**September 2020**

**Breakfast and Lunch Menu**

**Kelliher Public School**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
|  | **8**  **Cereal Bar/Gogurt//Orange Wedges/Juice/Milk**  **Uncrustable/Cheese Stick/Sun Chips/Carrots & Cucumbers/**  **Fruit/Milk** | **9**  **Bagel/Cream Cheese or Peanut Butter/**  **Fruit Cup/Juice/Milk**  **Pizza or Quesadilla/Baked Beans or Garbanzos/Fruit/Milk** | **10**  **Muffin/Yogurt Cup/Craisins/Juice/**  **Milk**  **Tator Tot Hotdish/Corn/Dinner Roll/Fruit/Milk** | **11**  **Breakfast Pizza/Fresh Fruit/Juice/**  **Milk**  **Ham & Cheese Sandwich/Carrots & Celery Sticks/Fruit/Milk** |
| **14**  **Cereal Bar/Cheese Stick/Apple Slices/Juice/Milk**  **Cheesy Bread/Marinara Sauce/**  **Green Beans/Fruit/Milk** | **15**  **Breakfast Sandwich/Fruit Cup/**  **Juice/Milk**  **Hamburger on a Bun or Sloppy Joes/Baked Beans/Broccoli/Fruit/**  **Milk** | **16**  **Apple-Filled Raised Donut/Craisins/**  **Juice/Milk**  **Sub Sandwich/Sun Chips/Baby Carrots/Fruit/Milk** | **17**  **Breakfast Bites/Orange Wedges/**  **Juice/Milk**  **Taco in a Bag with Cheese/Lettuce/**  **Tomatoes/Fruit/Cookie/Milk** | **18**  **Nutri Grain Bar/Yogurt Cup/Fruit Cup/Juice/Milk**  **Chicken Patty on a Bun/Tator Tots/**  **Fresh Veggies/Fruit/Milk** |
| **21**  **Breakfast Round/Yogurt Cup/**  **Apple/Juice/Milk**  **Chicken Strips/Potato Wedges/**  **Broccoli/Dinner Roll/Fruit/Milk** | **22**  **Cereal Bar/Gogurt/Orange Wedges/Juice/Milk**  **Uncrustable/Cheese Stick/Sun Chips/Carrots & Cucumbers/**  **Fruit/Milk** | **23**  **Bagel/Cream Cheese or Peanut Butter/**  **Fruit Cup/Juice/Milk**  **Pizza or Quesadilla/Baked Beans or Garbanzos/Fruit/Milk** | **24**  **Muffin/Yogurt Cup/Craisins/Juice/**  **Milk**  **Tator Tot Hotdish/Corn/Dinner Roll/Fruit/Milk** | **25**  **Breakfast Pizza/Fresh Fruit/Juice/**  **Milk**  **Ham & Cheese Sandwich/Carrots & Celery Sticks/Fruit/Milk** |
| **28**  **Cereal Bar/Cheese Stick/Apple Slices/Juice/Milk**  **Cheesy Bread/Marinara Sauce/**  **Green Beans/Fruit/Milk** | **29**  **Breakfast Sandwich/Fruit Cup/**  **Juice/Milk**  **Hamburger on a Bun or Sloppy Joes/Baked Beans/Broccoli/Fruit/**  **Milk** | **30**  **Apple-Filled Raised Donut/Craisins/**  **Juice/Milk**  **Sub Sandwich/Sun Chips/Baby Carrots/Fruit/Milk** |  |  |

**Welcome Back!**

**This institution is an equal opportunity provider.**