Riverview Gardens School District NOVEMBER 2020 Breakfast Menu K-8 GRADE MONDAY TUESDAY WEDNESDAY **THURSDAY** FRIDAY **Notables** Mini French **Notables Notables Bars** No School **Breakfast Fruit** Toast **Breakfast Fruit Breakfast Fruit** Milk **Breakfast Fruit** Milk **Notables WG Banana Notables Mini Cinnis Notables Bars Breakfast Fruit** Muffin **Breakfast Fruit Breakfast Fruit Breakfast Fruit** Milk **Giant Goldfish** Milk **Breakfast Fruit** MAYA MIN AWA **Trix Yogurt Notables Notables** Frudel – Apple **Notables Bars Cinnamon Bite Breakfast Fruit Breakfast Fruit Breakfast Fruit Breakfast Fruit** WG Milk Milk **Breakfast Fruit** NWA **Notables** Pop- Tarts No School **Breakfast Fruit** No School No School **Breakfast Fruit** Milk MY DID YOU KNOW? **NUT Products. Notables Breakfast Fruit**

Milk

Throughout much of history, November has often been thought of as a somber month because it signaled the start of winter. People would spend the month storing up their harvest and preparing their food and homes in order to survive the winter.

Fruit Variety Offered Daily

Apples, Oranges, Banana, and Seasonal Fruit Milk Variety Offered Daily

1% Chocolate, 1% Strawberry and 1% White

Juice Variety

100% Apple and Orange Juice Served on

Tuesdays and Wednesdays **School News**

Menus is subject to change without notice.

USDA and RGSD are equal opportunity providers. RGSD does not serve PORK or

WG= Whole Grain Rich.

Riverview Gardens School District NOVEMBER 2020 Lunch Menu K-8 Grade MONDAY TUESDAY WEDNESDAY **THURSDAY** FRIDAY Fruit Variety Offered Daily **Honey BBQ** Chicken Patty on Mini Corn Dogs **Turkey Ham & Pineapple** No School Wings Bun Mixed Cheese Broccoli Tidbits, **Veg Beans Vegetables** Corn Mandarin Oranges, Peach Slices, and **Mozzarella Stick Beef Patty on Chicken Nuggets** Pizza Cheese **Applesauce Mini Tacos** Mixed Bun **Green Beans** Crunchers **Carrots** Vegetables **Potato Coins** Milk Variety **Broccoli** Offered Daily MAYA NOW AVE 1% Chocolate, 19 1% Strawberry Ravioli **French Toast** Hot Dog on Bun **Eggroll** and 1% White Chicken Smacker w/Breadstick Stick **Veg Beans Carrots Mixed Greens** Salad **Breakfast** School News Sausage **Potato Coins** Menus is subject to change without NWA 7 notice. **Chicken Strips USDA** and RGSD **RIBBQ** on Bun No School Broccoli No School No School are equal **Veg Beans** opportunity providers. MY RGSD does not serve PORK or DID YOU KNOW? **Galaxy Pizza NUT Products.** Pepperoni WG= Whole Grain Throughout much of history, November has often been thought of as a somber Salad month because it signaled the start of winter. People would spend the month storing

up their harvest and preparing their food and homes in order to survive the winter.

Rich.