

Good morning Samantha,

Thank you so much for the below letter. Also for your permission to share it with our families.

It has been an absolute pleasure connecting with you during our bi-monthly groups. You are an outstanding support to your children, family and also to the parents in our community. The way you are so open to share your experiences and wisdom has been illuminating and helpful. We appreciate you and look forward to continuing to see you at our groups.

Stay well and have a great day!

Gratefully,
Prudence

I am writing this recommendation on behalf of the YCS George Washington Parent Support Group that's held twice a month every other Wednesday.

This group has been everything. Sometimes as parents, we focus so much on our children, and the effort that goes into their support, we forget about the support we may need or could obtain.

This group has been an amazing outlet, to get on, vent, meet other parents, find support and other resources for many things we may not have even knew about. It's important to remember we are not alone as we sometimes often feel when dealing with our challenging children. This group reminds us of that every meeting!! **YOU ARE NOT ALONE!!** It's a great way for us to learn new coping skills as Mrs. Prudence and Caitlyn provide us with many resources, events, and advice.

Parents coming together to help one another. Something we may have experienced in the past, a parent or even you may be currently going through now where we're able to provide advice and feedback!! Above all support!! Reminding us. We are all human!!!

If you haven't joined in yet. Please join us at our next meeting. As our journeys as parents are never really over!! After we conquer one challenge, we all know another challenge can arise shortly after.

There's also a great perk. 20\$ gift card to Amazon that's raffled off each month!!

Thank you,