

There's help when you need it!

MENTAL HEALTH RESOURCE GUIDE

Learn more about services for residents of Warren and Washington counties.

Psychiatric Disorders

Alcohol & Substance Abuse Problems

Mental Retardation & Developmental Disabilities

Provided by the Coalition for the Advancement of Mental Health

Outpatient Clinic Services

Adirondack Psychological Health Services

478 Glen Street, Glens Falls

518-792-1410

Offers a range of psychological health services, such as evaluations, consultation, and counseling.

Adirondack Samaritan Counseling Center

15 Boulevard, Hudson Falls

518-747-2994

Offers individual and family counseling.

Behavioral Health Services

100 Park Street, Glens Falls

518-926-3210

A clinic of The Glens Falls Hospital serving adults with a range of outpatient mental health services. Satellite location in Cambridge.

Caleo Counseling Services

3043 State Route 4, Hudson Falls

518-747-8243

A clinic of the Warren-Washington Association for Mental Health serving children, adolescents and adults with a range of outpatient mental health services. Satellite locations in Warrensburg and Whitehall.

Catholic Charities

35 Broad Street, Glens Falls

518-793-6212

Offers individual and family counseling, as well as counseling and support for victims of domestic violence.

Center for Children and Families

One Lawrence Street, Glens Falls

518-926-7100

A clinic of The Glens Falls Hospital serving children and adolescents and their families with a range of outpatient mental health services. Operates at several school-based sites.

Four Winds Hospital – Saratoga

30 Crescent Avenue, Saratoga Springs

518-584-3600

Offers outpatient programs, including an adolescent after-school intensive outpatient program, evaluation and consultation, individual and group therapy, and family education and support.

Horizons Day Treatment Program

Fort Edward Union Free School Annex, 212 Broadway, Fort Edward

518-746-5815

A program of Capital District Psychiatric Center that provides intensive non-residential integrated educational and mental health services for up to 18 adolescents.

Hudson Headwaters Health Network

Broad St., Glens Falls

518-792-2223

Offers a range of psychological health services such as evaluations, consultation and counseling. Numerous satellite locations.

Intensive Day Treatment Program

One Lawrence Street, Glens Falls
518-926-7220

A program of The Glens Falls Hospital that provides a structured outpatient day program for adults with severe mental illness.

Psychotherapy Center

597 Bay Road, Queensbury
518-793-1160

Offers a range of psychological health services, such as evaluations, consultation, and counseling.

Psychological Associates

551 Bay Road, Queensbury
518-798-4056

Offers a range of psychological health services, such as evaluations, consultation, and counseling.

Saratoga Psychological Associates

123 Dixon Road, Queensbury
518-761-9889

Offers a range of psychological health services, such as evaluations, consultation, and counseling.

St. Anne's Institute

77 Main Street, Hudson Falls
518-747-7561

Outpatient mental health services focused on treatment of sexual abuse and sexual offending.

Community Support Services**Dual Recovery Case Management**

230 Maple Street, Glens Falls
518-793-2352

A program of Warren-Washington Association for Mental Health that assists adults who have a serious mental illness and have alcohol and/or drug problems to obtain needed medical, social, psychosocial, educational, financial, vocational and other services.

Family Support Services

One Lawrence Street, Glens Falls
518-926-7068

A program of The Glens Falls Hospital that offers assistance to families of seriously emotionally disturbed children through support groups, respite care, respite recreation, sibling support, life skills/supported work program for teens.

Intensive Case Management

10 Harlem Street, Glens Falls
518-926-7240

A program of The Glens Falls Hospital that assists children, youth and adults with severe psychiatric illness to access care and to function in the community.

Home and Community Based Services Waiver (HCBSW)

60 Academy Road, Albany
518-431-1663

A program of Parsons Child and Family Center that provides intensive services to children and families directly in their own home and community in order to reduce the need for hospitalization or placement outside of the home.

Planned Overnight Respite

63 Quaker Road, Queensbury
518-798-4496

A program of Northeast Parent and Child Society that provides planned overnight or day respite to children with serious emotional disturbance who are between the ages of four and 18.

Supportive Case Management

230 Maple Street, Glens Falls
518-793-2352

A program of Warren-Washington Association for Mental Health that assists children, youth and adults with serious mental illness to obtain needed medical, social, psychosocial, educational, financial, vocational and other services.

Social/Recreational Programs**East Side Center**

230 Maple Street, Glens Falls
518-793-4799

East Side Center, a program of Warren-Washington Association for Mental Health, is an adult psychiatric rehabilitation program which supports personal growth in various areas of life.

Family Support Services

One Lawrence Street, Glens Falls
518-926-7068

A program of The Glens Falls Hospital that offers respite care, respite recreation, sibling support, and life skills/supported work program for seriously emotionally disturbed children and adolescents.

Voices of the Heart Social Club

230 Maple Street, Glens Falls
518-747-8404

A peer support social/recreational program operated by Voices of the Heart for individuals with mental illness.

Vocational Services**Competitive Edge**

88 Broad Street, Glens Falls
518-792-7548

A full service employment agency operated by Community, Work and Independence (CWI) that specializes in job placement and job retention services for individuals with disabilities.

Liberty House Foundation

54 Bay Street, Glens Falls
518-798-1066

A psychiatric and vocational rehabilitation program serving mentally ill and developmentally disabled individuals utilizing a clubhouse model.

Project C.H.O.I.C.E.

230 Maple Street, Glens Falls
518-793-4799

A 12 week vocational program sponsored by the Warren-Washington Association for Mental Health which helps people make important decisions about working.

Northeast Career Planning

54 Congress St., Saratoga Springs
587-9970

Provides vocational evaluations, counseling, and job support to individuals with disabilities or barriers to employment.

Residential Services**Best Roads**

PO Box 219, Wynantskill
518-283-6500

A community residence operated by Vanderheyden Hall that is designed to serve up to eight children ages 6 to 11 years old who have serious emotional disturbance and who need a high level of supervision.

Miriam House

60 Academy Road, Albany
518-426-2600

A community residence operated by Parsons Child and Family Center that is designed to serve up to eight adolescents ages 12 to 16 years old who have serious emotional disturbance and need a high level of supervision.

Residential Treatment Facilities

Residential Treatment Facilities provide an extended level of residential care for children and adolescents with serious emotional disturbance between the ages of five and 21 years of age. Referrals are triaged through the Single Point of Entry for Warren and Washington Counties and the Pre-Admission Certification Committee for the Hudson River Region.

Warren-Washington Association for Mental Health

3043 State Route 4, Hudson Falls
518-747-2284

Operates three levels of residential care for adults with a serious mental illness, including Community Residences, Community Living Apartments – Maple Street & Satellite Apartments, and Supported Housing.

Crisis Services**Crisis Outreach Treatment Team**

One Lawrence Street, Glens Falls
518-926-7100

A program of The Glens Falls Hospital that provides short-term, intensive treatment in the home or at school for children with serious emotional disturbance.

Emergency Consultation Service

100 Park Street, Glens Falls
518-926-3237

Crisis consultations are provided on site in the Glens Falls Hospital Emergency Care Center. ECC coverage is provided 7 days a week, 24 hours a day, 365 days a year.

Orissa Healy House

60 Academy Street, Albany
518-426-2795

Short-term crisis residence at Parsons Child and Family Center serving children ages five to 11 who cannot remain in their home due to psychiatric instability but do not require acute care.

Skenen House

18 South Lake Avenue, Albany
518-436-7972

Short-term crisis residence at Capital District Psychiatric Center serving adolescents ages 12 to 17 who cannot remain in their home due to psychiatric instability but do not require acute care.

Voices of the Heart Respite Program

3043 State Route 4, Hudson Falls
518-747-8404 (office); 518-748-2740 (emergency beepers, during non-office hours)

A short-term hospital diversion program for adults run by Voices of the Heart.

Inpatient Services**Capital District Psychiatric Center**

75 New Scotland Avenue, Albany
447-9611

Acute and intermediate inpatient care for adults 18 years or older.

Ellis Hospital

1101 Nott Street, Schenectady
518-243-4411

Acute inpatient services for adolescents aged 11 to 18 years of age.

Four Winds Hospital – Saratoga

30 Crescent Avenue, Saratoga Springs
518-584-3600

Acute psychiatric hospital for children and adolescents six to 17 years old.

Glens Falls Hospital

100 Park Street, Glens Falls
518-926-3265

Acute inpatient unit for adults 18 years of age and older.

Pinefield Children and Youth Services

1400 Noyes at York, Utica
315-738-4436

Acute and intermediate inpatient care for children and adolescents six to 17 years old.

Other Services

Assisted Outpatient Treatment (AOT)

230 Maple Street, Glens Falls
518-792-7143

Process for investigation and petitioning of court-ordered assisted outpatient treatment (AOT) for certain adults with mental illness who meet the eligibility criteria. Coordinated by the Office of Community Services for Warren & Washington Counties

Coordinated Children’s Services Initiative (CCSI)

10 Harlem Street, Glens Falls
518-926-7240

A program of Glens Falls Hospital that assists in coordinating comprehensive services in the community to reduce out-of-home placements for emotionally disturbed children.

National Alliance for the Mentally Ill - North County

PO Box 603, Hague
518-543-6104

Support groups and educational programs are offered monthly from September to June.

Single Point of Entry/Single Point of Access (SPOE/SPOA)

230 Maple Street, Glens Falls
518-792-7143

Process, coordinated by the Office of Community Services for Warren and Washington Counties, for review of referrals for high-intensity mental health services, including case management and residential services.

Voices of the Heart Peer Advocacy

3043 State Route 4, Hudson Falls
518-747-8404

Voices of the Heart offers assistance by peers around benefits and entitlement services, information and referral, self-advocacy, housing and independent living skills, employment, and assistance with transportation needs.

ALCOHOL AND SUBSTANCE ABUSE SERVICES

Outpatient Clinic Services

Baywood Center

551 Bay Road, Queensbury
518-798-4421

An outpatient clinic offering counseling, support and treatment for substance and alcohol use.

Center for Recovery

10 Harlem Street, Glens Falls

340 Main Street, Hudson Falls
518-926-7200

An outpatient clinic operated by The Glens Falls Hospital that offers counseling, support and treatment for substance and alcohol use.

Conifer Park Outpatient Services

55 Elm Street, Glens Falls
518-793-7273

An outpatient clinic offering counseling, support and treatment for substance and alcohol use.

Community Supports

Alcoholics Anonymous

793-1113

Call for meeting information.

Partial Hospitalization/Day Treatment

Saint Peter's Addiction Recovery Center (SPARC)

Ballston Spa Clinic
433 Geyser Road, Ballston Spa
885-6884

Inpatient/Detoxification Services

Conifer Park, Inc.

79 Glenridge Road, Schenectady
399-6446

Saint Mary's Hospital

427 Guy Park Avenue, Amsterdam
841-7351

Saint Peter's Health Care

3 Mercycare Lane, Guilderland
525-1550

Residential Services

Hedgerow House

994 Route 67, Ballston Spa
885-3872

A halfway house run by Transitional Services Association designed to treat 16 individuals recovering from alcoholism or drug addiction.

820 River Street, Inc.

820 River Street, Troy

Operated by Peter Young Housing, Industries, and Treatment, this includes a variety of certified residences, supportive living environments, and transitional and independent housing for individuals recovering from alcoholism or drug addiction.

Other Services

Council for the Prevention of Alcohol and Substance Abuse

346 Main Street, Hudson Falls
518-746-1527

Raises public awareness about alcohol, tobacco and other drug use and available community resources for individuals and families.

MENTAL RETARDATION AND DEVELOPMENTAL DISABILITIES SERVICES

Alternatives in Mankind

3257 Route 9, Saratoga Springs
587-7235

Provides housing and residential services, service coordination, home and community-based waiver services, family support, respite, camp/recreation, and adaptive equipment. Also provides services for individuals with traumatic brain injuries.

ARC of Warren and Washington Counties

375 Bay Road, Queensbury
793-4202

Provides housing and residential services, day programs, service coordination, home and community-based waiver services, parent advocacy and training, family support, respite, camp/recreation, employment programs, and adaptive equipment.

Battenkill Community Services

101 Langley Hill Road, Greenwich
692-8320

Provides service coordination, day habilitation, and respite.

Capital District DDSO

1 Railroad Place, Saratoga Springs
370-7370

Provides housing and residential services, clinic treatment, day programs, service coordination, home and community-based waiver services, parent advocacy and training, family support, employment programs, and adaptive equipment.

Catholic Charities Disabilities Services Office

15 Avis Drive, Latham
783-1111

Provides service coordination services.

Center for the Disabled

314 South Manning Boulevard, Albany
233-1667

Provides service coordination services.

Community, Work and Independence, Inc.

690 Quaker Road, Queensbury
793-4700

Provides housing and residential services, clinic treatment, day programs, service coordination, home and community-based waiver services, family support, respite, camp/recreation, employment programs, and adaptive equipment.

Epilepsy Foundation of Northeastern NY

Three Washington Square, Albany
456-7501

Provides service coordination services.

Glens Falls Independent Living Center

71 Glenwood Avenue, Glens Falls
792-3537

Provides advocacy and training, access to adaptive equipment and support groups.

Liberty House Foundation

54 Bay Street, Glens Falls
798-1066

Provides day programs and employment assistance.

Living Resources Corporation

2176 Guilderland Avenue, Schenectady
346-8888
Provides services coordination services.

Nostalgia Services

Five McCrea Road, Queensbury
761-1112
Provides housing and residential services, day programs and respite.

Prospect Child and Family Center/United Cerebral Palsy

133 Aviation Road, Queensbury
798-0170
Provides housing and residential services, clinic treatment, educational services, service coordination, home and community-based waiver services, parent advocacy and training, family support, respite, camp/recreation, after-school programs, and adaptive equipment.

Vanderheyden Hall

PO Box 219, Wynantskill
283-6500
Provides housing and residential services, educational services, service coordination, family support, respite, and camp/recreation.

Wildwood Programs

800 New Loudon Road, Suite 800, Latham
783-9260
Provides day programs, educational services, service coordination, home and community-based waiver services, parent advocacy and training, family support, camp/recreation, and adaptive equipment. Also provides services for individuals with traumatic brain injuries.

Need further guidance?

Contact the Office of Community Services of Warren and Washington counties
792-7143

This information is also available in booklet form. Copies can be ordered by contacting Karen Padowicz. 793-2352, ext. 237 or email: karen@wwamh.org or print the order form below and sent to: 230 Maple St., Glens Falls, NY 12801

COFAMH is a collaboration among agencies and individuals who are working together to promote understanding and awareness of mental health and mental illness. Current COFAMH projects include: Mental Health Resource Guide; "Get Psyched" field trip for high school students; *Under the Image: Real Voices. Real People* mental health curriculum; Post-Star information ads; annual mental health conference; and, special programs based on community need and interest.

Meetings are held the first Thursday of each month from 12 Noon until 1:30pm at 230 Maple Street, Glens Falls, NY 12801. Contact Lisa Coutu (792-7143) or Karen Padowicz (793-2352, ext. 237), *COFAMH Co-Chairpersons*, for further information.

Mental Health Resource Guide ORDER FORM

Check the box to the left of the quantity you are ordering.
The cost includes shipping & handling.

- Single copy (\$1.00)
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- 50 copies (\$17.50)
- 75 copies (\$26.25)
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- 125 copies (\$43.75)
- 150 copies (\$52.50)
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Send to: (Include Name, business, street, city, zip code. Please print clearly so no errors will be made in mailing.)

Would you like to include an additional contribution for community education projects? \$ _____

Amount Enclosed: \$ _____ (Please make checks payable to: AMH)

Mail form and payment to: Karen Padowicz, 230 Maple Street, Glens Falls, NY 12801.

Questions? 793-2352, ext. 237.

Thank you for making this guide available to your constituents.