

Prattville High School 2020-2021 Cheerleading Tryouts Information Dates

February 3, 2021 – February 23, 2021 pick-up packets
Pick up – Mrs. Williams (room 204), PHS student center, or download forms from PHS website

February 23, 2021 – Parent meeting (Mandatory if new to PHS school)
5:00 p.m. – 6:00 p.m. please meet @ PHS flagpole
Please bring all required papers to the meeting
Face Mask Required!
(Purchase the required t-shirt \$10.00)

March 2, 2021 – Mandatory practice - trying out for varsity meet in the wrestling facility
3:20 p.m. – 5:20 p.m. (Please wear t-shirt, shorts and tennis shoes)

March 3, 2021 – Mandatory practice - trying out for JV meet in the wrestling facility
3:20 p.m. – 5:20 p.m. (Please wear t-shirt, shorts and tennis shoes)

March 4, 2021 - Mandatory practice Varsity 3:20 p.m. – 4:20 p.m.
Mandatory practice JV 4:30 p.m. – 5:30 p.m.

March 5, 2021 - Varsity will tryout first starts @ 3:30 p.m. (JV will follow)
Please wear required t-shirt, black shorts, and tennis shoes

March 6, 2021 – Congratulations and Welcome!
Meet to pay (TBA)

April 5, 2021 - Practice will begin after Spring Break
Monday, Tuesday & Thursday (Mandatory)
3:20 p.m. – 5:00 p.m. (Subject to change)

Notice! Please Be Ready to Practice and Please be on time!!!

July 26, 2021 – July 29, 2021 - summer practices PHS Gym 8:00 a.m. – 11:00 a.m. (Mandatory)
(more days may be added when we receive the school calendar for 2021-2022 school year)

Good Luck & GOOOOooooooo Lions!



Prattville High School
1315 Upper Kingston Road
Prattville, Alabama 36067

Dear Parents,

Your daughter/son has expressed an interest in trying out for cheerleading. This packet contains information you will need to read and sign that your child may participate in a 2-day practice/clinic and a 1-day tryout. Before proceeding, please read the following information. Please sign below to indicate your understanding of these details. I am looking forward to working with you. If you have any questions, please contact me at (334) 365-8804 from 2:30 p.m. – 3:20 p.m. or email: Stephanie.Williams@acboe.net

1. Scoring factor will be determined by:
 - a. JV judge evaluation:
 - Spirit
 - Appearance
 - Group cheer/dance
 - Jumps - herky, toe touch, hurdler-pike, and double toe touch
 - Standing backhand spring (not mandatory)
 - b. Varsity judge evaluation:
 - Spirit
 - Appearance
 - Group cheer/dance
 - Individual cheer - incorporate standing BHS, standing TUCK, or a combination jump sequence
 - Jumps – herky, toe touch, hurdler-pike, and triple toe touch
 - Stunts required for males only – walk-in/toss chair and J-up (solid)
 - c. Coach orientation, a parent and child **MUST** be present February 23, 2021 5:00 p.m. - 6:00 p.m. @ the PHS flagpole (All registration information is due at the end of the orientation). Please make sure you have a current **Physical** before tryouts.
 - d. A student must have a G.P.A. of a 2.0 to tryout; however, student’s grades will not be a scoring factor.
2. No, spectators allowed during the week of tryouts.
3. Should your child make the squad, he/she will be required to participate in various fundraisers throughout the year.
4. Should your child make the squad, he/she will be required to pay a minimum of \$350.00 the day after tryouts March 6, 2021 (please see me before making a decision if this payment is a problem). The \$350.00 will be deductive from your bill. If the \$350.00 not paid in full, he/she will not receive required uniforms. All new cheerleaders will be required to pay a total of approximately \$1,300.00 (he/she will have the opportunity to fundraise).
5. On the day of tryouts, each student should wear clean white socks and tennis shoes, black shorts, and the required t-shirt that will be purchased for \$10.00. Hair must be up, neat, and out of face. PLEASE pay for your required t-shirt by February 24, 2021 to Mrs. Williams (room 204), @ practice, or at the parent meeting.
6. If your child has a job, it must not interfere with cheerleading for football and basketball season (starting on the day they make the team).

Mrs. Stephanie Williams
Prattville Varsity Head Cheer Coach

Parent Signature

Date

APPLICATION FOR CHEERLEADING TRYOUTS

My child _____ has my permission to be a Prattville High School cheerleader. I understand he/she must abide by the rules and regulations set by the sponsor/coach, athletic director, and the principal of Prattville High School and be present for all practices and games. I understand the rules and any violation of any of these rules may lead to temporary or permanent suspension from the squad. I understand and give permission for my daughter/son to ride with the sponsor and/or other parents when necessary. I understand if my child DOES NOT attend all practices (unless excused by the sponsor/coach) and tryout sessions my child will not be considered for a cheerleading position.

I understand that qualified judges will evaluate my daughter/son and we agree to abide by the decision of the judges.

I understand all costs involve as stated in the rules.

I understand by the very nature of the activity, cheerleading and gymnastics carry a risk of physical injury.

No matter how careful the participant and coach are, how many spotters are used, or what landing surface is used, the risk cannot be eliminated. The risk also includes minor injuries such as muscle pulls, dislocation and broken bones. The risk also includes catastrophic injuries such as permanent paralysis or even death from landing or falling on his/her back, neck, or head. I understand these risks, and will not hold Prattville High School or any person responsible in the case of accident or injury at any time.

Parent/Guardian

Date

Parent/Guardian

Date

I am interested in being a cheerleader at Prattville High School. I understand the risks stated above. If elected, I promise to abide by the rules and regulations set forth by the sponsor, athletic director and the principal at Prattville High School. I promise to cooperate and follow the instruction of the cheerleading coach.

Student Signature: _____ Date _____

Home Address: _____

Phone Number: _____ Cell _____

School Now Attending: _____ Grade Next Year: _____