Influenza Disease

What is influenza disease?
- Influenza (flu) is a contagious respiratory illness caused by a virus.
- The virus infects the nose, throat, and lungs.
- It can cause mild to severe illness, hospitalization, and even death.

What are the symptoms?
- Anyone can get flu and it strikes suddenly and can last several days.
- Symptoms of flu disease may include:
  - Fever or feeling feversish/chills
  - Cough
  - Sore throat
  - Runny or stuffy nose
  - Muscle or body aches
  - Headaches
  - Fatigue (very tired)
  - Vomiting and diarrhea

How does influenza disease spread?
- Flu is spread by:
  - An infected person’s droplets from cough, sneeze or talk enter the mouth, eye or nose.
  - Touching a surface or object with flu virus on it and then touching mouth, eyes or nose.
- An infected person can infect others 1 day before symptoms start and up to 5 to 7 days after symptoms start.
- Some people, especially young children and people with weakened immune systems, might be able to infect others for an even longer time.

How do I prevent the flu?
- Get a yearly flu vaccine.
- Wash your hands properly and often.
- Cover your cough and sneeze with arm.
- Clean and sterilize surfaces.
- Stay home if you are sick.

Where can I find more information?
- Ask your doctor.
- Call the Alabama Department of Public Health, Immunization Division, at 1-800-469-4599.
- Go to cdc.gov and type influenza in the SEARCH box.

Alabama Department of Public Health
Immunization Division, 201 Monroe St, Montgomery, AL 36104
1-800-469-4599 www.adph.org/imm 2/29/16
HB381
182321-6
By Representative Daniels
RFD: Education Policy
First Read: 09-MAR-17
ENROLLED, An Act,

Relating to influenza vaccines; to add Section 16-1-49 to the Code of Alabama 1975, to require local school systems to provide information on influenza disease and its vaccine to parents and guardians of students whenever other health information is provided.

BE IT ENACTED BY THE LEGISLATURE OF ALABAMA:

Section 1. Section 16-1-49 is added to the Code of Alabama 1975, to read as follows:

§16-1-49.

(a) If a local board of education provides information on immunizations, infectious diseases, medications, or other school health issues to parents and guardians of students in grades K through 12, then all of the following information about influenza disease and its vaccine shall be included:

(1) A description of causes, symptoms, and means of transmission.

(2) A list of sources for additional information.

(3) Related recommendations issued by the Advisory Committee on Immunization Practices of the federal Centers for Disease Control and Prevention.

(b) The Department of Education, in cooperation with the Department of Public Health, shall develop and make
available the information about influenza disease and its
vaccine to local school systems as required under subsection
(a) in an efficient manner that may include posting the
information on its website.

(c) A board, board member, or an employee of a local
board of education shall be immune from civil liability for
acts or omissions in the implementation of this section in
accordance with Section 36-1-12.

(c) A board, board member, or an employee of a local
board of education shall be immune from civil liability for
acts or omissions in the implementation of this section in
accordance with Section 36-1-12.

(d) Nothing in this section shall be construed to
establish a standard of care for hospitals or physicians or
otherwise modify, amend, or supersede any provision of the
Alabama Medical Liability Act of 1987 or the Alabama Medical
Liability Act of 1996, or any amendment thereto, or any
judicial interpretation thereof. The information developed, or
made available, under this section shall not constitute a
standard for the practice of medicine.

Section 2. This act shall become effective on the
first day of the third month following its passage and
approval by the Governor, or its otherwise becoming law.
Mac McCutcheon
Speaker of the House of Representatives

President and Presiding Officer of the Senate

House of Representatives
I hereby certify that the within Act originated in
and was passed by the House 18-APR-17, as amended.

Jeff Woodard
Clerk

Senate 17-MAY-17 Passed

APPROVED  5-24-2017
TIME  3:15 PM

Kay Ivey
GOVERNOR
Secretary
PATRICK HARRIS

YEARS: 2

NAYS: 0

H.B. 381
was adopted and is attached to the Bill.

resolved in Section C of Act No. 81-889
I hereby certify that the Resolution as

committee

□ refer

□ re-committed

DATE: 20

ref 2 cal

DATE: 4-27

919.

ACTS OF ALABAMA, 1975 ACT NO.
AS REQUIRED IN THE GENERAL
TO THE BILL, H.B. 381
NOTICE & PROOF IS ATTACHED
I HEREBY CERTIFY THAT THE

Jeff Woodard, Clerk

HOUSE ACTION

SENATE ACTION

H.E.

H.B. 381
was adopted and is attached to Section C of Act No. 81-889
I hereby certify that the Resolution as

DATE: 4-30