

JANUARY 2021

Kansas School for the Deaf

Monday

Tuesday

Wednesday

Thursday

Friday

Served every day with breakfast: Milk (Skim or 1%), Fruit or 100% Juice

Offered every day with lunch: Variety of additional vegetables and fruits and Milk (Skim or 1%)



4

No School

5

Fruit Strudel / Cereal Bowl
String Cheese

Sloppy Joe
Green Beans
Golden Corn
Mixed Fruit Salad

6

Mini Waffles & Yogurt Tube

Chicken Nuggets w/ Mac & Cheese
French Fries
Garden Peas & Carrots
Mandarin Oranges

7

Pop Tart & Yogurt
Graham Crackers

Grilled Cheese & Tomato Soup
Steamed Broccoli
Fruit Cocktail

8

Breakfast Burrito w/ Salsa
String Cheese & Teddy Grahams

Beef Tacos w/ Tomato Salsa
Cheesy Refried Beans
Banana

11

Bagel & Cream Cheese / Jelly
Graham Cracker & Yogurt Tube

Spaghetti w/ Meat Sauce & Breadstick
Roasted Broccoli
Mixed Green Salad
Peaches

12

Pop Tarts / Cereal Bowl
String Cheese

Pepperoni Pizza
Sweet Potato Tots
Golden Corn
Pears

13

Cereal Bowl & String Cheese
Teddy Grahams

Homemade Chicken Noodle Soup
w/ Dinner Roll
Green Beans / Garden Peas
Mixed Fruit Salad

14

Long John & String Cheese
Cereal Bowl

Beef & Bean Chili w/ Cinnamon Roll
Veggie Blend
Fruit Cocktail

15

Egg & Cheese Breakfast Sandwich
Goldfish Crackers

Hamburger
Waffle Fries
Steamed Carrots
Orange Slices

18



HAPPY MLK DAY

19

Nutrigrain Bar & Yogurt
Giant Goldfish Grahams

Beef, Bean & Corn Enchiladas
Corn Tortilla Chips
Garden Peas & Carrots
Orange Slices

20

Pop Tart / Cereal Bowl
String Cheese & Graham Cracker

Crispy Chicken Sandwich
Mixed Green Salad
Steamed Carrots
Pineapple

21

Mini Pancakes & String Cheese
Teddy Grahams

Beef Hot Dog w/ Doritos
French Fries
Creamy Coleslaw
Apple Slices

22

Fruit Strudel / Cereal Bowl
Yogurt

Roasted Pork Loin & Dinner Roll
Cheesy Broccoli
Roasted Sweet Potato
Mixed Fruit Salad

25

Mini Waffles & String Cheese

Popcorn Chicken Bowl
w/ Assorted Bread
Mashed Potatoes w/ Gravy
Golden Corn
Pears

26

Turkey Sausage & Cheese on English
Muffin / Cereal Bowl

BBQ Rib Sandwich
Roasted Cauliflower
Sweet Potato Tots
Mixed Fruit Salad

27

Cereal Bowl & Yogurt
Giant Goldfish Grahams

Turkey Pot Pie w/ Biscuit
Steamed Broccoli
Orange Slices

28

Bagel & Cream Cheese / Jelly
Teddy Grahams & String Cheese

Salisbury Steak w/ Dinner Roll
Mashed Potatoes w/ Gravy
Green Beans
Grapes

29

Cinnamon Roll / Cereal Bowl
Breakfast Sausage

Chicken Fajitas w/ Tomato Salsa
Cheesy Refried Beans
Golden Corn
Banana

Questions?
Contact Tessa Adcock, Food Service Director
tadcock@kssdb.org

This institution is an equal opportunity provider.



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2021
Offered every day with supper:
Milk (Skim or 1%)

4

5

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7

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11

12

13

14

15

18

19

20

21

22

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29

Chicken Alfredo w/ Pasta
Steamed Broccoli
Pears

Beef Hot Dog / Chili Dog
Green Beans
Assorted Chips
Fruit Cocktail and Jello Salad

Tamale Pie w/ Cheese
Green Beans
Cornbread
Peaches / Churro

Sweet & Sour Chicken
Veggie Fried Rice
Egg Roll
Peaches

Beef Lasagna w/ Garlic Bread
Steamed Broccoli
Cookie

Meatloaf w/ Dinner Roll
Mashed Potatoes w/ Gravy
Steamed Carrots
Bread Pudding

French Toast
Scrambled Eggs / Sausage
Hash Brown Triangles
Pineapple

Grilled Cheese & Tomato Soup
Mixed Vegetables
Peaches

Philly Cheesesteak Sandwich
Mixed Vegetables
Pears

Oven-Fried Chicken
Mashed Potatoes w/ Gravy
Brussel Sprouts
Ice Cream Bar

Beef Taco Salads
Tortilla Chips
Lettuce, Tomato, Salsa,
Cheese
Peach Cobbler

Grilled Chicken Sandwich
French Fries
Fruit Cocktail

Grilled Cheese & Tomato Soup
Veggie Blend
Chocolate Pudding

Personal Pizzas
Green Beans
Orange Slices

Questions?

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