



New York Mills High School

Curriculum Document

Curriculum Area: Social Studies

Course Name: Psychology

Common Course Catalog Number: 04254

Length of Course: 1 semester

Pre-Requisite: None

Grade Level: 10-12

Course Description: Psychology is the scientific study of behavior and mental processes. In layman's terms, we are going to look at why we do the things we do. From depression to falling in love and from shyness to conforming to others, we will explore a wide range of human behavior and mental processes with hopes of coming away with a better understanding of why we do the things we do. So buckle up my young psychologists for you're in for the ride of your lives.

Essential Learner Outcomes (5 to 7)

1. The student will be able to describe the range of topics and trends that are covered in an introductory psychology course.
2. The student will be able to name, explain, and relate various theories in the field of psychology.
3. The student will be able to discuss current issues in mental health and explore various methods of maintaining mental health.
4. The student will be able to explain the theories relating to personality development and determine which parts of each they feel best represents their own beliefs.
5. The student will be able to explain the workings of the mind and body and how they relate to states of consciousness and learning.
6. The student will be able to understand how psychological theories can apply to everyday life.
7. The student will be able to discuss issues and misconceptions relating to society's perceptions of ethnicity, race, gender, and mental illness.

8. The student will be able to name and explain several ways to maintain wellness and develop personal richness

Units of Study:

Unit 1: Intro Psychology

Unit 2: Research in Psych

Unit 3: Memory

Unit 4: Thinking/Problem Solving

Unit 5: Learning

Unit 6: Perception

Unit 7: Motivation and Emotion

Unit 8: Personality