

East Sunflower Elementary School

February 2020

“Equitable Education for Every Student”

Sawanda Washington, Principal
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Principal's Message

Showing compassion, respect, and appreciation for those who work diligently to support and serve our school and community is imperative in order for us to remain on the road to success. I give **KUDOS** to those who support us! We **MUST** commit ourselves to continuing the legacy that our forefathers began. Therefore, **EVERYONE** must keep their eyes on the prize of quality teaching and learning. As we reflect on students' test data, growth is evident. Yet, we must continue to work to reach higher goals and expectations. By working hard, studying, and making academic growth our students will graduate college and career ready, make a difference, and change the world. It starts with parental support, a quality elementary education, self-determination, and discipline.

Upcoming Events

- ◆ 2/6- Progress Reports issued
- ◆ 2/7- Bi-weekly Testing
- ◆ 2/11- SCCSD Board Recognition @ 4:00 P. M.
- ◆ 2/11- SCCSD Board Meeting @ 6:00 P. M.
- ◆ 2/12- PTO Meeting @ 5:00 P. M.
- ◆ 2/17- Presidents' Day (NO SCHOOL)
- ◆ 2/18- Parent Academy @ 4:00-5:30 P. M.
- ◆ 2/19- 1st Semester Honors Program @ 1:30 P. M.
- ◆ 2/20- MDE Literacy Coach's Visit
- ◆ 2/21 Bi-weekly Testing
- ◆ 2/24- Diversity History Program @ 1:00 P. M.
- ◆ 2/25- RIF Distribution
- ◆ 2/25- Learning Walk @ 10:00 A. M.
- ◆ 2/26- Father/Daughter & Mother/Son Dance @ 6:00 P. M. – 8:00 P. M.
- ◆ 2/28- Read Across America Day
- ◆ 2/28- Student of the Month Birthday Celebration

Counselor's Corner, Nearline Anderson

February Word of the Month

JUSTICE



Exercising fairness and open-mindedness, in regards to people and situations.

2nd Nine Weeks

Academic Recognition



Principal's List (Students with all A's and B's)

| | |
|-------------------|--------------------|
| Dyson Brand | Kristin Carpenter |
| Brennen Reed | Artavius Williams |
| James Fitts | Ryleigh Griham |
| Amariah Porter | Rosilyn Richard |
| Traeylen Russell | Brandon Powe |
| Rylie Tiggs | Alexandria Freeman |
| Kentavius Hawkins | Jamiilah Holmes |
| Jalyn Taylor | Jakolbe Winfrey |
| Rolincia Richard | Mikaylah Harris |
| Tyler Stovall | |

Honor Roll (Students with all A's, B's and 1 C)

| | |
|------------------|------------------|
| Laci Evanger | Kaeylen Russell |
| Anthony Lee | Gabriel Hartness |
| Kylan Appleberry | Miracle Edwards |
| Myrick Lemon, Jr | Ka'zahriye Sykes |
| Kelton Young | |

Parent Center Corner, Geraldine Ray

Come and visit our Parent Center at East Sunflower Elementary. By visiting the center you will receive parenting literature and learning tools for you and your child. Our goal is to make a difference in the lives of children and provide support to parents. I am still looking forward to seeing you at workshops. Parents, we need your input. If there is a particular topic or area, you would like to see a workshop conducted, please do not hesitate to let me know. Remember, we have different ways you can be involved in your child's education. There is Active Parents, Remind, PTO/PTA meetings, school events, and you may also volunteer. You may reach me through e-mail at gray@sunflower.k12.ms.us. My hours are Monday and Tuesday from 7:00 A.M. to 4:00 P.M.

“With us plus you, there's nothing our students can't do”!

Box Tops for Education is a great way to receive money for school projects. Here's how it works: (1) Clip Box Tops from participating products. (2) Send Box Top labels to your child's teacher. (3) Teachers will send labels to General Mills and receive funds for the school. This process is SIMPLE and FREE! Show how much you support East Sunflower Elementary by turning in box tops labels **IMMEDIATELY!**

The McKinney-Vento Act

When a family becomes homeless, there are two issues that usually occur with the affected children, 1) student attendance decreases and 2) financial situations destroy students' interest in school. The SCCSD recognizes the importance of education for all children and has adopted the McKinney-Vento Homeless Act that addresses the needs of homeless children.

This policy provides assistance for homeless students so that they can continue to be educated despite the challenges they face. If you know families with children who are homeless, please contact the Homeless Liaison at ESE, Geraldine Ray at (662) 569-3137. Your call could be of great assistance to a family in need.

Healthy Tips Corner, Coach Earl Liddell

Exercise: What's In It for You?

Better Mood

Cranky? Get moving. Exercise makes you feel happier. When you work out, your body makes endorphins -- "feel-good" chemicals in the brain. You can actually start to feel better within a few minutes of moving. But the effects of regular exercise can last for a long time.

More Energy

You might not expect it, but using energy to exercise gives you more get-up-and-go. Sometimes when you're tired, the last thing you want to do is move. But when you exercise regularly, that fatigue goes away and you find yourself with a lot more pep.

Good Night's Sleep

Get regular exercise to help you fall asleep faster and sleep more soundly. The harder you exercise, the more likely you are to have a good night's sleep

Less Stress

Exercise calms your body and your brain. After your body works hard, the levels of stress hormones -- like adrenaline and cortisol -- drop. Stress and anxiety fade away, especially after aerobic exercise.

Healthy Heart

It's no secret that exercise is great for your heart. Regular workouts lower your risk of heart disease, improve your blood cholesterol levels, and help control and even prevent high blood pressure.



In the Spotlight



Erica Coates
1st Grade Teacher
Teacher of the Month



Betty Davis
Cafeteria
Staff of the Month



Dyson Brand
1st Grade
Student of the Month



Yumekia Stovall-Harris
School Supporter
Parent of the Month



ESE Panthers of the Month

Did You Know? Black History Month began as "Negro History Week," which was created in 1926 by Carter G. Woodson, a noted African-American historian, scholar, educator, and publisher. It became a month long celebration in 1976. The month of February was chosen to coincide with the birthdays of Fredrick Douglass and Abraham Lincoln. "The past is behind, learn from it. The future is ahead, prepare for it. The present is here, make a difference." --Thomas S. Monson



Librarian's Corner, Gladys Williamson

Celebrate! Read to a Loved One!



Kids' Favorites

Love You Forever by R. Munsch

One Love by B. Marley

The Giving Tree by S. Silverstein

Franklin Says I Love You by P. Bourgeois

Guess How Much I Love You by S. McBratney



ESE's Top Spellers

The Panther Family is so proud of our top spellers who represented us at the SCCSD Scripps Spelling Bee on February 3, 2020. Pictures with their parents are **Rylie Tiggs**, 3rd Grader and **Anthony Lee**, 3rd Grader.



“Every Day Counts!”

Mrs. Dorothy Hope, School Attendance Officer for:
East Sunflower Elementary
A.W. James Elementary
Ruleville Central Elementary
Drew Hunter Middle
Ruleville Central Middle
Thomas E. Edwards, Sr. High
Tel (662) 756-4357 /Fax (662) 756- 4902

Mrs. Ida Cannon, School Attendance Officer for:
Inverness Elementary
Lockard Elementary
Carver Elementary
Moorhead Central
Robert L. Merritt Junior High
Gentry High
Tel (662) 887-8107| Fax (662) 887-7306

If you have any questions or concerns about attendance, please feel free to call or fax the Attendance Officer assigned to your child/children school.

Are You OrganWise?



The Foods of the Month for February are Good Fats such as avocados and nuts and Low-Fat Dairy such as low-fat yogurt and part-skim cottage cheese. These foods are necessary to maintain strong bones and a healthy heart.

Our OrganWise friend Hearty Heart says:

If You're Able - Read the Label

I've seen the stats on oils and fats
and I'm here to say, there is a way
to get good fats in your diet each day.

If you're able—read the label!

Choose **“MONOUNSATURATED”** fats for your table.

And when you're making cooking plans,
Be sure to **avoid** the fats called **“TRANS!”**





The **Barksdale Reading Institute** in collaboration with **East Sunflower Elementary** and the **Sunflower County Consolidated School District Early Learning Collaborative** is pleased to invite you to join us for our 2019 – 2020 Parent Academy (Year 2).

When: The Academy is a series of 5 workshops at East Sunflower Elementary:

4:00pm – 5:30pm

Tuesday, November 19th (Module 1-General Development)

Tuesday, December 17th (Module 2-Oral Language)

Tuesday, January 21st (Module 3-Alphabet, Reading & Writing)

Tuesday, February 18th (Module 4-Mathematics)

Tuesday, March 17th (Module 5-Family Night)

Tuesday, April 14th (Graduation Ceremony for Participants)

Who: **Parents/guardians of pre-kindergarten children** who will be entering kindergarten at East Sunflower Elementary School in the fall of 2020; **Head Start employees** seeking contact hours; **Early childhood education teachers** or **college/university students** seeking professional development.

What: A series of **interactive learning classes** that will help parents/guardians prepare their child(ren) to successfully start Kindergarten. Other attendees will benefit from educational strategies presented.

Details:

- Help prepare your children for kindergarten!
- Each person that participates in *all five* sessions of the Parent Academy will be eligible to receive a **graduation gift** in May.

Cost: Free

Questions: email sawashington@sunflower.k12.ms.us, tlogan@sunflower.k12.ms.us or call (662) 569-3137.