



18000-27851

Pillsbury Frudel® Warm Filled Strudel
With Natural Cherry Flavor cherry
NET WT. 2.29 OZ (65g)

INGREDIENTS:

WATER, WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CHERRY STRUDEL FILLING (WATER, SUGAR, CORN SYRUP, MODIFIED CORN STARCH, CHERRIES, CITRIC ACID, SODIUM CITRATE, BLACK CARROT AND BLACK CURRANT JUICE CONCENTRATE ADDED FOR COLOR, MALIC ACID, SALT, SODIUM BENZOATE [PRESERVATIVE], GELLAN GUM, XANTHAN GUM, LOCUST BEAN GUM, CARRAGEENAN, NATURAL FLAVOR), SUGAR, PALM OIL, CANOLA OIL, YEAST, SOYBEAN OIL. CONTAINS 2% OR LESS OF: NONFAT MILK, SALT, NATURAL FLAVOR, TBHQ (PRESERVATIVE).

CONTAINS WHEAT AND MILK INGREDIENTS.

Nutrition Facts	Amount/Serving	% Daily Value*	Amount/Serving	% Daily Value*	*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:																												
Serving Size 1 Frudel (65g) Calories 210 Calories from Fat 50	Total Fat 6g	9%	Total Carbohydrate 37g	12%	<table border="1"> <thead> <tr> <th></th> <th>Calories</th> <th>2,000</th> <th>2,500</th> </tr> </thead> <tbody> <tr> <td>Total Fat</td> <td>Less Than</td> <td>65g</td> <td>80g</td> </tr> <tr> <td>Sat Fat</td> <td>Less Than</td> <td>20g</td> <td>25g</td> </tr> <tr> <td>Cholesterol</td> <td>Less Than</td> <td>300mg</td> <td>300mg</td> </tr> <tr> <td>Sodium</td> <td>Less Than</td> <td>2,400mg</td> <td>2,400mg</td> </tr> <tr> <td>Total Carbohydrate</td> <td>Dietary Fiber</td> <td>300g</td> <td>375g</td> </tr> <tr> <td></td> <td></td> <td>25g</td> <td>30g</td> </tr> </tbody> </table>		Calories	2,000	2,500	Total Fat	Less Than	65g	80g	Sat Fat	Less Than	20g	25g	Cholesterol	Less Than	300mg	300mg	Sodium	Less Than	2,400mg	2,400mg	Total Carbohydrate	Dietary Fiber	300g	375g			25g	30g
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Saturated Fat 1.5g	8%	Dietary Fiber 2g	8%																														
Trans Fat 0g		Sugars 11g																															
Cholesterol 0mg	0%	Protein 5g																															
Sodium 290mg	12%																																
Iron 6% Not a significant source of vitamin A, vitamin C and calcium																																	

Nutrition Information	
100g	
Amount Per Serving	
Calories	271.2
Calories from Fat	65.6
Total Fat	7.3 g
Saturated Fat	2.0 g
Trans Fat	0.1 g
Cholesterol	0.4 mg
Sodium	368.0 mg
Total Carbohydrate	47.1 g
Dietary Fiber	2.7 g
Sugars	14.1 g
Protein	6.2 g
Vitamin A	0.0 IU
Vitamin C	0.0 mg
Calcium	0.0 mg
Iron	1.4 mg

CHILD NUTRITION PROGRAM: 1 Frudel® = 2 OZ EQ GRAINS

IMPORTANT: The Nutrition Facts values are accurate only if nothing has been added (e.g., egg wash, icing, etc.) If left blank, you must fill in the correct baked weight for serving size, servings per container, and net weight.

IMPORTANT: The Nutrition Information is given in unrounded figures so that it can be combined with other ingredients used in making up finished products.

The most accurate label information for package contents will always be on the product label. This product profile is correct through the date above. Because product formulations and related product attributes may change, this information is subject to change.

QUESTIONS? Call 1-800-767-5404
GENERAL MILLS * P.O. Box 200 - FS * MINNEAPOLIS, MINNESOTA 55440