

School Health:

Communicable Diseases

Communicable diseases are those diseases that may be transmitted from person to person and are the most common cause of school absenteeism. If your children wake up not feeling well and/or with a temperature, please keep them home. Not only are they not at their best to learn, but they might very well infect their peers, teachers and other staff.

Here are a few guidelines to follow during the school year:

Students should stay home from school if they have:

- Fever of 100.0 degrees or more
- Undiagnosed rash
- Vomiting, nausea or abdominal pain
- One or more episodes of diarrhea
- Complains of severe earache, with or without fever
- Severe sore throat with symptoms indicating possible strep throat
- Symptoms of pink eye – which include pink or red color in the white of the eye(s). Eyes which are itchy, scratchy, or have any discharge or crusting of eyelids or lashes
- Persistent cough
- Any sore oozing fluid or pus

Note: Some of the symptoms listed above require clearance from a physical before your child returns to school but not all. Please consult with the nurse at your child's school

Students should remain home:

- For 24 hours after their temperature returns to normal, without medication.
- For 24 hours after vomiting and diarrhea have ended
- Until a physician has determined the results of a throat culture for strep
- For 24 hours after their first dose of medication with a diagnosis of strep throat or conjunctivitis (Pink Eye)

It is important that these symptoms are recognized quickly and steps are taken to stop them from spreading to safeguard the health of all students and staff. If you have any questions or concerns you may contact the nurse at your child's school.