

Portage Area School District – High School Lunch Menu (7-12)

March 2021

Monday	Tuesday	Wednesday	Thursday	Friday
1 Mustang Hoagie/Bun Stuffed Crust Pepperoni Pizza Roasted Cauliflower Side Salad/Sliced Tomato Apples Slices/Craisins Apple Juice Sugar Cookie	2 Chicken Fajita Stuffed Crust Pepperoni Pizza Pasta Salad Side Salad/Sliced Cucumbers Mixed Fruit/Craisins Orange Juice	3 Breaded Ravioli/Stuffed Breadstick Stuffed Crust Pepperoni Pizza Cooked Carrots Side Salad/Sliced Tomato Chilled Peaches/Craisins Blue Raspberry Juice	4 Mini Corn Dogs Stuffed Crust Pepperoni Pizza Corn Side Salad/Sliced Cucumbers Applesauce/Craisins Grape Juice	5 Pop. Shrimp/Mac & Cheese Stuffed Crust Pepperoni Pizza Fresh Green Pepper Slices Side Salad/Sliced Tomato Chilled Pineapple/Craisins Fruit Punch Juice Apple Churro
8 Cheeseburger/Bun Stuffed Crust Pepperoni Pizza French Fries Side Salad/Sliced Tomato Banana/Craisins Apple Juice	9 Popcorn Chicken/T-Roll Stuffed Crust Pepperoni Pizza Sweet Potato Fries Side Salad/Sliced Cucumbers Mixed Fruit/Craisins Orange Juice	10 Hot Dog/Bun Stuffed Crust Pepperoni Pizza Baked Beans Side Salad/Sliced Tomato Chilled Pears/Craisins Blue Raspberry Juice Cheez-Its	11 Chicken Alfredo/T-Roll Stuffed Crust Pepperoni Pizza Green Beans Side Salad/Sliced Cucumbers Applesauce/Craisins Grape Juice	12 Tuna Salad Croissant Stuffed Crust Pepperoni Pizza Steamed Broccoli Side Salad/Sliced Tomato Mandarin Oranges/Craisins Fruit Punch Juice Rold Gold Pretzels
15 Pizza Burger/Bun Stuffed Crust Pepperoni Pizza Peas Side Salad/Sliced Tomato Apple Slices/Craisins Apple Juice Mini Rice Krispy	16 Loaded Nacho's Stuffed Crust Pepperoni Pizza Pasta Salad Side Salad/Slice Cucumbers Mixed Fruit/Craisins Orange Juice	17 Chicken Patty/Bun Stuffed Crust Pepperoni Pizza Sweet Potato Cubes Side Salad/Sliced Tomato Chilled Peaches/Craisins Blue Raspberry Juice Leprechaun Snack Mix	18 General Tso Chicken Steamed Brown Rice Stuffed Crust Pepperoni Pizza Steamed Broccoli Side Salad/Sliced Cucumbers Applesauce/Craisins Grape Juice	19 Pierogis/Sausage Stuffed Crust Pepperoni Pizza Fresh Sliced Green Peppers Side Salad/Sliced Tomato Chilled Pineapple/Craisins Fruit Punch Juice Cocoa Cherry Bar
22 Ham and Cheese Pretzel Bun Stuffed Crust Pepperoni Pizza French Fries Side Salad/Sliced Tomato Banana/Craisins Apple Juice	23 Taco in a Bag Stuffed Crust Pepperoni Pizza Sweet Potato Fries Side Salad/Sliced Cucumbers Mixed Fruit/Craisins Orange Juice Chocolate Chip Cookie	24 BBQ Pork Sandwich/Bun Stuffed Crust Pepperoni Pizza Coleslaw Side Salad/Sliced Tomato Chilled Pears/Craisins Blue Raspberry Juice	25 Turkey/Stuffing Stuffed Crust Pepperoni Pizza Mashed Potato Side Salad/Sliced Cucumbers Applesauce/Craisins Grape Juice Ice Cream Treat	26 Fish Sandwich/Bun Stuffed Crust Pepperoni Pizza Baked Beans Side Salad/Sliced Tomato Mandarin Oranges/Craisins Fruit Punch Juice
29 Turkey/Cheese Croissant Stuffed Crust Pepperoni Pizza Corn Side Salad/Sliced Tomato Apple Slices/Craisins Apple Juice Mini Rice Krispy	30 Meatball Sub/Bun Stuffed Crust Pepperoni Pizza Sweet Potato Cubes Side Salad/Sliced Cucumbers Mixed Fruit/Craisins Orange Juice Cocoa Cherry Bar	31 Chicken Puff Pastry/T-Roll Stuffed Crust Pepperoni Pizza Mashed Potato Side Salad/Sliced Tomato Chilled Peaches/Craisins Blue Raspberry Juice		

Student lunch meal includes:

- *Entrée (meat/meat alternative with grain component)*
- *Vegetable*
- *Fruit*
- *Choice of milk*

Students must take a fruit or a vegetable with their meal.

All students eat breakfast & lunch at no cost!

Milk Included Daily w/Meal 1% and Nonfat Varieties

- Gluten Free Options:**
- Gluten free bread
 - Unbreaded chicken
 - Shredded pork
 - Deli ham/turkey
 - Gluten free pizza
 - Hot Dog



MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY

Items on the menu that contain gluten: Popcorn Chicken, Chicken Patty, Breaded Ravioli, Rolls, Buns, Bread, Breadstick, Pasta Dishes, Popcorn Shrimp, Chicken Puff Pastry, Croissants, Pizza, Biscuit, Pork Patty, Corn Dog, Pierogis, Waffles, Soft Taco Shells, Breaded Cheese Sticks, General Tso and Orange Chicken, Mustang Hoagies, Flatbread, Pretzel Rods and Buns.