

If I test positive for COVID-19, I should quarantine for a <u>full 10 days</u> before returning to work and immediately notify close contacts.

If I am exposed to a person who tested positive for COVID-19 through close contact, **WITHIN 48 HOURS OF THEM TESTING POSITIVE**, I will quarantine for a <u>full 14 days</u> before returning to work.

- I can return to work after quarantining 10 days from testing positive WITHOUT OBTAINING A NEGATIVE TEST RESULT.
- I can return to work after quarantining 14 days from exposure WITHOUT OBTAINING A NEGATIVE TEST RESULT.

If I have a positive COVID-19 test, I do not have to quarantine or get tested again for up to 3 months as long as I do not develop symptoms.

*Close Contact means: in the presence of an individual at less than 6 feet for greater than 15 minutes CUMULATIVE throughout the day

What do I do if I have a COVID-related question during the break?

The Mississippi Department of Health is available to address any questions or concerns! You may contact a representative via the Mississippi Coronavirus Hotline (7 days a week, 7 a.m.–7 p.m.): 1-877-978-6453

Always contact emergency services for life-threatening emergencies!