2017- 2018 Dance Team

**Technique Clinic:**

**Cost:** $5

**Date:** March 4

**Time:** 9 am – 11 am

**Required clothing:** shorts or leggings and a fitted tank or tshirt with tan jazz shoes or shoes you can turn and dance in.

This is not mandatory for you to try out, but I do encourage everyone who wants to try out to come! We want to offer a chance for everyone to see what we expect of our dancers before you try out. You will learn technique of the skills that will be assessed during tryouts. Just think – you will have over 2 weeks to practice the skills you learn before tryouts on the 23!

**Tryout information:**

Each girl wanting to try out will need to get a packet from Ms. Martin. The packet will include more information about the dance team, such as cost, practices, camp, etc. It will also have forms that must be filled out and turned in before they can tryout, including teacher evaluations from their math teacher, English teacher, and one other teacher of their choice. Completed packets and payments may be turned in at any time but are due by the first day of tryout clinic, March 21.

You need a current physical on file at the school to try out. If you got a physical at school in February, then it is already on file. If you did not get one at the school, you will need to go to your doctor to get a physical and turn it in with your tryout fee.

We will assign each girl a number on the first day of tryouts in order that we received the completed packet and fee. If you have not paid the tryout fee or do not have a physical, you will not be allowed to stay for the tryout clinic on the 21.

All activities will be at the middle school. We ask that you be on time for practice, tryouts, and especially pickups when practice and tryouts are finished! On the 23, the girls will be asked to stay until everyone has tried out. Once we are finished with tryouts, we will dismiss everyone.

**Tryout dates:** March 21-23

**Cost:** $20

**Time:** 4 – 5:30 (time may vary on the 23 based on how many girls try out)

**Required clothing:** shorts or leggings with a fitted shirt for days of practice (21-22). Black leggings and a fitted black tank top for the day of tryouts (23)

***\*Do not wear a big, baggy tshirt to practice or to tryouts. We need to see your movements and motions in order to give you a fair score. A tshirt that is too big and baggy will distract and cover up.\****

**Shoes:** Please have **tan** jazz shoes for tryouts on the 23 (available at Academy Sports)

**Skills/Technique that may be assessed:**

* Basic motions (high v, low v, etc.)
* Pirouettes (single turn)
* Jumps (toe touch, c jump)
* Splits (right, left, and middle)
* Kicks
* Choreography taught on 21-22

You will have a chance to show any extra skills or tricks you are able to do if you are not asked to show it (headsprings, kip-ups, aerials, etc.)