

**Jennings School District Afterschool Programs**  
**Stars & Heroes 21<sup>st</sup> Century Community Learning Centers**  
**Northview/Fairview Intermediate/Jennings Junior & Senior High Schools**  
**All Jennings School District Schools are licensed by the State of Missouri**  
**(DHSS)**

**Stars & Heroes is offered Monday-Friday. Services are from 3:00 p.m.-6:00 p.m. Servicing Kindergarten-12<sup>th</sup> Grade Students**

**Daily Programming:**

**CACFP**-Hot nutritious dinner is served daily. All participants receive a free meal through funding from the Department of Agriculture.

**Academic Enrichment**-Students are assisted with homework. Daily drills on math, literacy, and spelling skills. Practical approaches to science and technology(multimedia) are implemented during this session. Offered daily.

**Fit for Fun**-Interactive curriculum designed to help kids get up, moving and learning about healthy eating in a fun way. Students learn about nutrition, and play physical games each session. Offered twice a week.

**Free Motion**-Students are encouraged to engage in gym and outdoor play using a variety of equipment including(jump ropes, balls, and outdoor/indoor climbing equipment). Cooperative learning environments are developed. Offered daily

**Arts and Crafts**-Art is a rich source of development. Students are involved in make and take art projects. Various types of art activities involving sculpting, painting, drawing, creating games/puzzles, and learning about art history are encouraged. Students are allowed to use their creative juices. Offered twice a week.

**Music and Movement** –Music and movement go hand in hand. Students dance, sing, write songs, and perform.

**Character Education**-Using the “BRAVE” system, students learn the importance of being respectful and responsible for their own behavior. Life skills, how to make friends, conflict resolution, bullying, and are addressed during these sessions. Offered twice a week

**Storytelling**-Students will receive storytelling on a monthly basis.

**Organized Sports-**Students are involved in organized games, indoor and outdoor. During this session, students learn how to be a part of a team. Offered twice a week.

**Ivy League Academy-** This class is taught by the members of Alpha Kappa Alpha Sorority Inc. and covers character education and etiquette for our young ladies. The class gives the young ladies the opportunity to relax and speak freely about the different challenges in life. They also cover things such as hygiene, sexual harassment and leadership.

**Dance-** Students will learn a choreographed dance and showcase at the end of the year. They learn the importance of teamwork and choreography.

**Spoken Word-** Students are given an opportunity to speak with they write. Students will learn how to put what they want to say into writing and express vocally.

**Drama-** Students are writing their own play and building their own characters. It allows them to have a voice and may potentially have the play published.

**Cooking-** Students will learn how to use measurements and learn how to make small dishes.

**Fitness-** Our Fitness classes consist of students understanding the importance of being fit. It explains the concepts of working out and allows the students to participate once a week in an organized class. Students also learn the different food groups and learn the importance of a well-balanced meal.