast Fruit Flavor Cereal Bar Assorted Fruit Assorted Fruit Juices Chocolate Milk Low Fat Milk	Thu - 10/22/2020 Chicken Patty & Biscui Assorted Fruit Assorted Fruit Juices Chocolate Milk Low Fat Milk	Fri - 10/23/2020 Breakfast Sausage Pizz Assorted Fruit Assorted Fruit Juices MILK - Variety
Mon - 10/26/2020 Sausage & Pancake on a Stick Pancake Syrup Assorted Fruit Assorted Fruit Juices Chocolate Milk Low Fat Milk	Tue - 10/27/2020 Yogurt Parfait Fruit Flavor Cereal Bar Assorted Fruit Assorted Fruit Juices MILK - Variety	Wed - 10/28/2020 Southern Biscuit Country Gravy Sausage Patty Assorted Fruit Assorted Fruit Juices Chocolate Milk Low Fat Milk	Thu - 10/29/2020 Breakfast Sausage Pizz Assorted Fruit Assorted Fruit Juices Chocolate Milk Low Fat Milk	Fri - 10/30/2020 French Toast Sticks Pancake Syrup Assorted Fruit Assorted Fruit Juices Chocolate Milk Low Fat Milk

Sausage and biscuit is another choice most days.
Cereal/cereal bar/ toaster pastry is another choice each day.
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