

OCTOBER 2020 – Limestone County Schools

Milk will be served with every meal.
Condiments will be given as needed.

Breakfast and Lunch

All students eat FREE

Monday



Tuesday

Wednesday

Thursday

Friday

Pop Tart
100% Fruit Juice **5**

Country Steak w/ Gravy
Creamed Potatoes
Baked Apples
Buttered Roll
Fruit

Dean's Sausage Biscuit
Applesauce Cup **6**

Corndog
Dorito Chips
Fresh Veggie Cup
Fruit

Blueberry Muffin or Muffin Top
Fruit **7**

Crispitos/Cheese Sauce
Lettuce, Tomato, Peppers, Salsa
Refried Beans
Pineapple Chunks

Mini French Toast
Apple Crisp Pack **1**

Pepperoni Pizza Pocket
WK Corn
Fruit & Cookie

Cereal
100% Fruit Juice **2**

Cheeseburger Sliders IW
Baked Chips
Lettuce, Tomato, Sliced Pickles
Fruit Cup

Mini French Toast
Apple Crisp Pack **8**

Pulled BBQ Pork Sandwich
Sun chips
Coleslaw
Fruit

Cereal
100% Fruit Juice **9**

5" Cheese Pizza IW
Fresh Veggie Cup
Fruit Cup

**FALL
BREAK**
Oct. 12 - 16



Pop Tart
100% Fruit Juice **19**

Hotdog w/ Chili Sauce
Baked Chips, Baked Beans
Pickle Relish
Peach Slices

Sausage Biscuit
Applesauce Cup **20**

Pizzaboli
Fresh Mixed Veggies
Fruit

Blueberry Muffin or Muffin Top
Fruit **21**

Chicken Bites w/ Dip
Creamed Potatoes
Green Peas
Buttered Roll
Fruit

Mini French Toast
Apple Crisp **22**

Grilled Cheese Sandwich
Baby Carrots
WK Buttered Corn
Fruit

Cereal
100% Fruit Juice **23**

5" Deep Dish IW Pizza
Orange Medley Juice
Fruit

Pop Tart
100% Fruit Juice **26**

Chicken Fajita Wrap
Dorito Chips
Cheese Cup, Salsa
Pinto Beans
Fruit

Dean's Sausage Biscuit
Applesauce Cup **27**

Deli Turkey & Ham Sandwich
Lettuce, Tomato, Sliced
Cheese, Sunchips
Amazin Raisins

Blueberry Muffin or Muffin Top
Fruit **28**

Spicy or Regular Chicken w/Sauce
Smiley Fries
Seasoned Green Beans
Biscuit
Applesauce

Mini French Toast
Apple Crisp **29**

Hamburger or Cheeseburger
Lettuce, Tomatoes, Sliced Pickles
Baked Chips,
Fruit and Cookie

Cereal
100% Fruit Juice **30**

Beefy Taco Stick
Frito Chips
Elf Graham Crackers
Fruit

Extra vegetables may be added daily.

This is an equal opportunity employer.

Online meal payments can be made at: www.PayPams.com
This menu is subject to change.