

**Central High School Bands**  
**Digital Learning Plan**  
**(1st, 2nd, and 3rd period)**

**WEEK 1 (MARCH 16-20)**

Choose one of the following assignments to complete each day this week. You can complete the same option multiple times, but be sure to cover different material in each video. See "EXAMPLE WEEK" at the bottom of the page for an example of how you could choose assignments to complete each day.

**Assignment Options:**

- **Option 1:** Visit this website <https://www.thomaspalmatier.com/sound-like-this> and browse the links for your instrument. Choose a piece to listen to and reflect on. Write a paragraph responding to the recording you chose. Describe the tone/technique of the professional musician. What did you like/dislike about the piece? What impressed you about the performer(s)? Please include the link to the recording you listened to in your paragraph. Submit this document via email to the director who teaches your class. (1st period percussion/2nd period symphonic- Ruby; 3rd period concert band- Zhorela)
- **Option 2:** Visit this website <https://www.thomaspalmatier.com/sound-like-this> and browse the links for your instrument. Choose a piece to listen to and reflect on. Record a Video Response on Flipgrid (minimum length: 2 minutes). Talk about what you heard. Describe the tone/technique of the professional musician. What did you like/dislike about the piece? What impressed you about the performer(s)? Please include the link to the recording you listened to in the description.
- **Option 3:** Use Flipgrid to record yourself playing 4 scales of your choice. Include the names of the scales in the description. (PERCUSSION- You may choose to complete this option using 4 scales on your bell kit OR 4 rudiments on pads) After playing the scales, reflect on your performance by talking in your video about how well you performed and how you could improve. If you have specific questions about the scale (fingerings, technique, etc.), ask those questions during the video as well! Note: if you complete this option multiple times throughout the week, you must use different scales each time.
- **Option 4:** Use Flipgrid to record yourself playing an excerpt from your LGPE music that is a challenge for you (minimum of 30 seconds in length). After playing the excerpt, reflect on your performance by talking in your video about how well you performed and how you could improve. If you have specific questions about the excerpt (fingerings, phrasing, dynamics, etc.), ask those questions during the video as well!

**EXAMPLE WEEK:**

MONDAY: Option 1

TUESDAY: Option 2 (using a different recording than you chose for Option 1 on Monday).

WEDNESDAY: Option 3 (Concert G, C, F, and Bb scales)

THURSDAY: Option 3 (Concert Eb, Ab, Db, and Gb scales)

FRIDAY: Option 4 (Measures 1-50 of *Scramble* (concert band)/ Measures 1-60 of *Galop* (symphonic band))

If you have any questions about assignments, please email either Ms. Zhorela ([courtney.zhorela@carrollcountyschools.com](mailto:courtney.zhorela@carrollcountyschools.com)) or Mr. Ruby ([neil.ruby@carrollcountyschools.com](mailto:neil.ruby@carrollcountyschools.com)) and we will respond as quickly as we are able.

Flipgrid Access Instructions: <https://www.loom.com/share/9939da40752e46619bb95fc75d9a58b6>